



Highlighting Factors Contributing to Women's Health Inequities

*Findings from the **Health Indicators for Women in
Los Angeles County Report***

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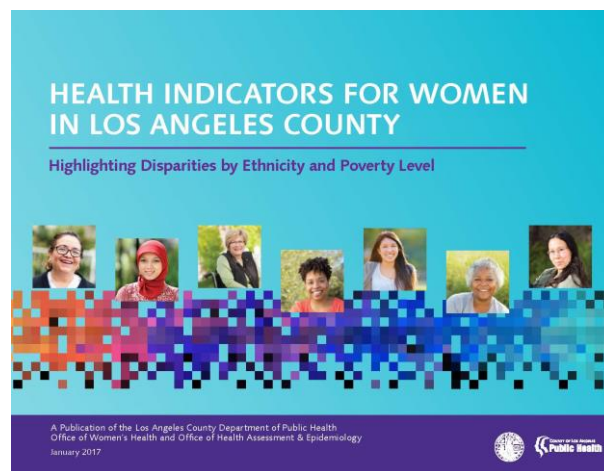
Los Angeles County Department of Public Health

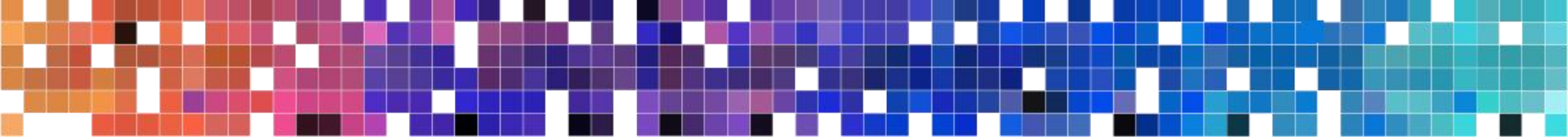
Advancing Women's Health Equity and Financial Literacy

March 28, 2017

Health Indicators for Women in Los Angeles County

- 4th Edition of this report:
 - 100+ standard health indicators
 - By race/ethnicity and federal poverty level
 - Special health topics
- Data Sources – 2013 to 2016
 - Population based surveys
 - LACHS, LAMB, CHIS
 - Public Health Disease Reporting Systems and Registries
 - CA State Birth, Death, ER and Hospital Discharge Data
 - US Census Bureau – American Community Survey
 - Los Angeles Housing Services Authority - Homeless Count





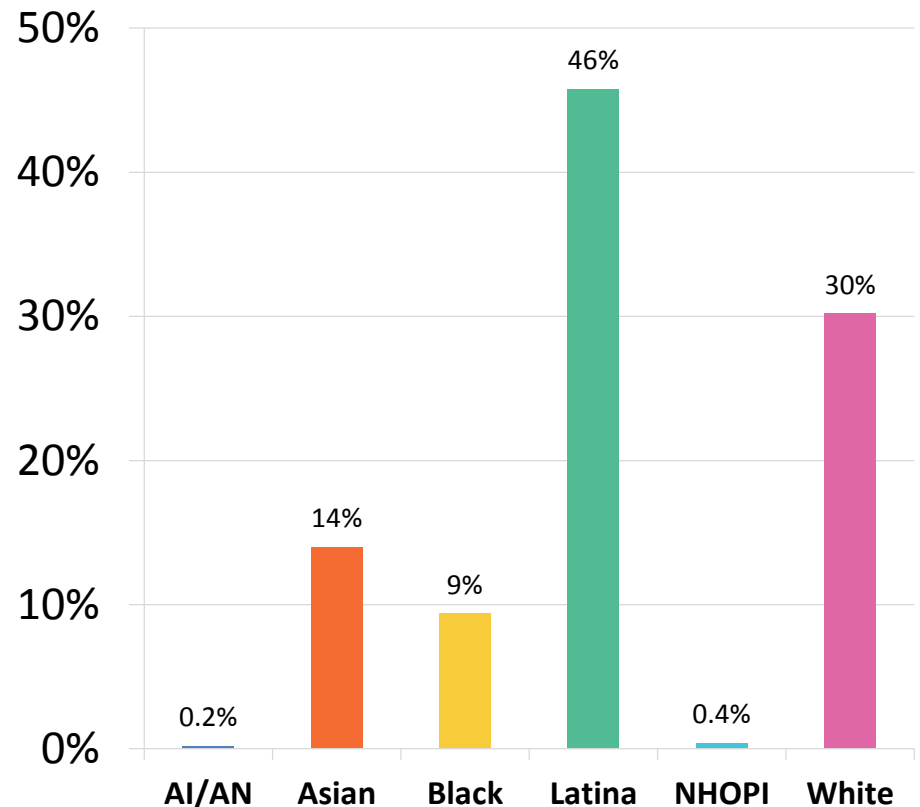
Demographics

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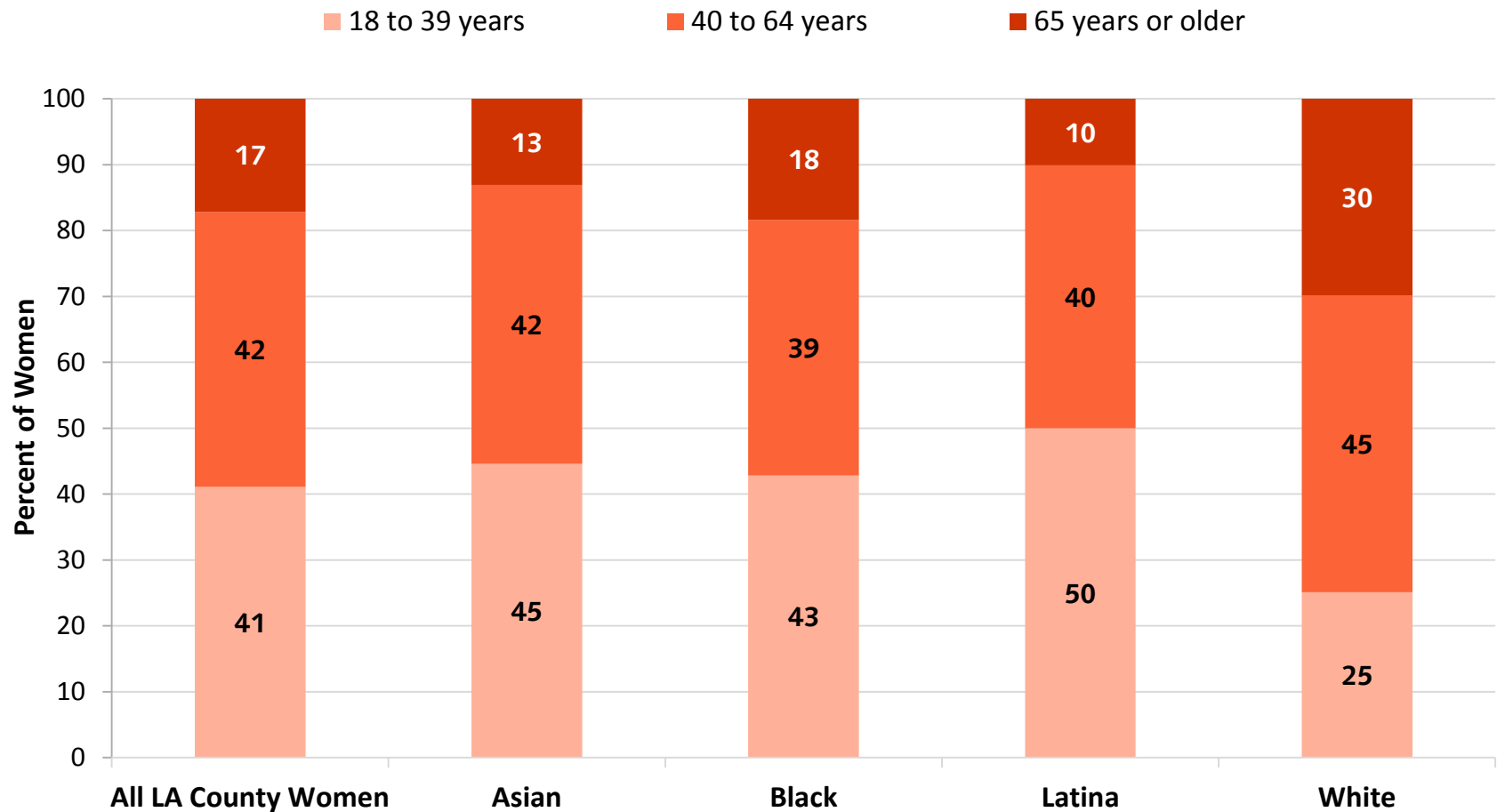
Diversity of Women in LA County

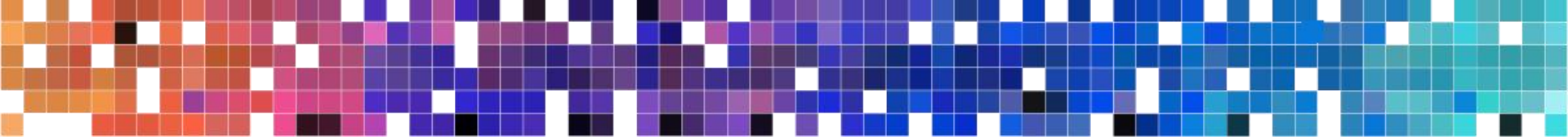
- 3.5 million adult women
- 70% are women of color
- About 46% of women are foreign-born
 - 76% of Asian women
 - 64% of Latinas
- 37% mostly speak a language other than English at home
- 17% single adults with children

