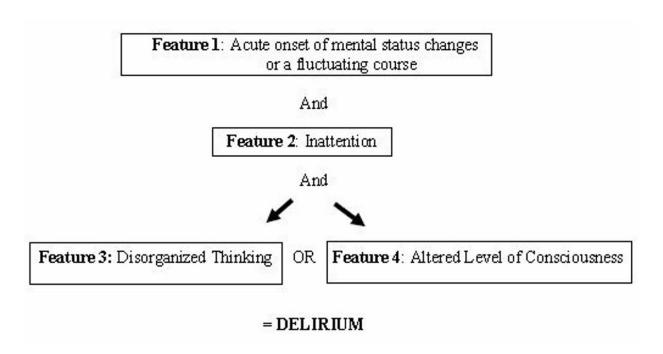


Geriatric Skills

Cognitive

CAM (Confusion Assessment Method)



Feature 1 (Acuity): Usually obtained by collateral information from family or medical staff:

"Is there evidence of an acute change in mental status from the patient's baseline?";

"Did the abnormal behavior fluctuate during the day, that is, tend to come and go, or increase and decrease in severity?"

Feature 2 (Inattention): Ask the following question(s):

"Did the patient have trouble with attention? For example, did they have a hard time following a conversation or becoming easily distracted? Other ways to assess are:

Asking to repeat days of the week/months backwards Serial 7's (counting backwards from 100 by subtracting 7)

Feature 3 (Disorganized Thinking): Ask the following questions:

Was the patient rambling, tangential, switching from one topic to another, hallucinating, having an illogical flow of ideas?

Feature 4: (Altered level of consciousness): Described as one of the following

Normal = alert

Hyperalert = vigilant

Drowsy, easily aroused = lethargic

Difficult to arouse = stupor

Unarousable = coma

Adapted from Confusion Assessment Method. © 1988, 2003, Hospital Elder Life Program. All rights reserved. Adapted from: Inouye SK et al. Ann Intern Med. 1990; 113:941-8.