Directions to the Clinical and Translational Research Center and UCLA Sleep Disorders Center

Directions from 405 Freeway

• Take Wilshire Blvd East exit
• Turn left at Westwood Blvd
• Turn right at Le Conte Ave (at the Chick-fil-a)
• Turn left on Tiverton Ave (Ralph’s will be on the right)

Directions from Downtown

• Take the 10 Freeway West towards Santa Monica
• Exit on to the 405-N
• Take the Wilshire Blvd East exit
• Turn Left at Westwood Blvd
• Turn right at Le Conte Ave (at the Chick-fil-a)
• Turn left on Tiverton Ave (Ralph’s will be on the right)

Stay STRAIGHT to enter the TUNNEL towards the Patient and Visitor Parking (Lot 18 & 27)

Turn RIGHT at the stop sign to enter the Patient and Visitor Parking Lot 27 for CTRC/Sleep Center Parking.
• Once parked, go to the nearest pay station.
  ❖ **Hourly rate:** (Day time studies)
    - One hour $3
    - Two hours $6
    - Three hours $9
  ❖ **Daily rate:** $12 (Overnight Studies)

• Follow instructions on key pad.
• Pay using EXACT cash amount or with a credit card.
• Additionally, pay station only accepts $1 & $5 and **DOES NOT** give change in the form of cash or credit.
• Once finished, Display Permit on DASH

• Proceed to the MAIN ENTRANCE of CTRC/Sleep Disorder Center.

• Once inside both doors, ring the doorbell on the left hand side.
  ❖ **Note:** If you arrive before 8:00pm, please have a seat in our waiting room; Our Sleep Technologists will begin checking you in at 8:15pm.