Women by Race/Ethnicity



Women in Los Angeles County by Age and Race/Ethnicity, 2015





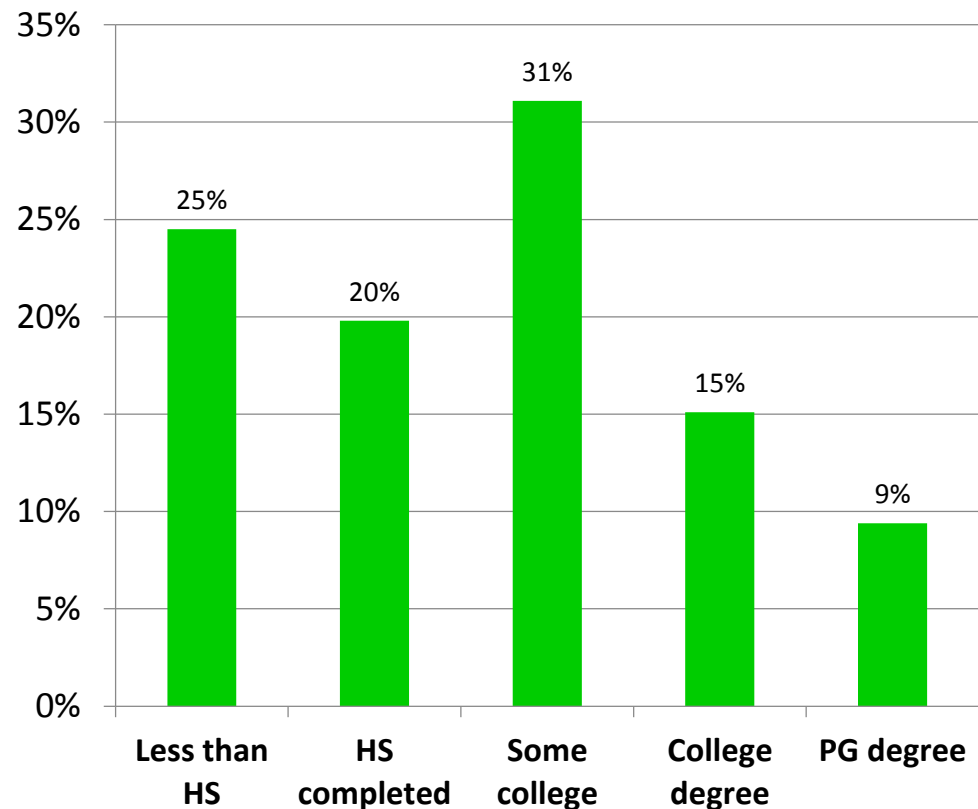
Determinants of Health

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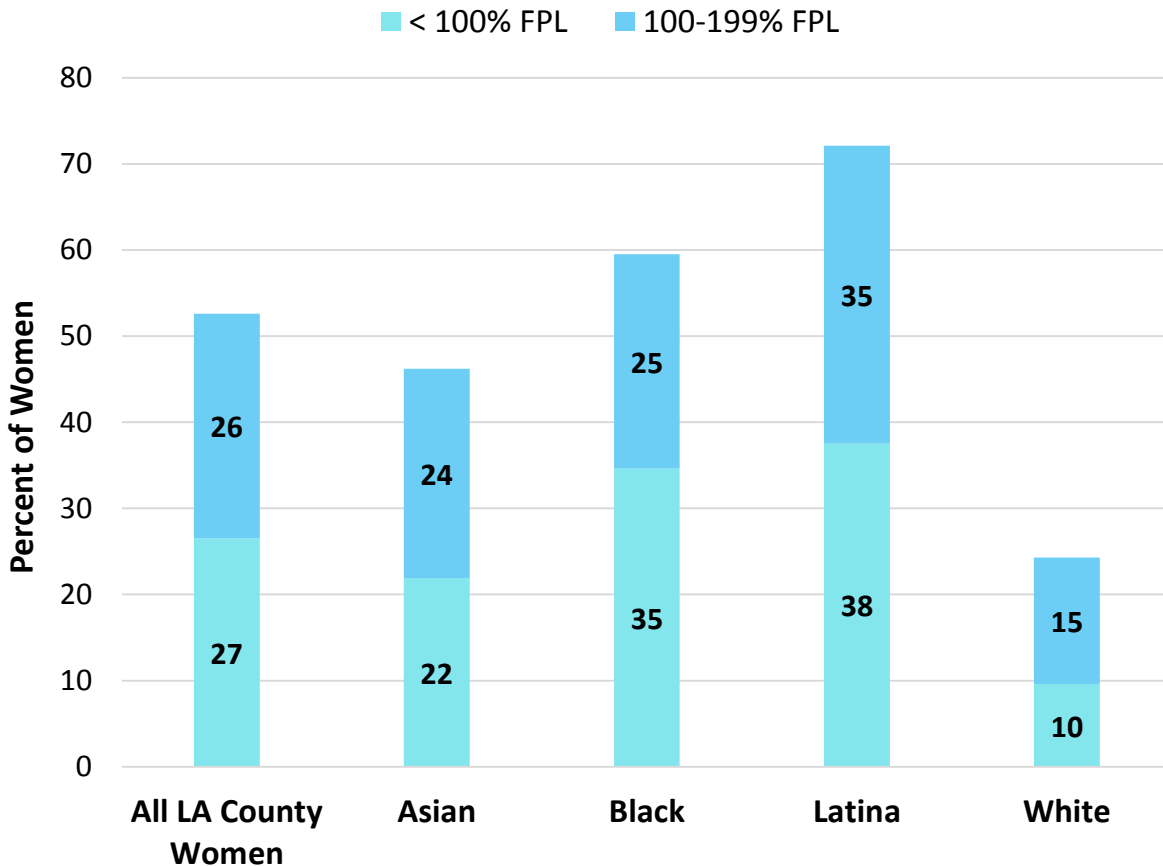
Education Level Among Women

- 25% of women have a less than high school education compared to 20% of men
- And 24% of women compared with 30% of men have a college or higher degree
- Half of women living in poverty have a less than high school education
- 45% of Latinas have a less than high school education

Women by Education Level

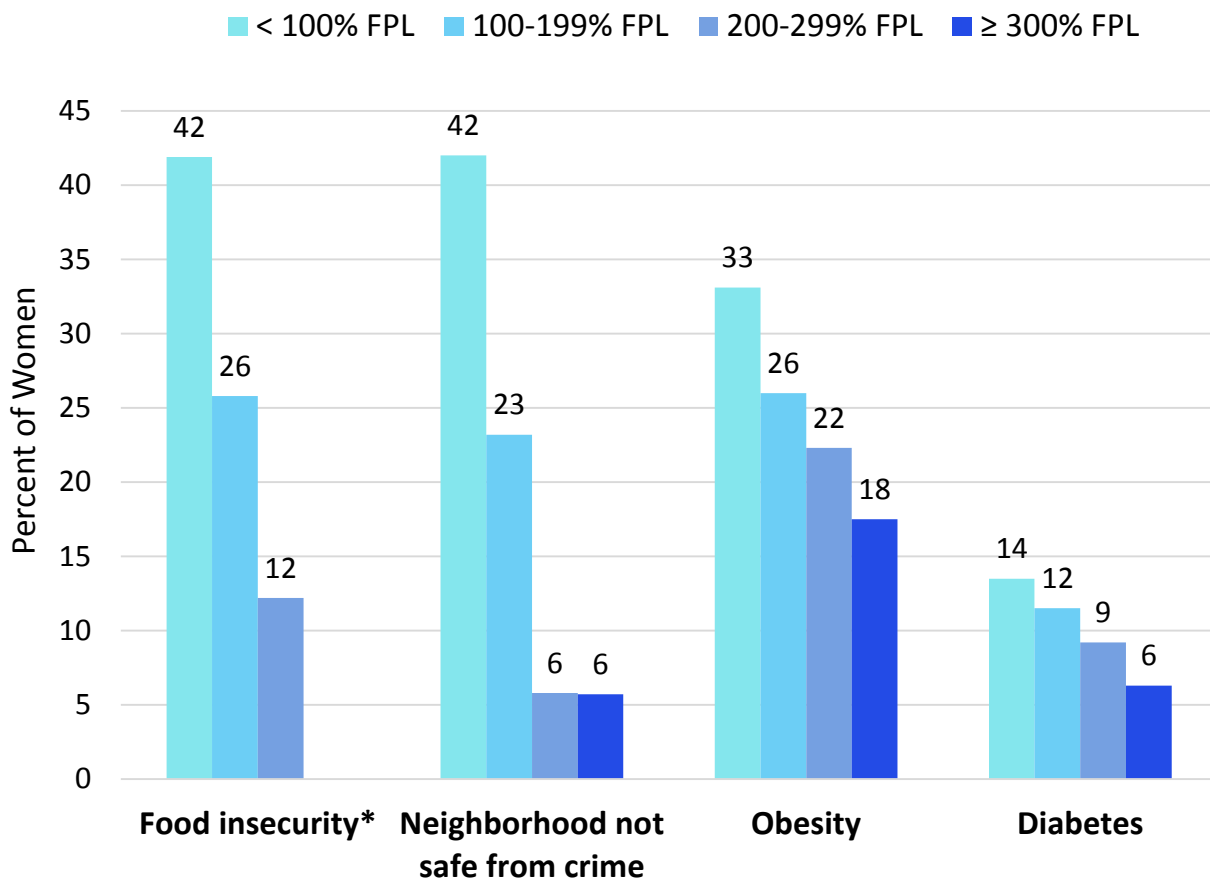


Percent of Women Who Live Below 200% of the Federal Poverty Level (FPL) in Los Angeles County by Race/Ethnicity, 2015



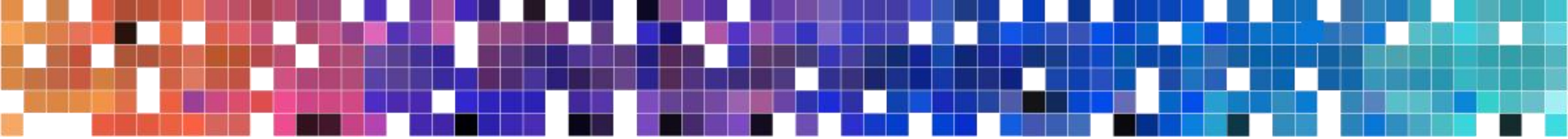
- **1 in 4 women** live in poverty (< 100% FPL) and **over half of women** live at < 200% FPL.
- Over 70% of **Latinas** and 60% of **black women** live at < 200% FPL.

Determinants of Health and Health Outcomes for Women in Los Angeles County by Federal Poverty Level (FPL), 2015



- Poverty is linked to **higher food insecurity** and women reporting **living in unsafe neighborhoods**.
- Low-income women have **higher prevalence of obesity and diabetes** than women living at higher incomes.

