

The UCLA logo, consisting of the letters "UCLA" in white, bold, sans-serif font, set against a blue rectangular background.

UCLA

David Geffen School of Medicine
Office of Continuing Medical Education

UCLA Department of Urology

Presents

**48th Annual
UCLA
State-of-the-Art
Urology
Conference**

**Friday - Sunday
March 3-5, 2023**

**UCLA Meyer & Renee Luskin
Conference Center
Los Angeles, California**

UCLA State-of-the-Art Urology

This course explores the most challenging management problems facing the practicing urologist. Distinguished faculty present current information and techniques in urologic oncology (prostate, bladder, kidney), male and female voiding dysfunction, incontinence, BPH surgical therapies, thulium and holmium lasers, disposable scopes, androgen deficiency, Peyronie's disease, prostate cancer focal and radiation therapy, perineal prostate biopsy, active surveillance, genetic testing, advanced prostate cancer therapy, non-muscle invasive bladder cancer, upper tract TCCA, renal tumors, pediatric urology, urethral stricture disease, gender affirming care, and GU dermatology. The conference emphasizes interaction between participants and faculty and allows ample time for case presentations and group discussions, ensuring an outstanding educational experience for attendees.

At the completion of this program, participants should be better able to:

- Tailor BPH surgical therapy
- Preserve ejaculation with BPH procedures
- Utilize perineal biopsy in clinical practice
- Utilize active surveillance in prostate cancer patients
- Perform retzius sparing robotic radical prostatectomy
- Utilize focal therapy for prostate cancer
- Utilize PSMA imaging for managing patients with prostate cancer
- Manage high risk and advanced prostate cancer
- Utilize genetic testing in clinical practice for prostate cancer
- Manage bladder cancer refractory to BCG
- Manage patients with upper tract urothelial cancer
- Perform partial nephrectomy enucleation
- Manage the spectrum of kidney cancer
- Manage male and female voiding dysfunction including bladder neck obstruction
- Utilize urodynamics in clinical practice
- Understand anticholinergic induced dementia and alter treatment algorithm
- Manage ureteroscopy and PCNL complications
- Understand laser settings and risks with thulium and holmium lasers
- Utilize disposable scopes in urology
- Manage testosterone deficiency
- Manage Peyronie's disease and treatment related complications
- Assess for depression in cancer patients
- Manage common pediatric urology problems
- Manage dermatology problems in urology
- Understand important aspects of gender affirming care
- Manage urethral stricture disease

A few days before the meeting you will be emailed a link and a password to download the individual speaker handouts.

FACULTY

Guest Faculty

Joseph P. Alukal, MD

Associate Professor, Department of Urology
Director, Men's Health
Columbia University Irving Medical Center
New York-Presbyterian Hospital
New York, New York

Sam S. Chang, MD, MBA

Patricia and Rodes Hart Chair and Professor of Urologic Surgery
Vanderbilt University Medical Center
Chief Surgical Officer
Vanderbilt Ingram Cancer Center
Nashville, Tennessee

Ben H. Chew, MD, MSc, FRCSC

Associate Professor of Urologic Sciences
University of British Columbia
Chair of Research, Endourological Society
Vancouver, BC, Canada

Ricardo R. Gonzalez, MD

Associate Professor of Urology
Program Director, Urology Fellowship in FPMRS
Houston Methodist Hospital
Weill Cornell College of Medicine
TX A&M College of Medicine
Houston, Texas

Edward M. Schaeffer, MD, PhD

Chair, Department of Urology
Harold Binstein Professor of Urology
Feinberg School of Medicine
Chicago, Illinois

Ariana L. Smith, MD, FPMRS

Professor of Urology
Chief of Urology, Pennsylvania Hospital
Director of Pelvic Medicine & Reconstructive Surgery
University of Pennsylvania Health System
Philadelphia, Pennsylvania

Course Chair

William J. Aronson, MD

Course Co-Chairs

Craig Canfield, MD**Karim Chamie, MD, MSHS**

Department of Urology Faculty*

Mark S. Litwin, MD, MPH

Professor and Chair
Department of Urology
Professor of Health Policy and Management
School of Public Health

