



Getting and Staying In Touch with Legislators

Legislators love to know that their constituents are active and care. You can stay on top of your legislators' activities by subscribing to their newsletters, following them on Facebook or Twitter, attending local town halls, and arranging visits with your legislators to discuss issues when they are in the district.

Here are a few web links to help you get started:

Who represents you in the California legislature? Go to this link and type in your address:
<http://findyourrep.legislature.ca.gov/>

List of members of the California Assembly and links to their websites:
<http://assembly.ca.gov/assemblymembers>

List of members of the California Senate and links to their websites:
<http://senate.ca.gov/senators>

You can track bills and how your legislators vote at:
<http://www.leginfo.ca.gov>

Community Health Status Indicators

County Health Roadmap

The *County Health Rankings & Roadmaps* program helps communities identify and implement solutions that make it easier for people to be healthy in their neighborhoods, schools, and workplaces. Ranking the health of nearly every county in the nation, the *County Health Rankings* illustrate **what we know** when it comes to what is keeping people healthy or making people sick and how the opportunity for good health differs from one county to the next. Supporting a call to action, the *Roadmaps* show **what we can do** to create healthier places for everyone to live, learn, work, and play. The Robert Wood Johnson Foundation collaborates with the University of Wisconsin Population Health Institute to bring this program to communities across the nation.

<http://www.countyhealthrankings.org/>