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## Family Planning Division Newsletter

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### 2017 American Congress of Obstetricians and Gynecologists

Annual Clinical and Scientific Meeting

May 6-9 2017, San Diego, CA



**Family Planning Annual Banquet**

Top row (left to right): Jenny Mei (incoming resident), Drs. Erica Oberman (former Family Planning



elective student, now OBGYN Faculty), Amy Stoddard, and Mya Zapata.

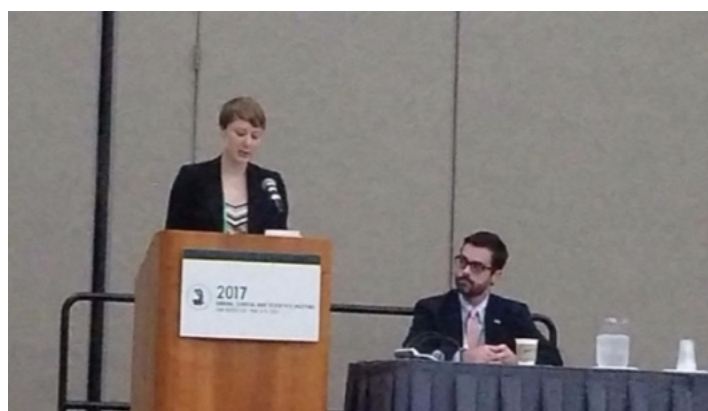
Bottom row (left to right): Drs. Kacy Taylor (incoming fellow), Radhika Rible, Agatha Berger, Aparna Sridhar, Julie Hein, and Valentina Rodriguez-Triana (former Family Planning elective student, now OBGYN Faculty).



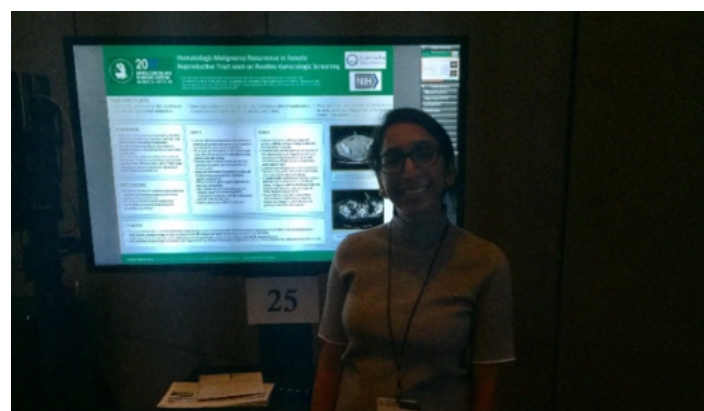
Dr. Aparna Sridhar with her poster presentation: "Theory Based Educational Comic for Intrauterine Device Information: Perspectives of Primary Care Providers." [Read more about her project in the section below!](#)



Pictured from left to right: Drs. Julie Hein (ACOG essay contest winner), Angela Chen (ACOG Mentor Award recipient), and Alexandra Havard (ACOG reporter for UCLA).



Dr. Julie Hein, 2nd year OB/GYN resident at UCLA, reading her winning essay entitled "Listen to Women." You can [read her essay](#) in the May 2017 edition of the Obstetrics and Gynecology Journal.



Dr. Nina Vyas, 1st year OB/GYN resident at UCLA, with her poster presentation: "Hematologic Malignancy Recurrence in Female Reproductive Tract seen on Routine Gynecologic Screening."





### **Family Planning Fellowship Research Presentation**

Dr. Agatha Berger (graduating fellow) presented her culminating research project on Reproductive Decision Making of Women in Methadone Clinics.

Pictured from left to right: Drs. Radhika Rible, Angela Chen, Mya Zapata, Amy Stoddard, Kacy Taylor (incoming fellow), and Aparna Sridhar.

The UCLA Division of Family Planning, along with practicing OB/GYNs and residents, attended the [2017 ACOG Annual Clinical and Scientific Meeting](#) this past week. This is a great opportunity for providers and experts in women's health care to network, and learn and exchange the latest scientific information and best practices in the field of OB/GYN.

UCLA's Family Planning Division and OB/GYN residents contributed to the annual meeting by sharing poster presentations on the research they have conducted.

Dr. Angela Chen, Family Planning Chief of Service and Fellowship Director, was awarded with the 2017 ACOG Mentor Award for District IX. This award is given to an ACOG Fellow who has actively mentored a Young Physician or a

Junior Fellow. In order to receive this award, recipients must be nominated by a Young Physician or a Junior Fellow.

Dr. Julie Hein, 2nd year OB/GYN resident, read her 2017 winning essay entitled "Listen to Women."

