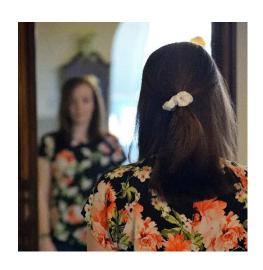


Cancer, Sexual Health, and Body Image Women's Workshop

A 90-Minute presentation and live Q&A on common sexual health and body image challenges women experience during and after cancer treatment.

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Cancer and its treatment can significantly impact a person's relationship with their body, especially when it comes to self-image and sexual functioning. This workshop aims to normalize common physical and sexual challenges in women after a cancer diagnosis. The facilitators will cover topics such as pelvic floor physical therapy, strategies to communicate needs with a partner, and mindfulness-based exercises to enhance self-acceptance.

FACILITATED BY: Elizabeth Cleary PhD, Rachel Frankenthal PA-C, and Emily Whalen DPT

WHERE: Zoom. WHEN: Thursday, October 19, 2023 (Link will be provided via Email) 9:00am - 10:30am (PST)

> Please visit https://uclahs.fyi/smc-image-workshop to reserve a seat. For more information, please call 310-794-6644.

> > No cost to attend.