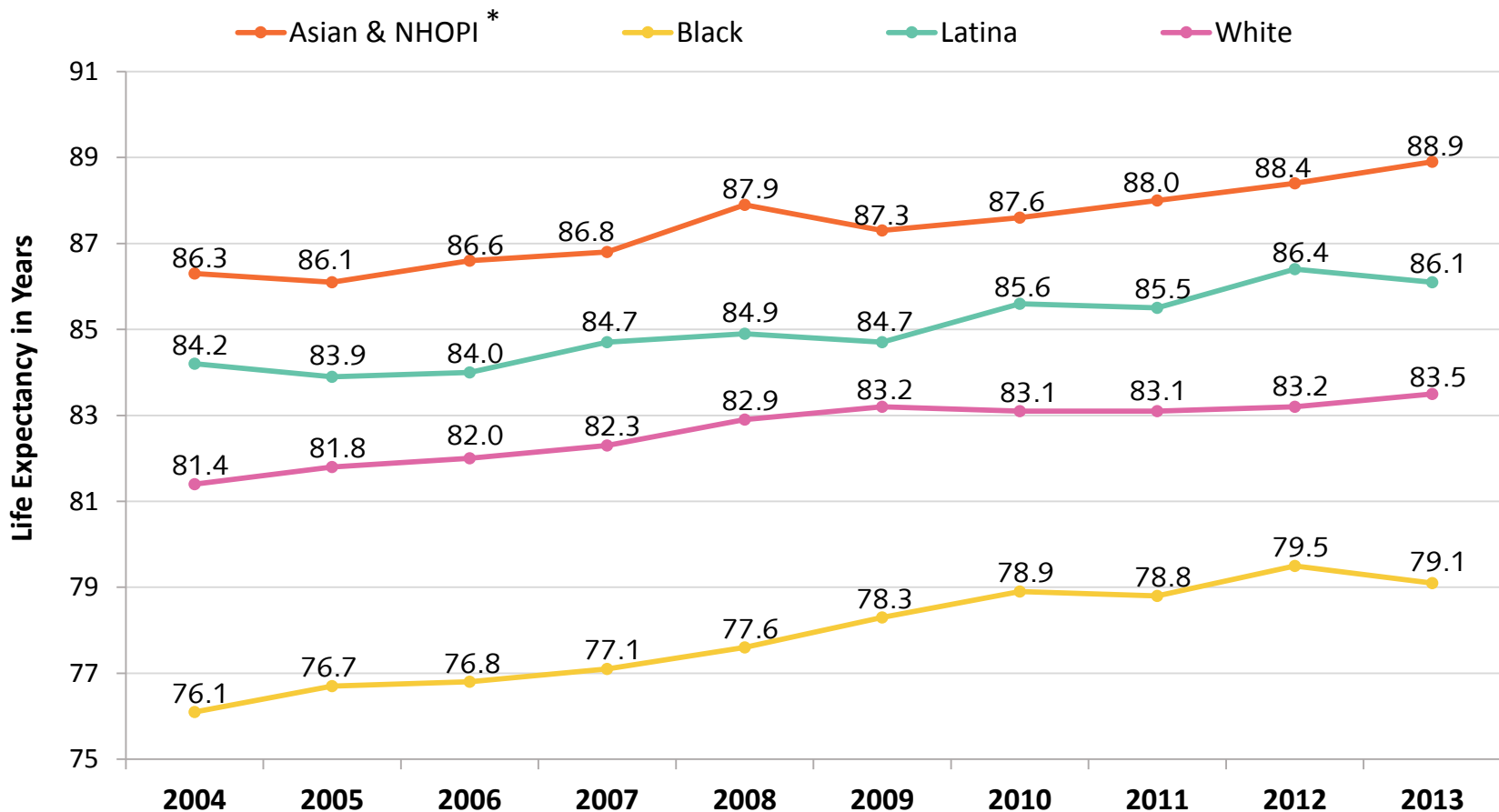
* Food insecurity reported for adults with household incomes < 300% FPL only



Health Status

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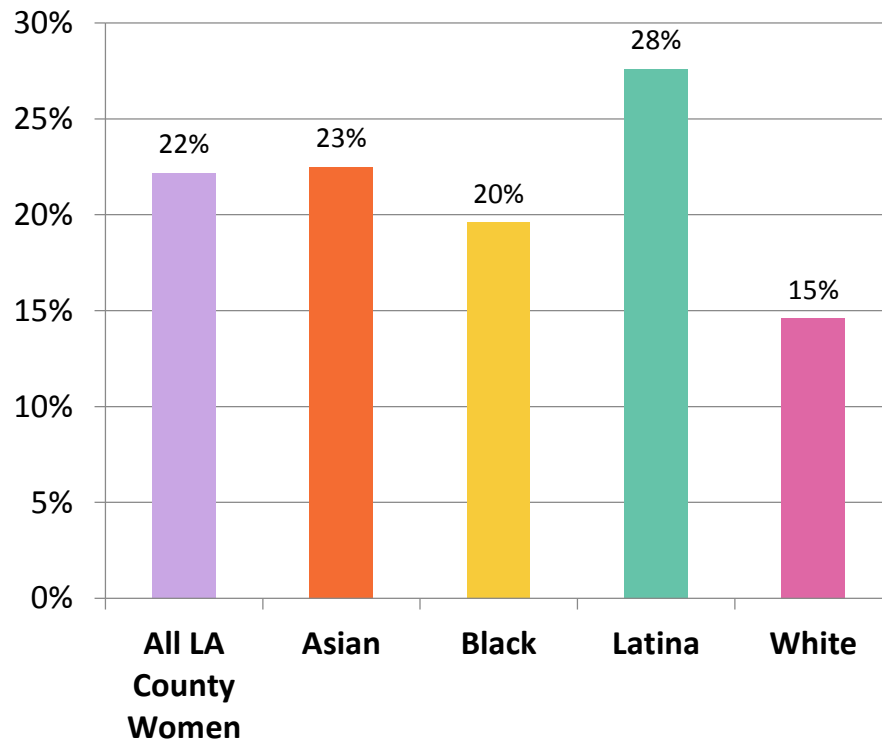
Average Life Expectancy at Birth among Females in Los Angeles County by Race/Ethnicity, 2004-2013



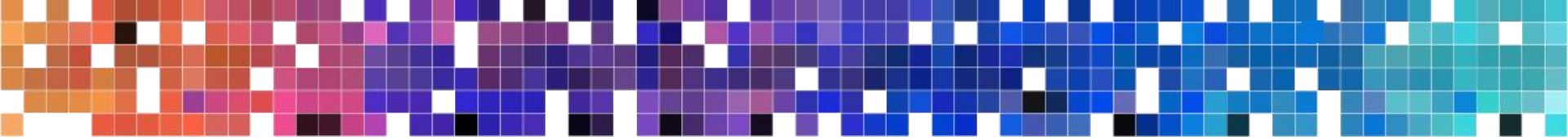
* Data Includes NHOPI, not just Asian women alone

Self-Reported Health Status

Fair or Poor Health among Women by Race/Ethnicity



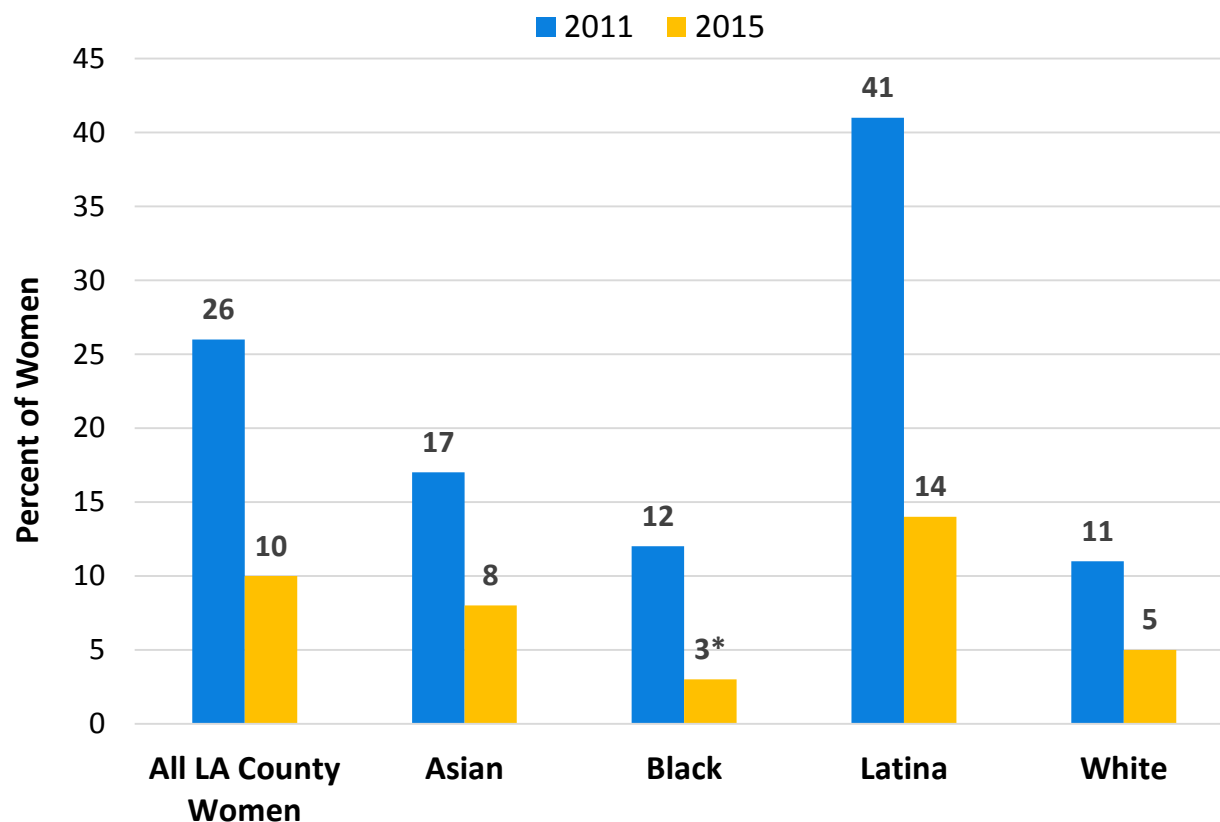
- About 22% of women in LA County report a fair or poor health status.
- A significantly higher percent of Latinas report a fair or poor health (28%).
- Among those living in poverty, 37% report a fair or poor health status.