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## **PELVIC PAIN CLINIC AT WEST MEDICAL**

Dr. Andrea Rapkin, Interim Chair, Dept. of OBGYN

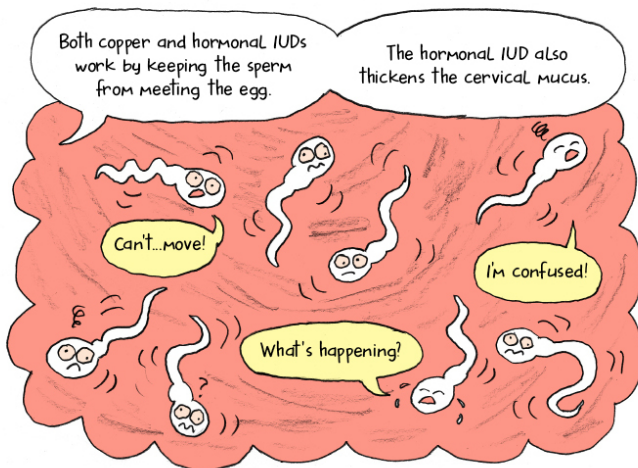


For the past 20 years, the West Medical clinic has been proud to offer one of the first multidisciplinary pelvic pain clinics for women with chronic pelvic pain. Dr. Rapkin chose the setting of this clinic for these important reasons:

1. The clinic has a special interdisciplinary team including an anesthesiologist with training in both Anesthesiology and Obstetrics and Gynecology and who performs complex nerve blocks, a clinical psychologist with crucial experience in cognitive behavioral pain management and when feasible, a pelvic floor physical therapist.
2. The West Med clinic has a very responsive, compassionate and well organized staff with an excellent track record of taking care of the underserved population in West Los Angeles and beyond.
3. The clinic also offers women with vulvodynia the opportunity to participate in several NIH funded studies that will further our understanding and management the difficult problem of vulvodynia.

4. The clinic is an important teaching facility where OBGYN residents and medical students learn to evaluate patients with complex pelvic pain complaints and appreciate an in-depth multi-platform approach to the diagnosis and management of chronic pelvic and vulvar pain disorders.

## IN THE SPOTLIGHT...



Dr. Aparna Sridhar, Clinical Faculty in the Division of Family Planning, has developed a series of fun comic book strips to educate patients about birth control. She was recently featured in several articles including in [Stanford Medicine](#) and [The Globe and Mail](#).

You can view the comics on the [IUDs](#) and [Implants](#) online.

## PATIENT VOICES

"I'm so lucky to have been under their care and couldn't have asked for better doctors. These women helped me through some of the most difficult days of my life. I'll always remember those days with deep sadness, but also full of appreciation for the doctors and UCLA staff."  
- UCLA Ob/Gyn Clinic Patient

"I'm so thankful I got an IUD inserted! I had so many issues getting to a provider to place one that I nearly gave up. Thank goodness for UCLA! There is a reason they are the best."  
-UCLA Ob/Gyn Clinic Patient

**Thank you to all our doctors and staff who provide high quality and compassionate care to our patients. We couldn't do it without you!**



THE UCLA OB/GYN CLINIC INVITES  
YOU TO

# Legendary Drag Queen Bingo

Sunday, June 18th 2017

Hamburger Mary's

8288 Santa Monica Blvd- at Sweetzer in West Hollywood

Arrive by 5:30pm for best seats

Full menu & bar

Valet parking available

\$20 cash donation suggested

\*Includes bingo cards for all games\*

Prizes include: Rock climbing passes, museum passes,  
Yogaworks membership, spa & facial sessions, gift baskets, dining  
certificates & MUCH MORE!

COME READY TO EAT, DRINK, & WIN!

Habit

Pinches Tacos

Sprinkles

Pacific Park

yogaworks

LAZY DOG

SPIRIT



Prizes available: Lakers team signed basketball for silent auction, Barney's Beanery gift cards, Enzo's Pizzeria coupons, Free cardmaking class at PaperSource, Box N Burn gift cards, among many others!

All proceeds go directly towards our clinic's Patient Assistance Fund, which enables us to assist patients with transportation, housing, and meals as they receive much

needed medical care.

If you would like to donate directly to our Patient Assistance Fund, please click the button below.

[Donate to our Patient Assistance Fund!](#)

## TEAM UTERINE LIGHTNING



Team Uterine Lightning!



From left to right: Vanita Varma, NP, Nurse Practitioner Supervisor; Karen Roque, MPH, Title X Manager; Yolanda Gonzalez, Administrative Assistant.

On May 7th, 2017 the UCLA Ob/Gyn Clinic participated in the annual [National Abortion Access Bowl-A-Thon](#) to raise funds for abortion access. The National Network of Abortion Funds aims to remove financial and logistical barriers to abortion access. To learn more, please [click here](#).

## UPDATES



Karen Roque, MPH, Title X Program Manager, will be traveling to Sacramento, CA on June 8th 2017 representing UCLA at the state and national level as part of the [Association of State and Territorial Health Officials \(ASTHO\)](#) project to increase access to contraception across California.

She is part of an interdisciplinary team which includes members from the Los Angeles Department of Public Health, Preconception Health Care Council, Essential Access Health, March of Dimes, and the CA Department of Health Care Services-Office of Family Planning.



Dr. Radhika Rible was featured in [Employee News](#) as Ronald Reagan received the Baby-Friendly Designation, which recognizes our efforts in providing mothers the information, confidence, and skills needed to successfully initiate and continue breastfeeding their babies. UCLA's efforts across the pregnancy, postpartum, and newborn/infant continuum have been recognized for providing this optimal level of care for breastfeeding mothers and their babies

OB patients at UCLA are eligible to sign up and attend our classes [here](#).





## REFERRING PATIENTS

*Please use one of the following options to refer patients to our clinic:*

- Appointments: (310) 825-7955
  - Center for Reproductive Services: (310) 825-5961
  - Submit referral through CareConnect: add OBGYN WST MED CLN VTRN as the location
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