

Adult Congenital Heart Association

Webinars Presents:

Palliative Care on Your Team: Improving the Quality of Life in Adult Congenital Heart Disease

Wednesday, September 5, 2018, 7 p.m. – 8 p.m. EDT

Presenters: Ali Zaidi, MD and Sarah E. Norris, MD, MEd

About the Webinar

Advances in surgery and medicine are allowing children born with congenital heart disease to live and thrive as adults. Along with this success sometimes comes unexpected challenges. This include things like more surgery and possibly transplants. Palliative care teams can add a holistic element to your care by learning about you as an individual and your unique journey. Do you know what this means? It does not mean choosing to shorten your life. It really means taking the focus back to your life which may have been overwhelmed for many years by having a chronic health condition. To learn more, join us to learn more about the benefits of having a buddy and a pall, palliative care on your side! You don't want to miss this important webinar. Register today.

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About the Presenters

Ali Zaidi, MD, is an adult congenital heart disease (ACHD) cardiologist who trained in ACHD, pediatric cardiology and adult cardiovascular disease at the Ohio State University and Nationwide Children's Hospital in Columbus, OH. He also has advanced training in cardiac imaging at The Ohio State University. He was the Director of ACHD Research at The Ohio State University and Nationwide Children's Hospital and is now the Director of the Montefiore Adult Congenital Heart Disease Program (MAAtCH) at the Montefiore Medical Center, Albert Einstein College of Medicine in New York. He serves on the ACHA Medical Advisory Board.

Sarah Norris, MD, MEd originally trained as a nurse at Loyola University Chicago. As a nurse she worked with children all over the world including as a Peace Corps volunteer in Morocco before pursuing medical school. Upon completion, she trained as a pediatric resident at the Medical College of Georgia then as a pediatric critical care fellow at Cincinnati Children's Hospital and Medical Center. After working for several years, she returned to Cincinnati Children's to complete another fellowship in hospice and palliative medicine. Today she leads the Quality in Life Team and is the director of pediatric palliative care at the Children's Hospital at Montefiore. She uses storytelling to understand patient values and help primary teams provide more holistic care.

About the Adult Congenital Heart Association

The Adult Congenital Heart Association (ACHA) is a national not-for-profit organization dedicated to improving the quality of life and extending the lives of adults with congenital heart disease (CHD). ACHA serves and supports the more than one million adults with CHD, their families and the medical community—working with them to address the unmet needs of the long-term survivors of congenital heart defects through education, outreach, advocacy, and promotion of ACHD research. For more information about ACHA, contact (888) 921-ACHA or visit www.achaheart.org.

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