

LONGITUDINAL NURSING HOME VISITS

Rev. 07/01/2021

LOCATIONS

Community Living Center

VA Greater Los Angeles Healthcare System, West Los Angeles Campus
11301 Wilshire Blvd., Building 213 & 215
Los Angeles, CA 90073

Community Living Center

VA Greater Los Angeles Healthcare System, Sepulveda Campus
16111 Plummer St, Building 99
North Hills, CA 91343

Berkley East

1323 17th St
Santa Monica, CA 90404

Panorama gardens

9541 Van Nuys Blvd,
Panorama City, CA 91402

CONTACTS

Rotation Director:

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Clinical Attendings

Heather D'Adamo, MD (WLA VA)
Lucia Dattoma, MD (Various Locations)
Elham Ghadishah, MD (WLA, VA, Bldg. 213)
Susan Leonard, MD (Berkley East)
James Michail, MD (various locations)
Mai Pham, MD, MPH (Sepulveda VA, Bldg. 99)

DESCRIPTION

The Longitudinal Nursing Home rotation is a year-long rotation that provides exposure to nursing home care over an extended period. The rotation is constructed so that the fellow will participate in the care of a set panel of nursing home residents through monthly visits and notes. In collaboration

with the supervising attending, the fellow may be asked to participate in interprofessional meetings and to participate in care decisions via telephone between visits

Through this rotation, fellows will have the opportunity to become familiar with chronic care of frail elderly people living in the nursing home setting and to observe changes in their panel patients over the course of the year. The fellows will understand management and progression of disease through longitudinal care, learn about realistic screening and rehabilitative goals in frail elderly and experience the benefits of inter-professional team management of long-term goals of nursing home patients.

Supervision of fellows is provided by the UCLA Geriatrics faculty who are nursing home and Skilled Nursing Facility staff physicians.

GOALS

1. Participate in primary and chronic care of frail nursing home residents.
2. Understand management and progression of disease and loss of function in nursing home patients.
3. Demonstrate knowledge and skills in the care of patients with common geriatrics problems in the nursing home setting.
4. Become familiar with the responsibilities, structure, regulations, and limitations of medical care in the nursing home.
5. Collaborate with residents and team members to develop plans for care, including end of life care.
6. Demonstrate knowledge and skill in management of polypharmacy.
7. Demonstrate knowledge and skill in weight loss, nutritional assessment, and management.
8. Demonstrate knowledge and skill in management of difficult behaviors and mental illness among nursing home patients.
9. Demonstrate communication skills and team leadership working with inter-professional teams.
10. Learn to work as part of a medical group, providing care in consultation with other physicians.

OBJECTIVES

OBJECTIVES	COMPETENCIES					
	Patient Care	Medical Knowledge	Practice Based Learning	Interpersonal Communication Skills	Professionalism	Systems Based Practice
Fellows will understand the importance of timely documentation of regulatory visits by performing a monthly history and physical and writing a chronic care note every calendar month they are on service.	X	X	X		X	X
Fellow will communicate with patients about their care plans.	X	X	X	X	X	X
Fellows will create care plans in collaboration with their attending physicians	X	X	X	X	X	X
Fellows will learn how to be an effective team leader and member by whenever possible participating in interprofessional care planning meetings arranged for their patients	X	X	X	X	X	X

Fellows will establish collaborative relationships with and effectively utilize the contributions of other members of the care team, particularly Nursing but also to Social Work, Rehabilitation, Nutrition, Recreation, Psychology	X	X	X	X	X	X
Fellows will facilitate safe transitions of care by communicating to their attendings any orders they are not able to follow up.	X			X	X	
Fellows will apply value-based strategies to diagnose and manage chronic diseases in frail, older adults	X		X	X	X	X
Fellows will understand the capabilities and limitations of the nursing home	X	X				X
Fellows will become familiar with some regulatory structures governing nursing home care		X				X
Fellow will recognize and manage common geriatric syndromes and chronic diseases	X	X	X			
Fellows will learn how to improve geriatric care by avoiding inappropriate screenings and polypharmacy	X	X	X			X
Fellows will become familiar with the diagnosis and management chronic diseases, cognitive and functional decline, weight loss, pain, wounds, and behavioral and mental health concerns.	X	X	X			

COMPETENCIES

COMPETENCIES	Patient Care	Medical Knowledge	Practice Based Learning	Interpersonal Communication Skills	Professionalism	Systems Based Practice
TEACHING METHODS	Role Modeling, Discussion every month, Medical literature	Discussion every month, medical literature	Discussion every month	Role modeling, family meetings, team meetings,	Role modeling, discussion every month, transitions of care	Discussion every month
METHOD OF EVALUATION	Chart review, attending evaluation	Attending evaluation, chart review, evaluation of lectures	Chart review, attending evaluation	Attending evaluation,	Attending evaluation,	Attending evaluation, chart review,

RESONSIBILITIES

- Fellows will see residents once a calendar month, except during the month of their vacation and while on Harbor UCLA rotation.
- Fellows will promptly write a note before the end of that calendar month, in collaboration with and under supervision of the attending
- Fellows will order equipment, labs, studies and/or consults and follow up on these results, if possible. If the fellow cannot follow these results, they will sign these out to their attending.
- Fellows will collaborate with their attendings - at the start of the rotation and on a regular basis - the extent to which they will be participating in inter-professional teams meeting.
- The fellow and attending will have a discussion at the beginning of the rotation regarding expectations and goals
- The fellow and attending will have a quarterly check in regarding expectations and goals
- The fellow and attending will have a mid-year check regarding specifically how much responsibility between visits is desired and/or feasible
- The fellow will give a presentation in the second half to the attending on a topic in LTC