A. Lenore Ackerman, MD, PhD**William J. Aronson, MD****Z. Chad Baxter, MD****Jonathan Bergman, MD, MPH****Wayne G. Brisbane, MD****Karim Chamie, MD, MSHS****Arnold I. Chin, MD, PhD****Nicholas M. Donin, MD****Matthew Dunn, MD****Sriram Eleswarapu, MD, PhD****Kathy Huen, MD, MPH****Ja-Hong Kim, MD****Steven E. Lerman, MD****Jesse N. Mills, MD****Victor W. Nitti, MD****Gladys Ng, MD****Jacob Rajfer, MD****Kymora Scotland, MD, PhD****Brian Shuch, MD****Jennifer S. Singer, MD****Renea Sturm, MD**

UCLA Faculty*

Albert J. Chang, MD, PhD

Associate Professor
Director of Brachytherapy and Vice Chair of Surgical Services
Departments of Radiation Oncology and Urology

Jeremy Davis, MD, MS

Assistant Clinical Professor
Division of Dermatology

Alexandra Drakaki, MD, PhD

Associate Professor of Medicine and Urology
Medical Director of the Genitourinary Oncology Program
Co-Leader of Genitourinary Research, Jonsson Comprehensive Cancer Center
Division of Hematology/Oncology and Institute of Urologic Oncology

Amar U. Kishan, MD

Associate Professor
Chief of Genitourinary Oncology Service
Vice Chair of Clinical and Translational Research
Department of Radiation Oncology

Matthew Rettig, MD

Professor of Medicine and Urology
Medical Director, Prostate Cancer Program
Institute of Urologic Oncology
Chief, Division of Hematology-Oncology
VA Greater Los Angeles – West Los Angeles

*David Geffen School of Medicine at UCLA

Enrollment Fees

(Fees include course registration and materials, daily continental breakfasts and breaks, Friday evening reception, and Friday and Saturday luncheons.)

\$550.00	Physicians
\$350.00	David Geffen School of Medicine at UCLA Faculty
\$275.00	Non-Physician, Healthcare Professionals
\$110.00	Residents (accompanied by a confirmatory letter of status from department chief or training director)

Refunds

Cancellations must be received by **February 1, 2023** by email to uclacme@mednet.ucla.edu and will be subject to a \$75 processing fee. No refunds will be given after that date. If, for any reason, the course must be canceled, discontinued, or rescheduled by the Office of Continuing Medical Education, a full refund will be provided.

COVID Protocols & Policies

The Lusk Conference Center follows all current UCLA Campus COVID protocols and policies as they are subject to change. Masks are optional. We will notify participants of any COVID policy changes prior to the course as needed.

Location

UCLA Meyer and Renee Lusk Conference Center
425 Westwood Plaza
Los Angeles, CA 90095
855-522-8252

www.luskinconferencecenter.ucla.edu

Accommodations

The Lusk Conference Center features 254 beautifully-appointed guest rooms, many with sweeping views of the stunning campus architecture and beautifully landscaped grounds. The gracious guest experience at the Lusk Conference Center is further enhanced by a full-service restaurant and lounge, on-site professional catering services, well-equipped fitness center, business center, and free Wi-Fi throughout the property.

UCLA has arranged a room block at the Lusk Conference Center for our guests. A room rate of \$319 will be offered (tax exempt). Each individual guest must make their own reservations by going to the following link: <https://reservations.travelclick.com/99861?groupID=3644740>.

You may also call 855-LCC-UCLA (522-8252). All reservations must be guaranteed with a major credit card. Reservations must be made by February 2, 2023. The group code is LG2303UROA.

Once the room block is filled, room rates will be subject to availability.

Directions and Parking

From the 405 freeway, exit Wilshire Blvd., East toward Westwood. Turn left on Westwood Blvd., travel past Charles E. Young Dr. South and turn left on Structure 8 driveway. Drive up the ramp to the rooftop level to park. Pay stations are located up on the roof top. All day self-parking is \$15. There is a convenient walkway/bridge connecting Parking Structure 8 (on level 3) to the Lusk Conference Center Property. The Lusk Conference Center is located at Westwood Plaza and Strathmore Place.

Overnight self parking is available at The Lusk Conference Center at \$32 per night. There is also self-parking available at Parking Structure 8 at \$26 per night.

All parking rates are subject to change. For additional information, please visit: <https://luskinconferencecenter.ucla.edu/about/campus-map-parking/>.

Accreditation

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of **21.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The California State Board of Registered Nursing accepts courses approved for the **AMA PRA Category 1 Credits™**. Nurses from states other than California should inquire with their local State Board for specific continuing education policies.

American Society of Radiologic Technologists Credit
Category A/A+ CE credit is pending approval by the ASRT.

