

## ACHA Webinars Presents:

### Guidelines for the Management of the Adult with Congenital Heart Disease

Thursday, 2/21/2013, 7 p.m. - 8 p.m. EST

**Presenter:**

**Ruth Phillippi**

ACHA Education and Outreach Manager

#### About the Webinar

Are you an adult who was born with a heart defect, told as a child that you have a heart problem, or had a childhood heart surgery? Do you see a pediatric or adult cardiologist? Are you confused about the kind of care you should receive for your heart as an adult? In this webinar, ACHA's Education and Outreach Manager, Ruth Phillippi, will review the most recent set of guidelines from the American College of Cardiology and the American Heart Association for the management of adults living with congenital heart disease and explain what that means for you.



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#### About the Speaker

Ruth Phillippi is Education and Outreach Manager at ACHA. With prior nonprofit operations and communications experience, as well as her own experiences as an adult with complex congenital heart disease, her job at ACHA allows her to reach and teach other adults with CHD, their families, and their healthcare providers. She holds a Bachelor of Arts in Communication from Grove City College and a Master of Science in Narrative Medicine from Columbia University.

#### About the Adult Congenital Heart Association

The Adult Congenital Heart Association (ACHA) is a nonprofit organization that seeks to improve the quality of life and extend the lives of congenital heart defect survivors. Through education, outreach, advocacy and promotion of research, ACHA serves and supports the more than 1.8 million individuals with congenital heart defects, their families, and the medical community. If you would like to find out more about our programming, visit our website, [www.achaheart.org](http://www.achaheart.org). To support ACHA's mission to improve and prolong the lives of heart defect survivors, you can make a donation on our website.

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