

THE DAPM HANDOFF

July 2023



Message from the Chair

Welcome to the July issue of *The DAPM Handoff*! July is the month with more national independence days than any other -- a time to celebrate both individual freedom and collective identity. As we appreciate the differences that make each of us unique, this newsletter also gives us a space where we can come together. Here are some highlights of this issue:

- HumAnes profiles of Lucy Mendez and Ace Young
- A recap of the 2023 DAPM Residency Graduation
- An interview with Lauren Beck about Friends of Oliver, Inc.
- A spotlight on Carla Gonzalez and her leadership of UCLA's La Comunidad
- Olivia Vallejo's receipt of the Kevin McCauley Memorial Outstanding Staff Award
- A synopsis of the inaugural CRNA Skills Day
- DAPM members spending time together at work and outside of work
- Photos of Diana Hekmat's baby twins

Maxime Cannesson, MD, PhD

Chair, Department of Anesthesiology & Perioperative Medicine at UCLA



Lucelva "Lucy" Mendez

Residency Program Manager

"By far, my favorite part of my current job is working with the residents. I love watching them transition from being medical students to resident physicians, sometimes fellow physicians, and then ultimately board-certified anesthesiologists. I just love seeing all of the achievements and growth they have made during residency."

[Meet Lucy >](#)



Andrew "Ace" Young, MD

Assistant Clinical Professor

"The aspect of work that I enjoy the most is the people—sometimes the patients, but mostly the colleagues within and outside of the department. I really enjoy the problem-solving and critical-thinking aspects, especially in the ICU, and coming up with 'what if' scenarios."

[Meet Ace >](#)

[View HumAnes of UCLA site](#)

Original Articles



The First Friends of Oliver Fundraiser *By Lauren Beck, MD*

The inaugural Friends of Oliver fundraiser, held at Topgolf El Segundo on June 13, was a huge success!



UCLA's La Comunidad Hosts Leadership Event *By Carla Gonzalez*

La Comunidad hosted a leadership panel and

networking event on June 29 in the Neuroscience Building Auditorium at UCLA.



2023 DAPM Residency Graduation

DAPM friends, family, and colleagues enjoyed celebrating the graduation of the DAPM Residency Class of 2023 at Covell Commons on June 17.



Olivia Vallejo Receives UCLA 2023 Outstanding Staff Award

Olivia Vallejo, DAPM JEDI Manager, received the Kevin McCauley Memorial Outstanding Staff Award at the 2023 UCLA Staff Assembly Awards Ceremony on June 21.

DAPM in the News



LA Pride Parade & Dodgers Pride Night By Jordan Francke, MD, MPH, and Mansi Sheth, MD

DAPM had a strong showing at the LA Pride Parade and Pride Night at Dodgers Stadium.



DAPM FACULTY SOCIAL 2023

DAPM Faculty Social By Christine Myo Bui, MD

DAPM faculty gathered for delightful food and company on June 28.



Baby Shower!



Inaugural CRNA Skills Day

UCLA CRNAs, PSSTs, and faculty physicians had a fun and productive day of

DAPM physicians had a baby shower for Drs. Beti Asnake, Jocelyn Carriere, Shradha Khadge, & Mansi Sheth on June 29 at Broxton in Westwood.

learning on May 20.



DAPM Residency Class of 2023 Graduation Video

ICYMI: Drs. Mike Wolfe, Jason Lee, and Ace Young created this amusing and heartwarming graduation video in honor of the DAPM Residency Class of 2023!



Quenesha Caballero's Graduation

Congratulations to Quenesha Caballero, who graduated with *cum laude* honors from West Los Angeles College with an Associate's Degree in Business! We are so proud of you, Quenesha!

[View all news](#)

Awards and Grants

Elliot Higgins, MD: UCLA Teacher of the Year

Tiffany M. Williams, MD, PhD: 2023 Dillon Award

Joseph Meltzer, MD: Excellence in Teaching Award

Colby Tanner, MD: Excellence in Teaching Award

Leo Li, MD: Excellence in Teaching Award

Brittany Burton, MD, MAS, MHS: Medical Student Educator Award

Dikran Nalbandian, MD: Olive View Award

Joshua Sadik, MD: Olive View Award

Peter Schnaak, MD: Long Beach Award & Resident of the Quarter Award

Julius Roxas: Peri-Op Award

Mansoureh Eghbali, PhD: Special Award

Thanh Cung, MD: Affiliate Teacher of the Year

Jennifer Katsura, CRNA: Top CRNA Award

Dalena Le: 2022-2023 UCLA Staff Assembly Professional Development Scholarship

Extended DAPM Family!

Welcome, Baby Theodore and Baby Benjamin!

Diana Hekmat, MD, husband Dan Muhtar, MD, and children Zev and Sammy welcomed twin babies Theodore and Benjamin to their family on May 6, 2023.

Happy 1st Birthday, Eyasu!

Beti Asnake, MD, and husband Bemnet Yemesgen celebrated their son Eyasu's first birthday on June 12, 2023.

Welcome to DAPM!