Disclosure

The FDA has issued a concept paper that classifies the commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. Along with independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program’s participants. In addition, Accreditation Council for Continuing Medical Education policy mandates that the sponsor adequately manage all identified potential conflicts of interest prior to the program. We at UCLA fully endorse the letter and spirit of these concepts.

The Department of Urology is a California Board of Nursing approved provider (#8888).

MORNING

7:00	REGISTRATION/BREAK/EXHIBITS
7:55	Introductions and Announcements William J. Aronson, MD

Female Pelvic Medicine

<i>Moderator:</i> Victor W. Nitti, MD	
8:00	Optimizing Surgical Care in Women Ariana L. Smith, MD, FPMRS
8:15	The Many Presentations of OAB: Spectrum or Different Phenotypes? A. Lenore Ackerman, MD, PhD
8:30	Anticholinergics and Dementia: Time to Change the Treatment Algorithm? Victor W. Nitti, MD
8:45	Practical Urodynamics in Female Pelvic Medicine Ariana L. Smith, MD, FPMRS
9:00	Panel Discussion: Common Problems in Female Pelvic Medicine Audience Questions – Case Presentations <i>Moderator:</i> Dr. Victor W. Nitti <i>Panel:</i> Drs. Ackerman, Baxter, Kim, and Smith
10:00	BREAK/EXHIBITS

Male Voiding Dysfunction

<i>Moderator:</i> Victor W. Nitti, MD	
10:20	MIST vs. Surgery: Tailoring the “Best” BPH Treatment for Each Patient Ricardo R. Gonzalez, MD
10:35	Ejaculatory Preservation during BPH Procedures: Why and How Ricardo R. Gonzalez, MD
10:50	Primary Bladder Neck Obstruction in Young Men: Case-Based Diagnosis and Treatment Victor W. Nitti, MD
11:00	Panel Discussion: Common Problems in Male Voiding Dysfunction Audience Questions – Case Presentations <i>Moderator:</i> Dr. Victor W. Nitti <i>Panel:</i> Drs. Baxter, Gonzalez, and Kim
12:00	LUNCH

AFTERNOON

Urolithiasis/Endourology

<i>Moderator:</i> Matthew Dunn, MD	
1:00	Reusable vs Single Use Ureterscopes Where Are We Now and What’s the Future Ben H. Chew, MD, MSc, FRCSC
1:20	Management of Ureterscopy and PCNL Complications Matthew Dunn, MD
1:40	Optimal Laser Settings and Which Lasers to Use Ben H. Chew, MD, MSc, FRCSC
2:00	Panel Discussion – Audience Questions – Case Presentations <i>Moderator:</i> Dr. Matthew Dunn <i>Panel:</i> Drs. Chew and Scotland
3:00	BREAK/EXHIBITS

Men’s Health

<i>Moderator:</i> Jesse N. Mills, MD	
3:20	The Andrologist’s Guide to a Focused Men’s Health Evaluation Joseph P. Alkulal, MD
3:40	Modern Approaches to Testosterone Therapy Sriram Eleswarapu, MD, PhD
4:00	Special Considerations in Testosterone Therapy Erythrocytosis, Hypertension, Sleep Apnea, Fertility Joseph P. Alkulal, MD
4:20	Peyronie’s Disease – Evaluation and Treatment Preventing and Managing Complications Jesse N. Mills, MD
4:40	Panel Discussion – Audience Questions – Case Presentations Future Directions in Men’s Health <i>Moderator:</i> Dr. Jesse N. Mills <i>Panel:</i> Drs. Alukal, Eleswarapu, and Rajfer
5:45	ADJOURN/RECEPTION

