

Volunteer for medically supervised research at the UCLA Center for Human Nutrition

Study to Determine the Effect of Healthy Snacks on Skin Health

Purpose: This is a nutritional study that examines the effect of a healthy snack on skin health.

You may qualify if you meet the following criteria:

20-40 years old
Body mass index (≥ 25 -30 inches)
Skin type (fair to light brown) to be determined at screen
Female

Procedures and Compensation:

- 12 week study, 4 in-person visits
- You will be given a snack per day to eat with your usual diet
- Skin assessments to measure minimal dose to induce skin irritation (pink color)
- Evaluate the ability to stretch and moisture of your skin
- Up to \$200 compensation

INTERESTED?

Please email uclanutrition@gmail.com.

As the confidentiality of emails cannot be guaranteed, do not include any sensitive information in your email if you choose to respond by that method.

This research study is being conducted by Zhaoping Li, MD, PhD and has been approved by the Institutional Review Board.