

VAMC HOME BASED PRIMARY CARE (SEP HBPC)

Revised 6/15/2022

LOCATION

VA Greater Los Angeles Healthcare System, Sepulveda Campus
16111 Plummer Street, Building 70
North Hills, California 91343

CONTACTS

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| Site Director: | Nancy Weintraub MD nancy.weintraub@va.gov 818-895-9311 |
| HBPC Physician: | Oscar David Dellinger III MD FACP oscar.dellinger@va.gov 818-423-6935 |
| HBPC Medical Director: | Sarah Tubbesing MD sarah.tubbesing@va.gov 310-268-3216 |
| HBPC Office: | Sepulveda 818-895-5810 (Building 70 on Woodley Ave near Lassen) WLA 310-268-3216 (Third Floor Building 213 WLA Campus) |

DESCRIPTION

During the Sepulveda VA Home Based Primary Care rotation, fellows learn to provide medical care in the home. This unit provides a unique insight into the environment in which mostly home bound patients live. Fellows acquire skills in home assessment and begin to better understand the social and environmental issues that affect medical care.

The fellow will complete home visits both with the HBPC physician and with members of other disciplines. This way the fellow may experience the skills and knowledge of the different members of the interdisciplinary team and learn how each member adds to the understanding and care of the patient.

Additionally, the fellow will participate in interdisciplinary team meetings and may be required to lead a meeting.

Throughout this rotation, the fellows are supervised by a member of the GEC Geriatrics faculty (HBPC attending physician).

The fellow will make at least two home visits with the HBPC physician and will discuss all cases with the HBPC physician (who will also cosign their notes).

The fellow has access to the medical library, an extensive on-line library, and is provided with a file of recent literature on home care topics. The fellow may have the opportunity to supervise and teach any medical students or residents who rotate through the Home Care Elective.

ON THIS ROTATION YOU WILL BE PARTICIPATING IN OR LEADING INTERPROFESSIONAL TEAM MEETINGS. IT IS YOUR RESPONSIBILITY TO NOTIFY JEN AYALA WHENEVER AN IDT MEETING OCCURS AND TO INFORM HER WHAT ATTENDING WAS PRESENT SO THAT AN EVALUATION FORM MAY BE COMPLETED.

Goals and Objectives- VAMC Home Based Primary Care (SEP HBPC)

GOALS

1. Develop expertise in providing care to patients within the confines of the home care setting.
2. Develop an understanding of the issues currently being discussed in the home care literature
3. Develop an understanding of the contributions made by various allied health professionals (including dietitians, occupational therapists, social workers, pharmacists, nurses, psychologists and nurse practitioners) and how an interdisciplinary team works to care for complex patients
4. Develop an understanding of advance directives and ethical issues in caring for patients in their homes.
5. Develop an understanding of how seeing a patient in the home environment contrasts with seeing a patient in a medical setting such as a clinic or hospital.

OBJECTIVES

1. The fellow will provide primary care to HBPC patients in their homes, evaluating new admissions and making both routine and urgent visits as needed.
2. The fellow will be responsible for handling telephone calls from home care patients and their caregivers when there is a need for physician input. With the assistance of their faculty supervisors, fellows will evaluate and implement the proper response to the contact (e.g. urgent home visit by M.D. or other team member, referral to E.R., medication change, etc.).
3. The fellow will attend and participate in the weekly interdisciplinary team meeting, in which new admissions to the service, patients with problems, and routine reviews of current patients are discussed.
4. The fellow will make home visits with both the HBPC physician and with other members of the interdisciplinary team.
5. The fellow will review the advance directive status of the patients with the patient, next of kin or durable power of attorney for health care as appropriate.
6. The fellow will develop and present one or two talks at the team meetings on appropriate HBPC topic(s).

2 Goals and Objectives- VAMC Home Based Primary Care (SEP HBPC)

OBJECTIVES:

| <u>OBJECTIVES</u> | COMPETENCIES | | | | | |
|--|--------------|-------------------|-------------------------|------------------------------------|-----------------|------------------------|
| | Patient Care | Medical Knowledge | Practice Based Learning | Interpersonal Communication Skills | Professionalism | Systems Based Practice |
| The fellow will provide primary care to HBPC patients in their homes, evaluating new admissions and making both routine and urgent visits | X | X | | | X | |
| The fellow will be responsible for handling telephone calls from home-bound patients and their caretakers when there is a need for physician input, and, with the assistance of their faculty supervisors, they will evaluate the proper response to the contact (e.g. urgent home visit by M.D. or other team member, referral to E.R., medication change, etc.). | X | X | | X | X | X |
| The fellow will attend and participate in the weekly interdisciplinary team meeting with the nurses, NPs, other physicians, OTs, PTs, pharmacists, and social workers, in which new admissions to the service, patients with problems, and routine reviews of current patients are discussed. | X | X | X | X | X | X |
| The fellow will make home visits with both the HBPC physician and with other members of the interdisciplinary team | X | X | X | X | X | X |
| The fellow will review the advance directive status of all patients that he visits and discuss changes with the patients/next of kin/durable power of attorney for health care as appropriate. | X | | | X | X | |
| The fellow will develop and present a talk at one team meeting on an appropriate home care topic. | | X | | X | X | |

| COMPETENCIES | Patient Care | Medical Knowledge | Practice Based Learning | Interpersonal Communication Skills | Professionalism | Systems Based Practice |
|-----------------------------|--|--|---|--|--|--|
| TEACHING METHODS | Role Modeling, Discussion on rounds, discussion at interdisciplinary team meetings, Medical literature | Didactic sessions, Medical literature, discussion on rounds, discussion at interdisciplinary team meetings | Discussion on rounds, discussion at interdisciplinary team meetings | Role modeling | Role modeling, discussion on rounds | Role modeling, discussion on rounds, discussion at interdisciplinary team meetings |
| METHOD OF EVALUATION | chart review, attending evaluation | attending evaluation, chart review, evaluation of lectures | chart review, attending evaluation | attending evaluation, evaluation by associated health professional, evaluation by patients | attending evaluation, evaluation by associated health professional, evaluation by patients | attending evaluation, chart review, evaluation by associated health professional |

WEEKLY SCHEDULE

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----|--|--|---|---|--|
| AM | 8 AM: Check in at Sepulveda VA Introduction to HBPC (first Monday) Return calls/ Home visits | 8 AM: Check in at Sepulveda office Team Meeting 9-11 Return calls/ Home visits | 8 AM: Check in at Sepulveda office Return calls/ Home visits | 8 AM: Check in at Sepulveda office Return calls/ Home visits | Grand Rounds/Journal Club Check in at Sepulveda office Return calls/ Home visits |
| | | | | | |
| PM | Home visits/ Charting 3:30 Huddle | Home visits/ Charting 3:30 Huddle | Home visits/ Charting 3:30 Huddle | Home visits/ Charting MPGMG Thursday Lecture Series 3-5 | Home visits/ Charting 3:30 Huddle |

- The fellow will be absent from the rotation ½ day each week to attend his/her outpatient continuity clinic.
- The HBPC day runs from 8 AM to 4:30 PM.
- Geriatrics grand rounds 8am – 9am one Friday per month
- Journal Club 8am – 9am one Friday per month
- Nursing home once per month

USUAL CALL RESONSIBILITIES

The fellow will participate in the on-call rotation of the GLA nursing homes, covering approximately 2 week nights and 1 weekend each rotation.