

# Adult Congenital Heart Association

Webinars Presents:

## 2018 ACHD Guidelines: What You Need To Know (Part 1)

Monday, September 17, 2018, 8 p.m. – 9 p.m. EDT

Presenter: Karen Stout, MD

### About the Webinar

Were you born with a heart defect, told as a child that you have a heart problem, or had a childhood heart surgery? Do you know what the recommended type of care is that you need as an adult? Are you aware that guidelines exist that can help you figure this out? To learn the answer to these, as well as other questions, you don't want to miss this webinar. The *2008 ACC/AHA Guidelines for the Care of Adults with Congenital Heart Disease* have been updated. New guidelines have been published. Dr. Karen Stout, Medical Director of the Seattle Adult Congenital Heart Program, will review highlights of the new guidelines, and discuss practical implications for the care of ACHD patients and their provider teams. Register today.

**REGISTER NOW:** <https://bit.ly/2MbrQKF>

### About the Presenter

Dr. Karen Stout directs the ACHD clinic at the University of Washington and Seattle Children's Hospital. She trained in adult cardiology and then acquired additional training in congenital heart disease. She sees patients at both University of Washington and Seattle Children's Hospital. She also has expertise in echocardiography and pregnancy and heart disease. She is a member of the ACHA Medical Advisory Board and Chair of the Writing Committee for the *2018 AHA/ACC Guidelines for the Management of Adults With Congenital Heart Disease*. In her spare time she enjoys snowboarding, travel and other outdoor hobbies.

### About the Adult Congenital Heart Association

The Adult Congenital Heart Association (ACHA) is a national not-for-profit organization dedicated to improving the quality of life and extending the lives of adults with congenital heart disease (CHD). ACHA serves and supports the more than one million adults with CHD, their families and the medical community—working with them to address the unmet needs of the long-term survivors of congenital heart defects through education, outreach, advocacy, and promotion of ACHD research. For more information about ACHA, contact (888) 921-ACHA or visit [www.achaheart.org](http://www.achaheart.org).

This webinar is made possible in part by sponsorship support provided by  
Actelion Pharmaceuticals US and Gilead Sciences, Inc.