

## Fecal Immunochemical Test (FIT) Instructions

STEP 1. Fill out the information on the sampling bottle.



Write your name, birth date, current date and time on sampling bottle.

**STEP 3.** Deposit a stool sample on top of the collection paper.



**STEP 5.** Use the probe to scrape the surface of the stool before the stool touches the water.



Cover the grooved portion of the sample probe completely with stool.

**STEP 7.** Wrap the sampling bottle in the small absorbent pad and place it in the biohazard bag.



**STEP 2.** Place the collection paper on top of the water in your toilet.



STEP 4. Open the sampling bottle.



**STEP 6.** Place the probe with stool sample back in the sampling bottle and close it. Do not reopen it.



The collection paper is biodegradable and can be flushed.

**STEP 8.** Seal the biohazard bag and place it in the return mailer envelope.



The stool sample is perishable. Please return the kit as soon as possible within 48 hours.

IMPORTANT Please return the completed kit by mail or in person to your clinic within 48 hours of collecting your sample. The stool sample is perishable.

NEED HELP? Contact your primary care physician.