Health Care Coverage & Access

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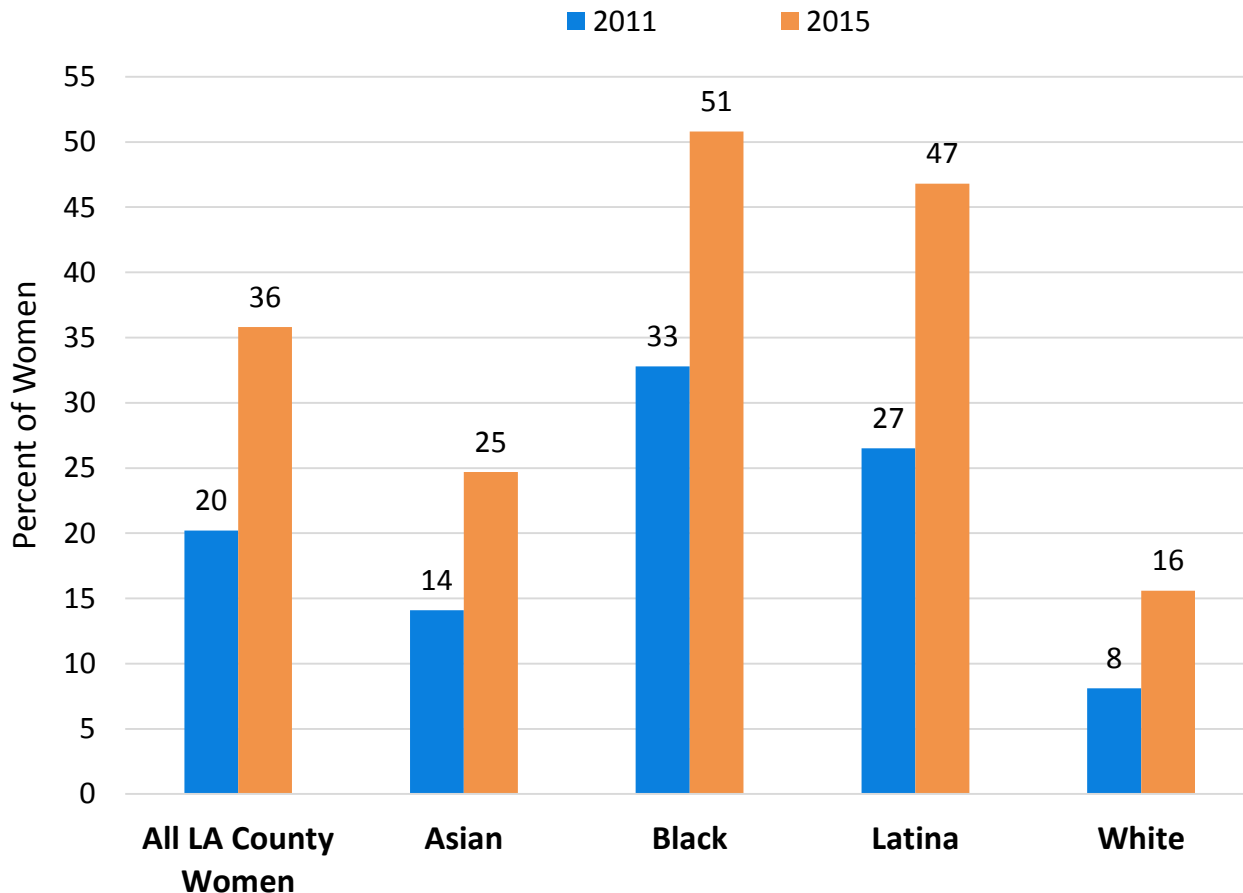
Change in Percent of Uninsured Women (18-64 years) in Los Angeles County by Race/Ethnicity from 2011 to 2015



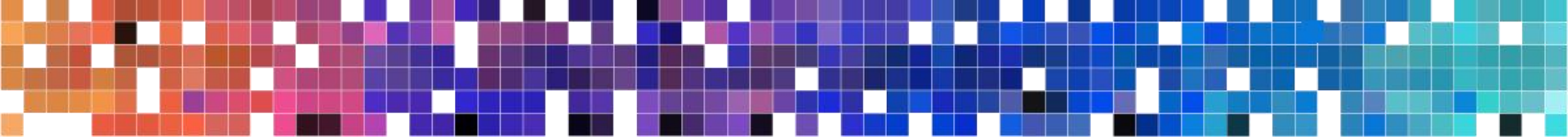
- Percent of uninsured women **decreased by more than half** from 26% in 2011 to 10% in 2015.
- Largest decrease was among **Latinas**. (41% to 14%)

* Estimate is statistically unstable

Change in Percent of Women (18-64 years) Covered by Medi-Cal in Los Angeles County by Race/Ethnicity from 2011 to 2015



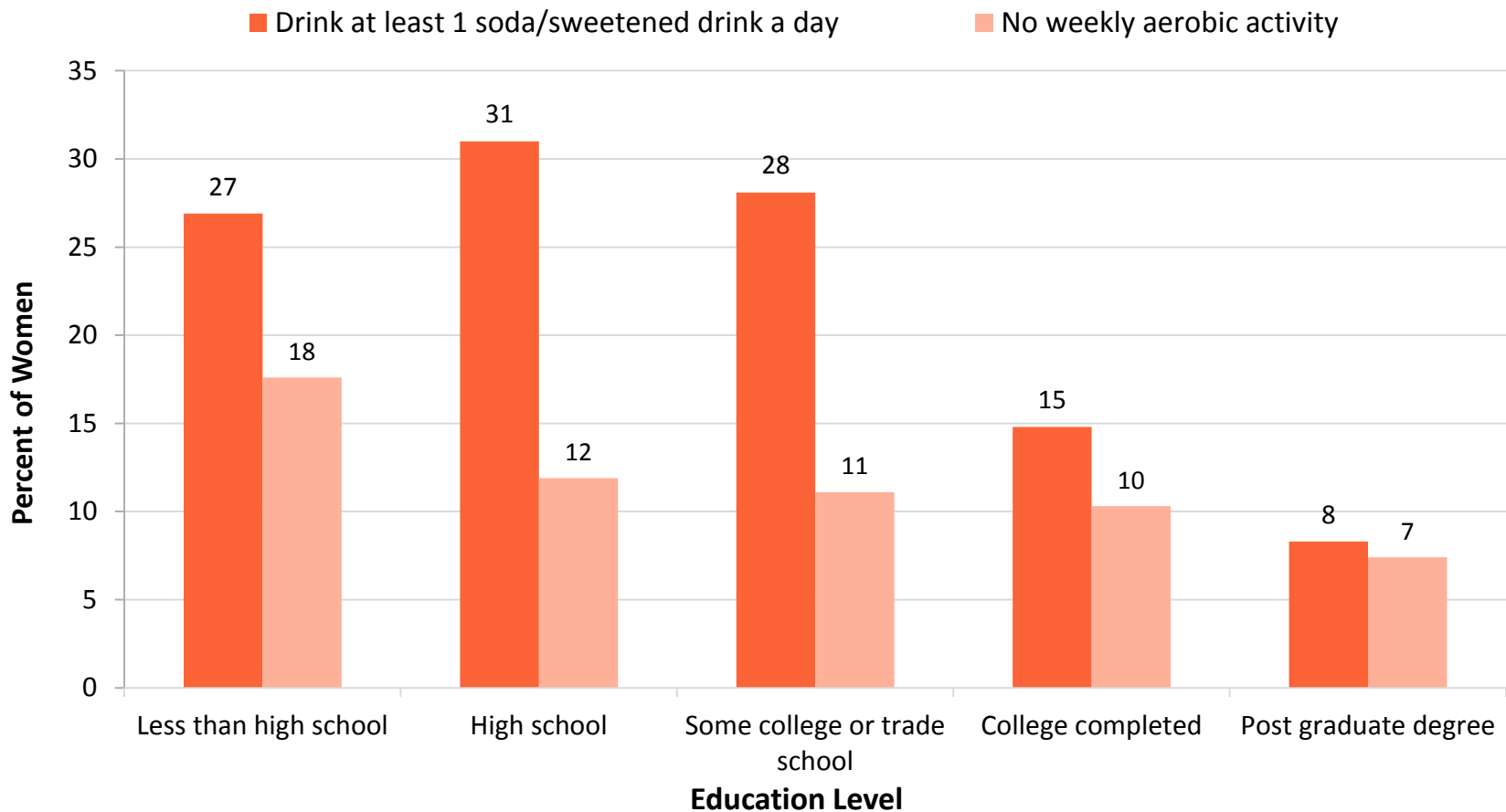
- Percent of women covered by Medi-Cal **increased** from 20% in 2011 to 36% in 2015.
- Largest increase was among **Latinas** (27% to 47%) and **black women** (33% to 51%).