Kheng Sze Chan, MD, PhD

DAPM at Work

DAPM at Play

Upcoming Events

Grand Rounds:

Joshua Tobin, MD, MS

Professor of Critical Care Anesthesiology

Director of Trauma Anesthesiology

University of Texas Health Science Center at San Antonio

July 19 @ 7 AM

[Join Zoom Meeting >](#)

Frontiers in Research:

Grégoire Ruffenach, PhD

Assistant Professor-in-Residence of Anesthesiology,

Cell Biology & Immunology

David Geffen School of Medicine UCLA

"Transcriptome-wide Function of RNA Binding Protein in
Pulmonary Arterial Hypertension"

July 19 @ 4 PM

Hybrid, In-Person: RRUMC B-level | [Join Zoom Meeting >](#)

Grand Rounds (Combined with Surgery):

Judi Turner, MD., PhD

Vice Chair for Education

Clinical Professor, Anesthesiology

Department of Anesthesiology & Perioperative Medicine

David Geffen School of Medicine at UCLA

July 26 @ 7 AM

Grand Rounds:

Boris Heifets, MD, PhD

Assistant Professor

Department of Anesthesiology, Perioperative and Pain Medicine

Grand Rounds:

Jason Lee, MD

Assistant Clinical Professor

Assistant Director, Residency Program

Department of Anesthesiology & Perioperative Medicine

David Geffen School of Medicine at UCLA

Christine Nguyen-Buckley, MD

Assistant Clinical Professor

Program Director, Liver Transplant Anesthesiology Fellowship

Department of Anesthesiology & Perioperative Medicine

David Geffen School of Medicine at UCLA

August 9 @ 7 AM

[View all events](#)

Recent DAPM Publications

- **Matthew Fischer, MD, MS, Reed Harvey, MD, Tiffany Williams, MD, PhD, Jacques Neelankavil, MD:** Growing Pains: Opportunity Knocks in the 2022 Center for Disease Control Clinical Practice Guidelines for Prescribing Opioids for Pain. *Journal of Cardiothoracic and Vascular Anesthesia*.
- **Emily Methangkool, MD, MPH:** Preprocedural Transesophageal Echocardiography Recommendations for Mitral Structural Heart Interventions: Implications for the Cardiac Anesthesiologist. *Journal of Cardiothoracic and Vascular Anesthesia*.
- **Rajesh Kumar, PhD, Bhaswati Roy, PhD:** Microstructural brain tissue changes contribute to cognitive and mood deficits in adults with type 2 diabetes mellitus. *Scientific Reports*.
- **Nicolas Massaly, PhD:** Editorial: Broadening our conceptual understanding of endogenous opioids in systems neuroscience. *Frontiers*.
- **Douglas Chapski, PhD, & Thomas Vondriska, TM:** Integrative transcriptomics and cell systems analyses reveal protective pathways controlled by Igfbp-3 in anthracycline-induced cardiotoxicity. *FASEB*.
- **Brittany Burton, MD, MHS, MAS:** Thirty-day surgical site complications following rhinoplasty with cartilage grafts. *Journal of Plastic, Reconstructive & Aesthetic Surgery*.
- **Jane Moon, MD:** Eckenhoff, Eakins, and the Inklings of a New Profession. *Anesthesiology*.

Justice, Equity, Diversity and Inclusion (JEDI)



We observe National Minority Mental Health Awareness Month to increase awareness about the unique struggles that racial and ethnic minority communities face surrounding mental illness in the U.S.

Please see these links to Mental Health resources for your review:

- [UCLA Campus Human Resources – General Mental Health](#)
- [Help Guide – Your trusted non-profit guide to mental health & wellness](#)
- [Employees in Distress Guide](#)
- [National Minority Mental Health Awareness Month](#)

Additionally, please see information from the [CDC](#) on how we all have a role to play in promoting health equity.

[Click here for a Zoom background that highlights and celebrates Minority Health Awareness Month.](#)

Wellness Corner

By DAPM Administrative Staff Wellness Committee - Emotional Wellness (EMW) Pillar



[Emotional Intelligence: The Essentials](#)

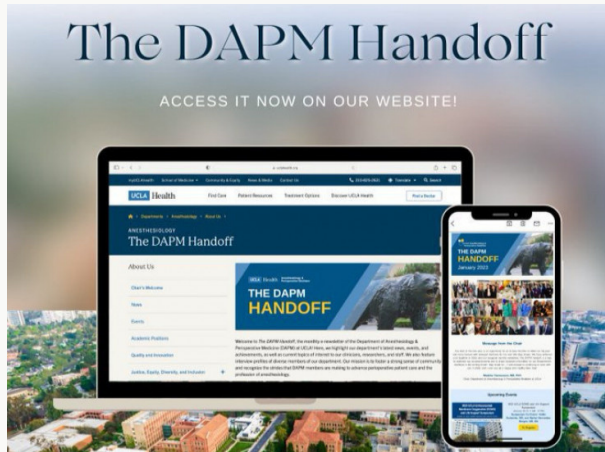
Psychological Safety Skills focus on creating a trusting environment for problem-solving, learning from mistakes, and collaborating toward common goals.

Calming Skills provide practical techniques and resources for managing stress, fostering self-governance, and finding personal peace.

Connecting Skills emphasize establishing and maintaining personal connections with employees, particularly in remote-work settings, while promoting inclusivity.

Self-Efficacy Skills empower employees to build confidence and reach their fullest potential, addressing the Nine Accomplish Saboteurs that hinder growth. Click [here](#) to learn more about the Saboteurs.

Resilience and Hope Skills foster optimism, belief in overcoming challenges and making better choices in the face of adversity.



Editorial Team:

Jane Moon, MD

Mansi Sheth, MD

Jordan Francke, MD, MPH

Emma Huebner, MD

Darnell Bagsik

Christian Lee

[Visit the site](#)

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And as always, please reach out to your respective assistant for any support you may need.

[Read past issues of The DAPM Handoff here](#)