MORNING

6:30	BREAK/EXHIBITS
VIDEO SESSION	
7:00	Perineal Biopsy – How To – Tips and Tricks Wayne G. Brisbane, MD
7:15	Focal Ablation Techniques Wayne G. Brisbane, MD
7:30	Retzius Sparing Robotic Radical Prostatectomy Wayne G. Brisbane, MD
Prostate Cancer	
<i>Moderator:</i> Mark S. Litwin, MD, MPH	
8:00	Active Surveillance in 2023 – What’s New? Edward M. Schaeffer, MD, PhD
8:20	Focal Therapy – What, When, and Why Wayne G. Brisbane, MD
8:40	Prostate Biopsy – Is Transrectal Dead? Edward M. Schaeffer, MD, PhD
9:00	Panel Discussion – Audience Questions – Case Presentations <i>Moderator:</i> Dr. Mark S. Litwin <i>Panel:</i> Drs. Brisbane, Kishan, and Schaeffer
10:00	BREAK/EXHIBITS
10:20	Radiotherapy – What Urologists Need to Know in 2023 Amar U. Kishan, MD
10:35	Management of Localized High Risk Prostate Cancer – A Case for Therapeutic Intensification Edward M. Schaeffer, MD, PhD
10:50	Therapy for Advanced Prostate Cancer in 2023 Practical Approach for the Urologist Matthew Rettig, MD
11:10	Panel Discussion – Audience Questions - Case Presentations <i>Moderator:</i> Dr. Mark S. Litwin <i>Panel:</i> Drs. Brisbane, Kishan, Rettig, and Schaeffer
12:00	LUNCH

AFTERNOON

Bladder Cancer	
<i>Moderator:</i> Karim Chamie, MD, MSHS	
1:00	Contemporary Management of Non-Muscle Invasive Bladder Cancer Sam S. Chang, MD, MBA
1:20	Is There Still a Role for Blue Light Cystoscopy – Point Counterpoint <i>Con:</i> Arnold I. Chin, MD, PhD <i>Pro:</i> Sam S. Chang, MD, MBA
1:40	Upper Tract Urothelial Carcinoma – State of the Art Sam S. Chang, MD, MBA
2:00	Panel Discussion and Case Presentations <i>Moderator:</i> Dr. Karim Chamie <i>Panel:</i> Drs. A. Chang, S. Chang, Chin, and Drakaki
2:50	BREAK/EXHIBITS
Optimizing Cancer Care	
<i>Moderator:</i> William J. Aronson, MD	
3:10	Special Lecture: Supportive Care of Your Cancer Patients – Assessing for Depression and Goals of Care Jonathan Bergman, MD, MPH
Kidney Cancer	
<i>Moderator:</i> Brian Shuch, MD	
3:30	Partial Nephrectomy: Enucleation vs Margin Resection – With Video Brian Shuch, MD
3:50	Emerging Role for Radiation in Poor Surgical Candidates Albert J. Chang, MD, PhD
4:05	Panel Discussion and Case Presentations <i>Moderator:</i> Dr. Brian Shuch <i>Panel:</i> Drs. Chamie, A. Chang, and S. Chang
5:00	ADJOURN

MORNING

6:30 **BREAK/EXHIBITS**

VIDEO SESSION

7:00 **Endourology Tips and Tricks and Managing Complications**
Matthew Dunn, MD

Urethral Stricture Disease and Gender-Related Issues

Moderator: Nicholas M. Donin, MD

8:00 **Urethral Stricture Disease and Lichen Sclerosi**
Guideline and Practical Approaches
Gladys Ng, MD

8:30 **Gender Affirming Care in General Urology**
A Primer in the Care of Transitioning Patients
Gladys Ng, MD

GU Dermatology

Moderator: Nicholas M. Donin, MD

9:00 **Dermatology Issues in General Urology – Practical Approaches**
Jeremy Davis, MD, MS

9:40 **BREAK/EXHIBITS**

Pediatric Urology

Moderator: Steven E. Lerman, MD

10:00 **What's New in Pediatric Urology**
Steven E. Lerman, MD, Kathy Huen, MD, MPH, Jennifer S. Singer, MD, and Renea Sturm, MD

11:00 **Pediatric Urology Panel Discussion and Case Presentations**
Moderator: Dr. Steven E. Lerman
Panel: Drs. Huen, Singer, and Sturm

12:30 **ADJOURN**



Registration Methods | Credit Card, ACH/Electronic Payment

Winter 2023

	FEE
UCLA State-of-the-Art Urology M223-31/A14002	
TOTAL	\$

General Session Fee

\$550.00	Physicians
\$350.00	David Geffen School of Medicine at UCLA Faculty
\$275.00	Non-Physicians, Healthcare Professionals
\$110.00	Residents (accompanied by a confirmatory letter of status from department chief or training director)

We accept Visa, MasterCard, American Express, and Discover credit cards.

To register using a credit card or ACH/electronic transfer, please visit <https://www.cme.ucla.edu/courses/> and click on **UCLA State-of-the-Art Urology**.

**Credit card and check payments via phone, fax, or mail are no longer accepted.*

Questions

If you have questions about enrollment, please call (310) 794-2620 or email: uclacme@mednet.ucla.edu.



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