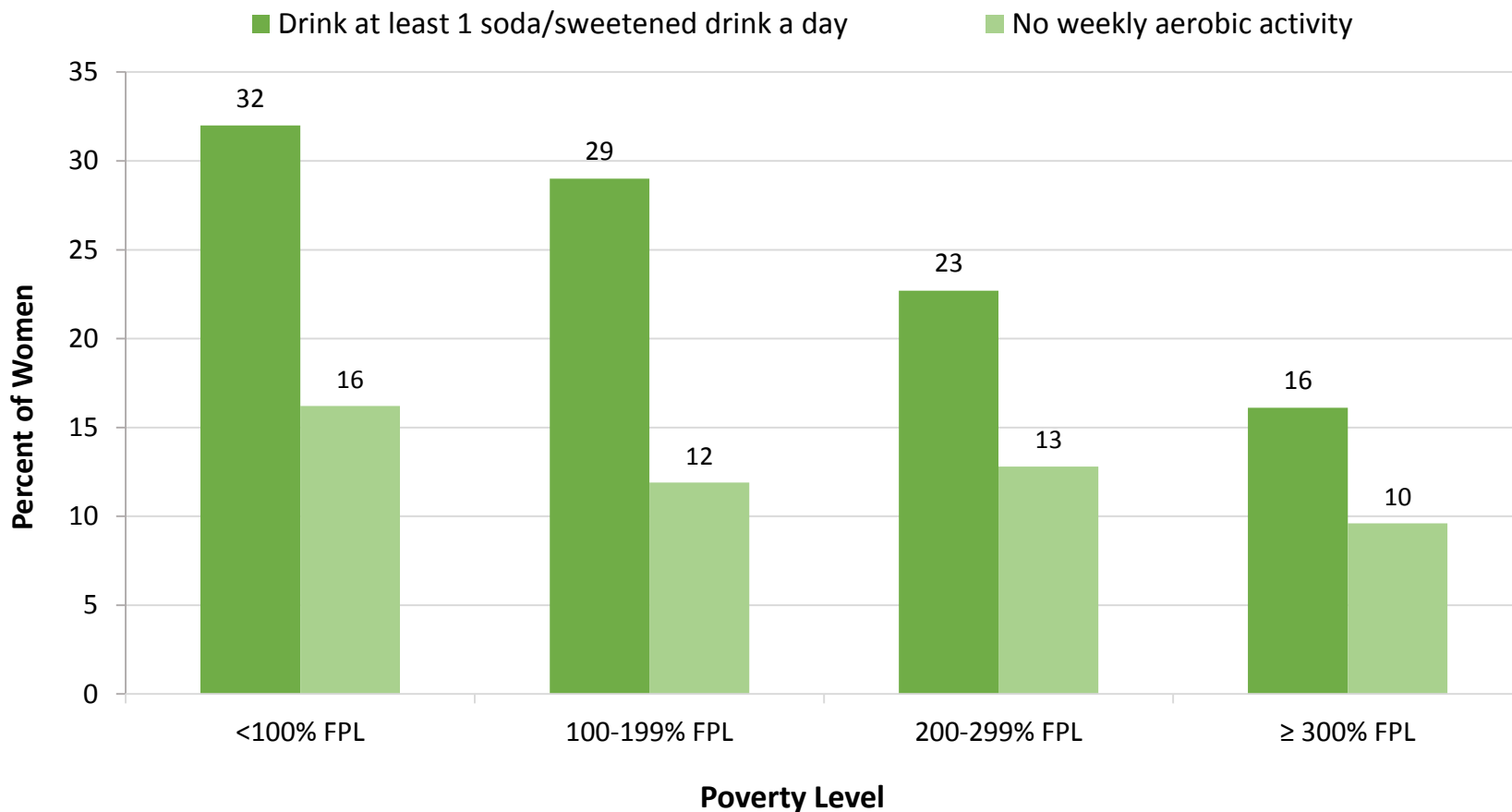
Health Behaviors

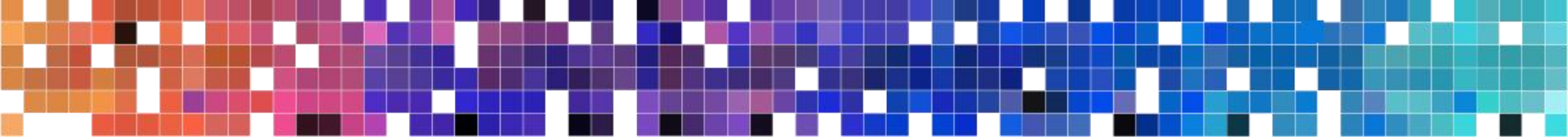
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Soda Consumption and Aerobic Inactivity among Women in Los Angeles County by Education Level, 2015



Soda Consumption and Aerobic Inactivity among Women in Los Angeles County by Federal Poverty Level (FPL), 2015

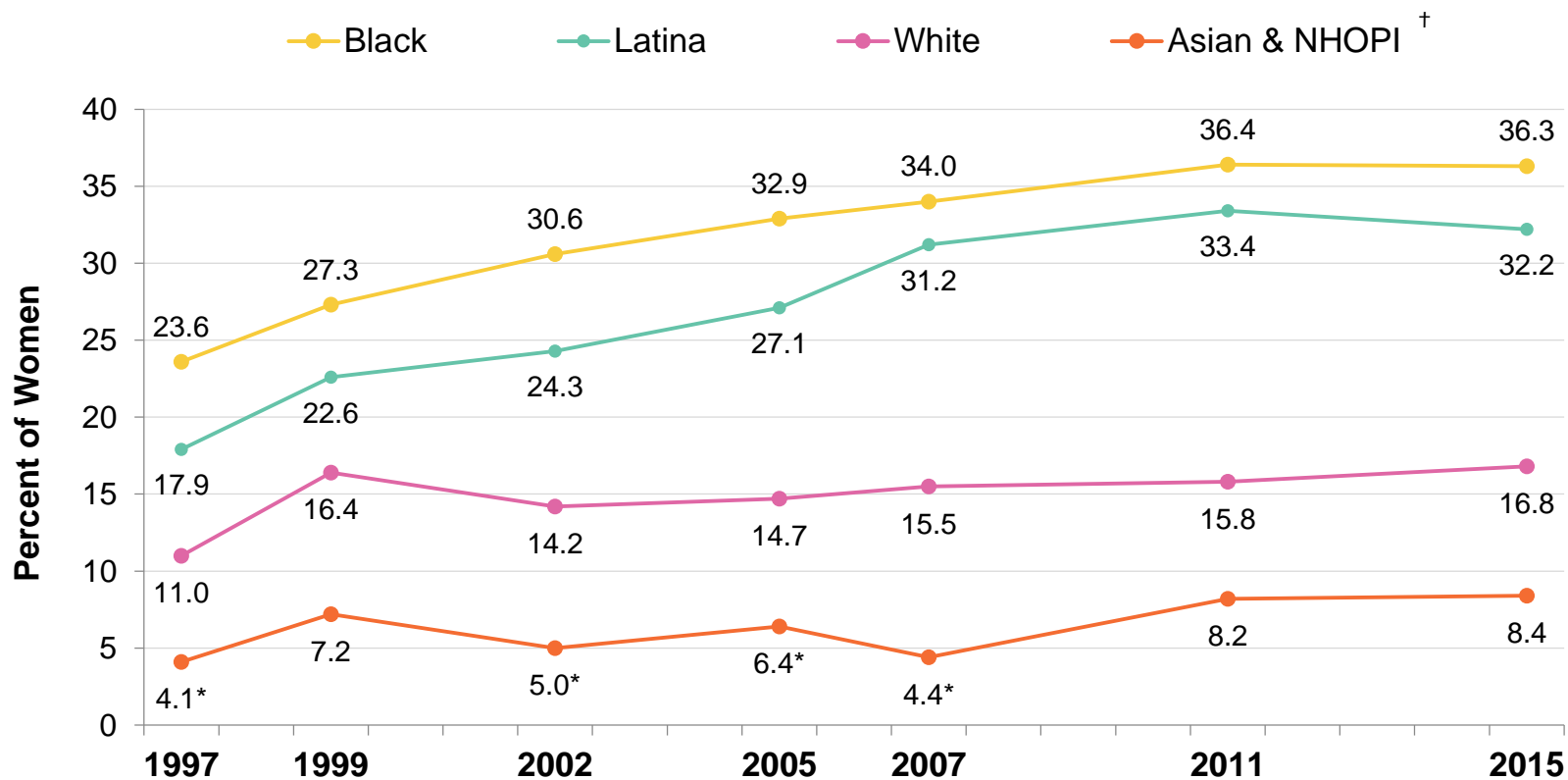




Health Conditions

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Percent of Women with Obesity in Los Angeles County by Race/Ethnicity, 1997-2015



*Estimate is statistically unstable

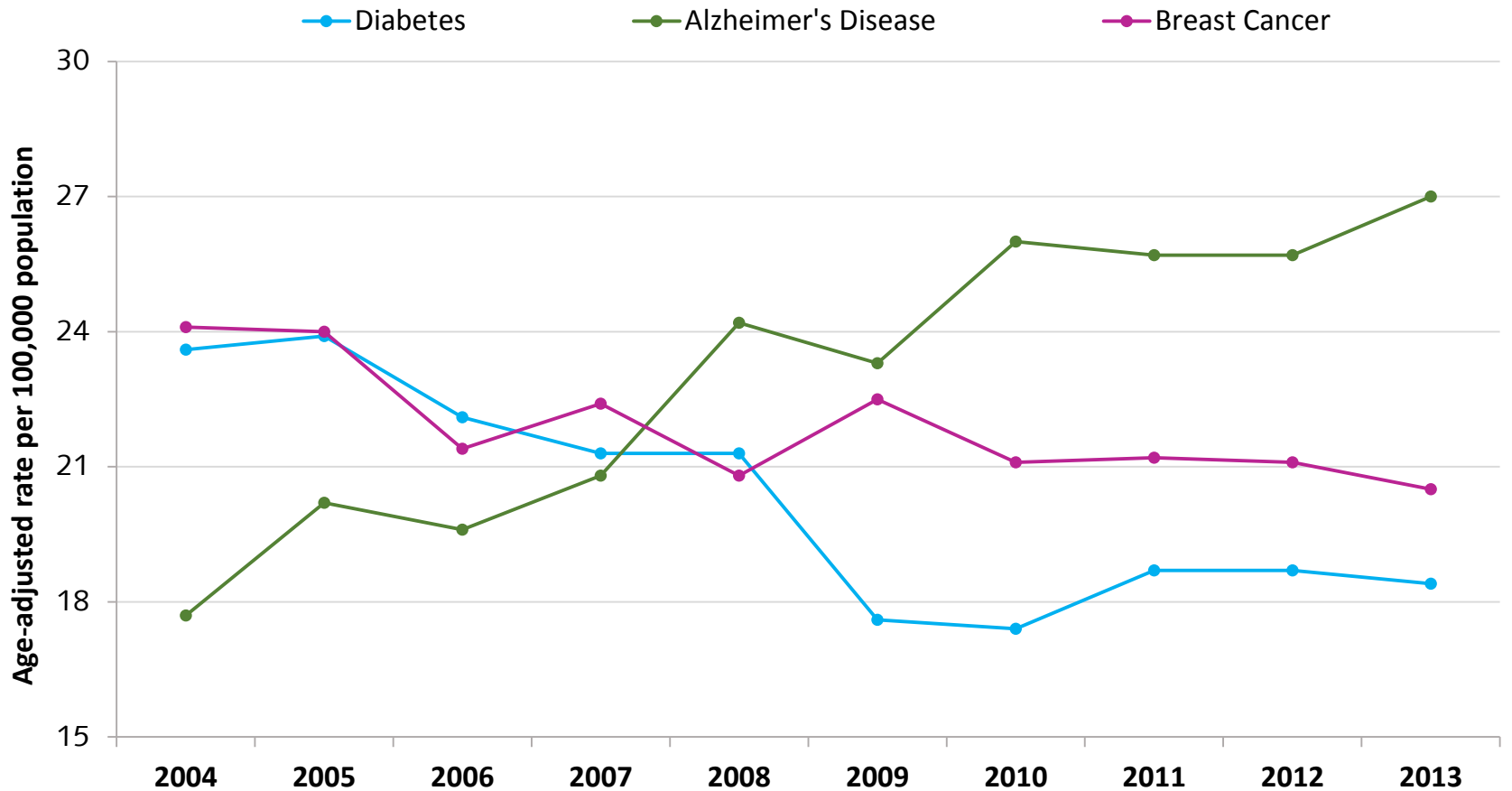
[†]Data includes NHOPI, not just Asian women alone

