



Cancer, Sexual Health, and Body Image *Women's Workshop*

*A 90-Minute presentation and live Q&A on
common sexual health and body image challenges
women experience during and after cancer
treatment.*



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Cancer and its treatment can significantly impact a person's relationship with their body, especially when it comes to self-image and sexual functioning. This workshop aims to normalize common physical and sexual challenges in women after a cancer diagnosis. The facilitators will cover topics such as pelvic floor physical therapy, strategies to communicate needs with a partner, and mindfulness-based exercises to enhance self-acceptance.

FACILITATED BY: Elizabeth Cleary PhD, Rachel Frankenthal PA-C, and Emily Whalen DPT

WHERE: Zoom.
(Link will be provided via Email)

WHEN: Thursday, October 19, 2023
9:00am – 10:30am (PST)

Please visit <https://uclahs.fyi/smc-image-workshop>
to reserve a seat.

For more information, please call 310-794-6644.

No cost to attend.

