

The Men's Clinic at UCLA



Discretion, dignity and respect

The Men's Clinic at UCLA is dedicated to male health and, in particular, to the treatment of conditions affecting men's urologic, sexual and reproductive health. With years of clinical experience in male reproductive medicine and surgery, our team has treated a wide variety of conditions and performed thousands of surgeries, providing patients with the highest level of quality, leading-edge care. Our providers understand the intimate nature of male fertility and sexual difficulties and treat all men with discretion, dignity and respect.

Our clinical programs specialize in:

- Infertility
- Sperm retrieval
- Vasectomy
- Vasectomy reversal
- Erectile dysfunction (ED)
- Post-prostatectomy erectile dysfunction (PPED) and penile rehabilitation
- Peyronie's disease
- Low testosterone (hypogonadism)





The patient experience

Nearly one-third of men today report that they do not use a regular source of healthcare and are typically less likely than women to undergo routine checkups or openly discuss their medical issues. As a result, men are missing impactful opportunities for a healthy lifestyle, as well as preventive screenings for a variety of male medical conditions.

At The Men's Clinic at UCLA, our uniquely tailored program allows men to feel welcome, at ease and cared for when seeking answers to intimate health issues.

Male fertility

Infertility

When couples struggle with infertility, timely evaluation of the male partner is crucial. The Men's Clinic at UCLA offers all aspects of male fertility diagnosis and treatment, as well as in-house, same-day semen analysis testing for instant results, so couples don't have to anxiously wait. Male fertility problems can stem from hormone imbalances, anatomic abnormalities, genetic factors, blockages in sperm transport or medications. The physicians at The Men's Clinic at UCLA will diagnose the issue and offer personalized treatment options, including medical and state-of-the-art surgical management.

Sperm retrieval

Sometimes, the only method for a man to achieve biologic fatherhood is through surgical sperm extraction. At The Men's Clinic at UCLA, experienced surgeons use advanced microsurgical techniques to extract sperm for in vitro fertilization and coordinate the care plan with the female partner's reproductive endocrinologist. There are several ways to do this procedure. The physicians at The Men's Clinic at UCLA will work with each patient to determine which option is best for his individual needs.

Vasectomy

When a couple has met its fertility goals, doctors at The Men's Clinic at UCLA offer vasectomy as a permanent surgical option for birth control. Vasectomy is a safe, minimally invasive office procedure that takes less than 30 minutes. Physicians at The Men's Clinic at UCLA typically use the no-scalpel technique to minimize incision size and shorten recovery time.

Vasectomy reversal

Vasectomy reversal is an option for couples that would like to conceive a child naturally after a vasectomy has been performed. Patients at The Men's Clinic at UCLA can expect to be seen by highly-trained surgeons. Our physicians offer two different surgeries (vasovasostomy and vasoepididymostomy) to restore the flow of sperm for couples to pursue spontaneous pregnancy. Freezing of sperm at the time of reversal is also offered.



Male sexual health

Erectile dysfunction

Erectile dysfunction (ED) is a common problem affecting more men as they age. Our goal at The Men's Clinic at UCLA is to diagnose the cause of ED by evaluating a man's overall health and risk factors for erectile dysfunction. We assess his cardiovascular health and lifestyle and provide individualized therapy for an individualized problem. The Men's Clinic at UCLA offers customized treatment plans, including injection therapy, and is a high-volume penile implant center for surgical correction of ED.

Post-prostatectomy erectile dysfunction (PPED)/penile rehabilitation

Men who undergo pelvic surgery, particularly for prostate and bladder cancers, are at risk of losing erectile function after their life-saving procedures. At The Men's Clinic at UCLA, experts offer cancer survivors comprehensive evidence-based options to preserve sexual function as best as possible. We offer state-of-the-art pre-surgical counseling and post-surgical treatment options to give men the best chances of restoring sexual function and intimacy with their partners. Therapies include oral medications, physical therapy, injection therapy and penile-implant surgery for men who do not regain satisfactory sexual function.



Peyronie's disease

Peyronie's disease is an often debilitating connective tissue disorder that causes the penis to bend with erection. Caused by scar-tissue build-up inside the penis, Peyronie's disease can be painful, prevent normal intercourse and be psychologically devastating to men and their partners. The Men's Clinic at UCLA offers medical and surgical therapies for Peyronie's disease and has the world's leading experts in the administration of novel FDA-approved medications designed to dissolve the abnormal penile scar tissue.

Low testosterone (hypogonadism)

As men age, their testosterone levels often decline. Testosterone may decline as a normal part of aging, but when a man starts to suffer loss of energy, libido, muscle mass and difficulty achieving or maintaining an erection, he may have hypogonadism. This is a complex disorder that needs expert treatment, including education on healthy lifestyle changes as well as medical therapy. Doctors at The Men's Clinic at UCLA will create a personal care plan that addresses each man's unique hormonal, nutritional and fitness needs.



The Men's Clinic at UCLA

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