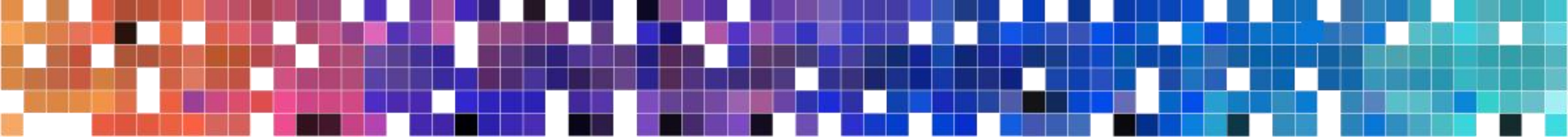


Ranking of Causes of Death and Premature Death Among Women, 2013

	Death		Premature Death
1	Coronary Heart Disease	1	Coronary Heart Disease
2	Stroke	2	Breast Cancer
3	Alzheimer's Disease	3	Lung Cancer
4	Emphysema/COPD	4	Unintentional Drug OD
5	Lung Cancer	5	Stroke
6	Pneumonia/Influenza	6	Diabetes
7	Breast Cancer	7	Motor Vehicle Crash
8	Diabetes	8	Liver Disease
9	Hypertension	9	Colorectal Cancer
10	Colorectal Cancer	10	Suicide

Selected Leading Causes of Death among Women in Los Angeles County, 2004-2013

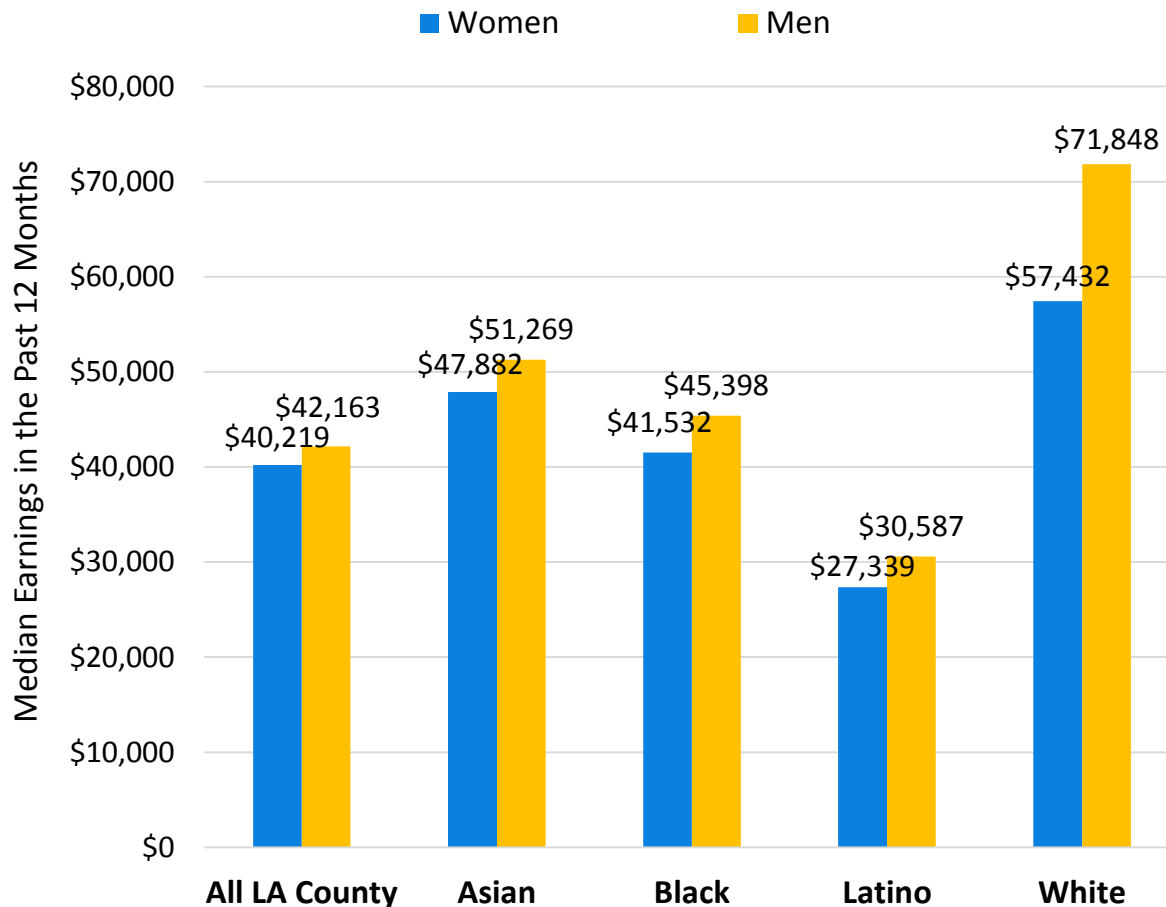




Economic Security & Well-Being

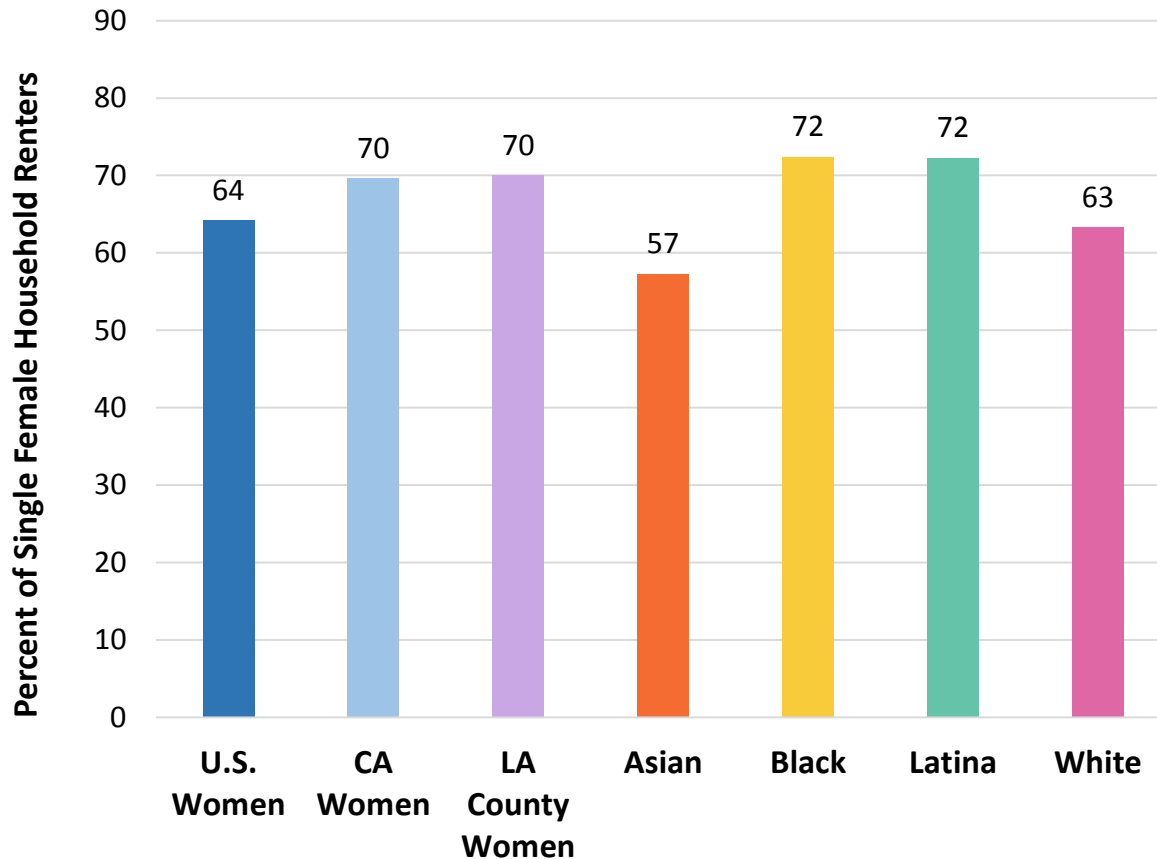
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Median Annual Earnings of Women and Men in Los Angeles County by Race/Ethnicity, 2014

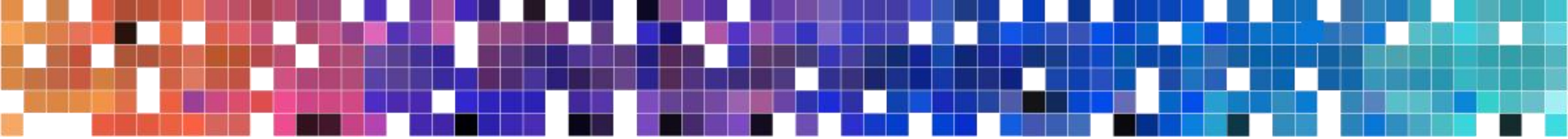


- **Latinas have the largest wage gap, making only 38% of the median earnings of white men, followed by black women at 58%, Asian women at 67% and white women at 80%.**

Percent of single female household renters that spend more than 30% of their gross income on rent



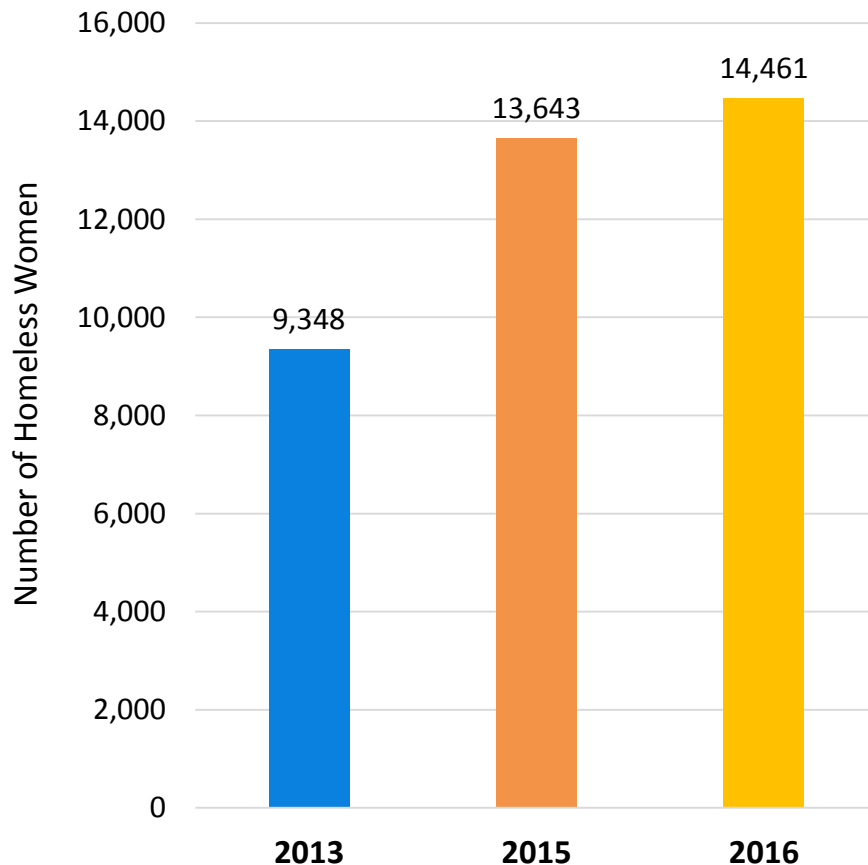
- 70% of women compared with 58% of men who are single family householder renters are spending more than 70% of their gross income on rent



