

ACHA Webinars Presents:

Thriving with Congenital Heart Disease: 10 Things Every Patient Should Know

Thursday, March 28, 2013, 7 p.m. - 8 p.m. EDT

Presenter:
Amy Verstappen
ACHA President/CEO

About the Webinar

What is the most common heart defect? Who is the oldest person living with my defect? How do people with CHD do in the long run? What things should I make sure I ask my cardiologist? What are ways I can protect myself from mistakes in my medical care? How can I make a difference in my health? These questions and more will be answered in ***Thriving with Congenital Heart Disease: 10 Things Every Patient Should Know***. Combining key CHD research, member input, and her own experiences navigating life with complex CHD, ACHA President/CEO Amy Verstappen will share her top tips on thriving with CHD. Although the goal of the webinar is to empower patients to better understand and manage their CHD, family members are also welcome to attend.



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About the Speaker

Amy Verstappen is ACHA's President/Chief Executive Officer. Joining the ACHA board in 2000, she was ACHA's first Fundraising Chair. Serving as ACHA Board President in 2002, she stepped off to become ACHA's first paid President and Executive Director in January 2006. Before her personal experiences as a complex congenital heart survivor led her to patient advocacy, Amy worked as an educator with children and adults in a variety of settings. Amy has a Bachelor of Science in Sociology-Anthropology from Swarthmore College in 1983 and a Masters in Education from Lesley College in 1989. She has co-authored a number of publications on adults with CHD and has served as an ACHD consultant in venues such as the American College of Cardiology (ACC), the National Heart, Lung, and Blood Institute (NHLBI), and the International Society for Adult Congenital Heart Disease (ISACHD).

About the Adult Congenital Heart Association

The Adult Congenital Heart Association (ACHA) is a nonprofit organization that seeks to improve the quality of life and extend the lives of congenital heart defect survivors. Through education, outreach, advocacy and promotion of research, ACHA serves and supports the more than 1.8 million individuals with congenital heart defects, their families, and the medical community. If you would like to find out more about our programming, visit our website, www.achaheart.org. To support ACHA's mission to improve and prolong the lives of heart defect survivors, you can make a donation on our website.

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