

## Emotional and Health Consequences of Early Life Adversity

Pre-conference Workshop at the Annual Meeting of the *Society for Affective Science*, Oakland, CA, April 9, 2015

Chair: Richard D. Lane, MD, PhD, The University of Arizona; Co-Chair: Lis Nielsen, PhD, National Institute on Aging

Description: The goal of this Pre-Conference Workshop is to explore whether affective science can help to shed light on the mechanisms by which early life adversity affects physical health and wellbeing over the life course, and to potentially translate insights derived from this perspective into primary and secondary preventive interventions. This preconference workshop will bring together experts in: 1) the epidemiology of physical health consequences of early adversity; 2) the epidemiology of mental health consequences of early adversity; 3) how emotional development is altered by early adversity; 4) what the emotional characteristics of early adversity are in adulthood; 5) what is known about central and peripheral physiological mechanisms of 1 and 2; and 6) how affective science can inform clinical interventions to improve health outcomes in those exposed to early life adversity.

- Session 1: Epidemiology of Health Consequences of Early Life Adversity - Cathy Widom, Ruth Lanius, Teresa Seeman (Perspectives from the NIA network)
- Session 2: Emotion Research on Early Life Adversity - Steven Suomi, Kate McLaughlin; Wendy d'Andrea
- Session 3: Central and Peripheral Physiological Changes in Early Life Adversity - Martin Teicher, Bill Lovallo, Jennie Noll
- Session 4: Interventions to Reverse the Effects of Early Life Adversity: Role of Affect Science - Alex Zautra, Elliott Berkman