Homelessness and Women

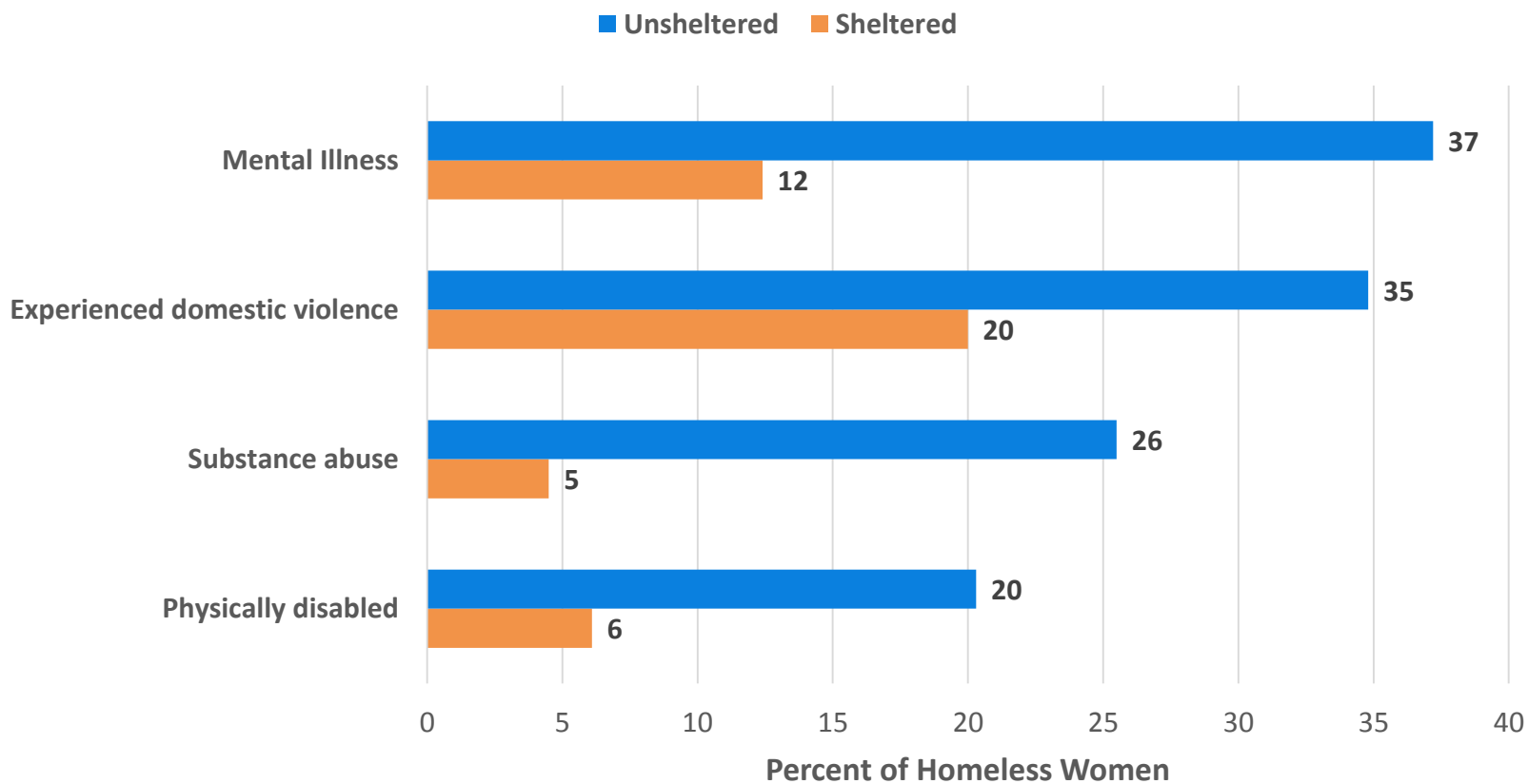
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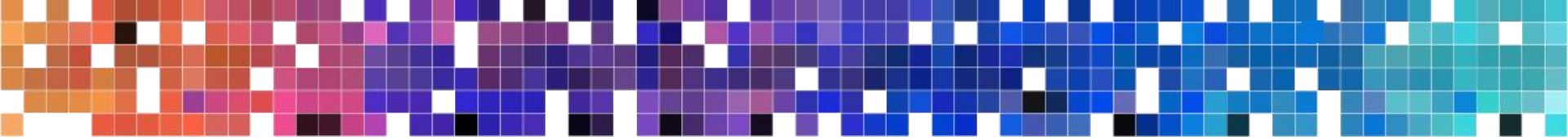
Number of Homeless Women in Los Angeles County from 2013 to 2016



- The number of women experiencing homelessness **increased by 55%** from 2013 to 2016.
- Approximately **70% of homeless women** in LA County (9,923 women) are **unsheltered**.
- Black women (40%), Latinas (29%) and white women (23%) make up the majority of homeless women.
- More homeless women are **living in families** than homeless men.

Selected Health and Social Characteristics of Homeless Women in Los Angeles County by Sheltered Status, 2016

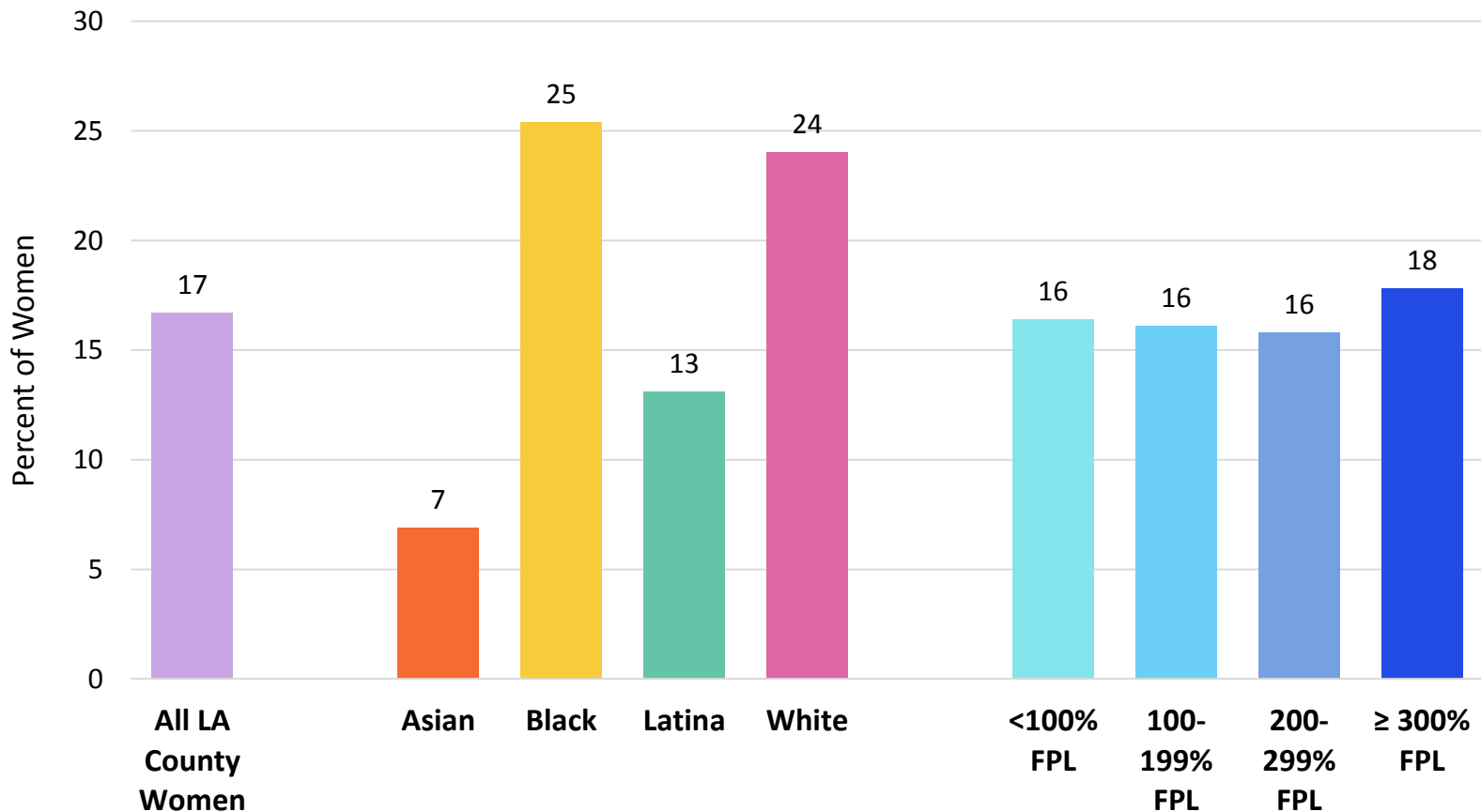




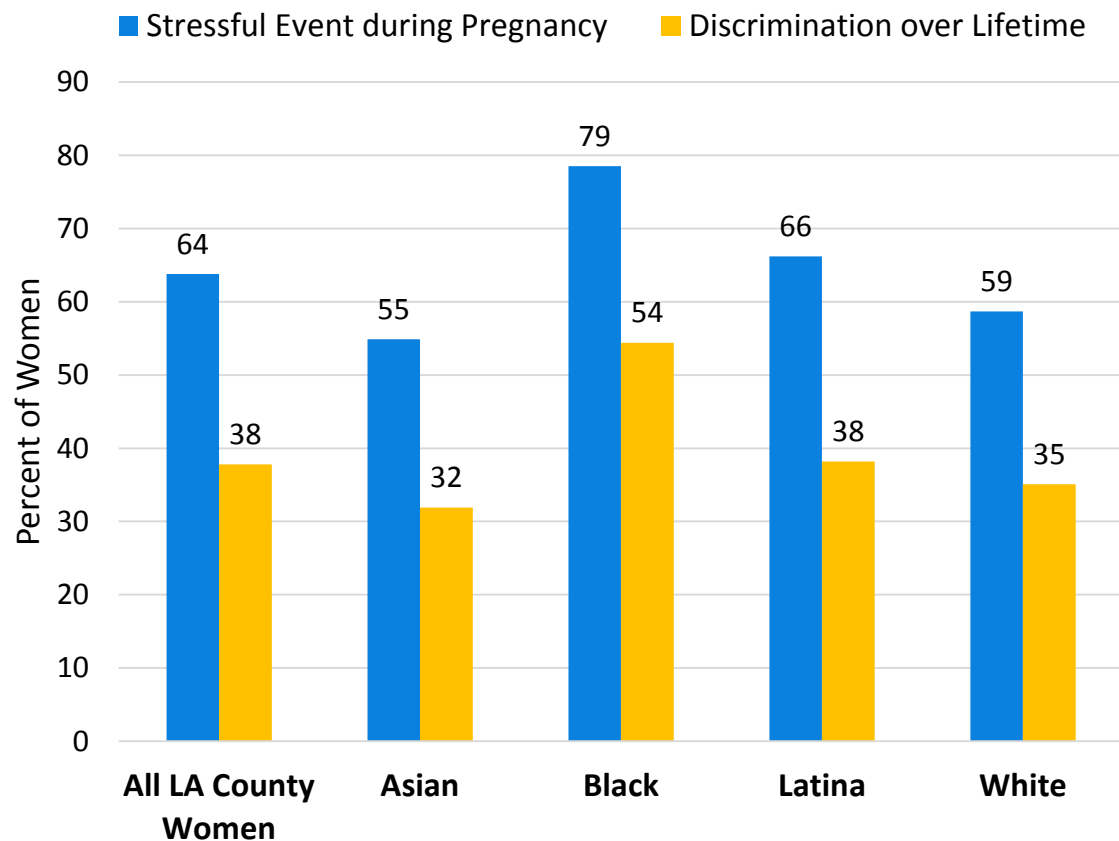
Trauma, Violence & Stress

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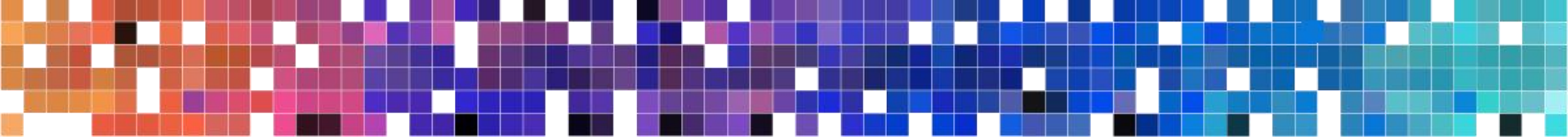
Percent of Women who Report Ever Experiencing Physical and/or Sexual Violence by an Intimate Partner in Los Angeles County, 2015



Percent of Women with a Recent Live Birth who Report a Stressful Event During Pregnancy and Experiencing Discrimination, 2014



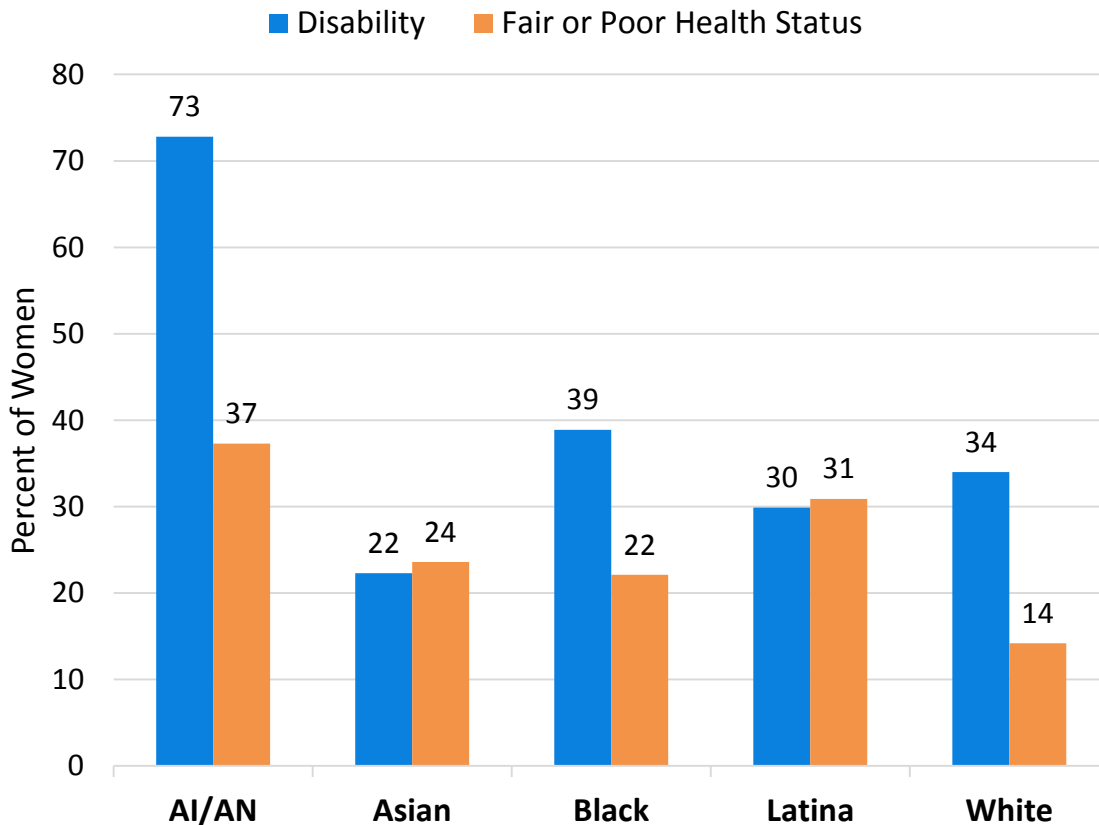
- Almost 80% of black women with a recent live birth report **experiencing a stressful event** during their last pregnancy
- Over 50% of black women with a recent live birth report **experiencing at least one incident of discrimination** over their lifetime.



American Indian/Alaskan Native Women

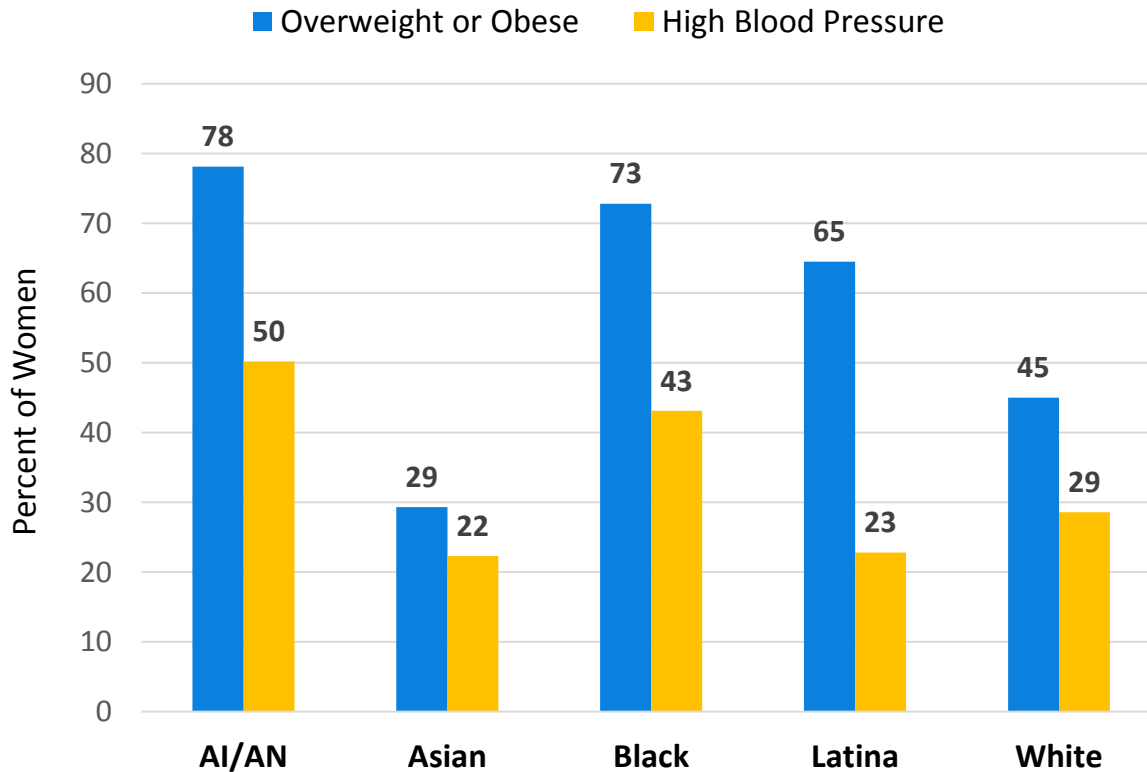
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Percent of Women Reporting a Disability and Fair or Poor Health Status in Los Angeles County by Race/Ethnicity, 2011-2014



- 73% of AI/AN women report a disability, far higher than women from other race/ethnic groups.
- 37% of AI/AN women report a fair or poor health status.

Percent of Women with Overweight or Obesity and High Blood Pressure in Los Angeles County by Race/Ethnicity, 2011-2014



- AI/AN women have the highest rates of poor health outcomes such as overweight or obesity and high blood pressure.
- Mortality rates from coronary heart disease and diabetes are higher among AI/AN women than women of other race/ethnic groups.



Conclusions



- Diverse population with unique health needs
 - Projected to become more diverse
- Evidence of gains made in health
 - Health insurance coverage, obesity, leading causes of death
- Significant health inequities remain
 - Multitude of social, physical and economic factors
- Impact of deep-rooted determinants of health
 - Trauma, discrimination, racial bias, homelessness



Looking to the Future



- How to protect, preserve and advance Women's Health in the current environment?
- Protecting the most vulnerable
- Preserving the gains made through ACA
- Advancing our understanding of factors contributing to women's health inequities



Thank You!

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