April 16, 2020

Dear patients, families, and friends,

In order to maintain a safe environment during these extraordinary times, we have updated our visitor guidelines and masking policy for Obstetrics and the Mattel Children’s Hospital.

Universal Masking
At UCLA Health, we practice universal masking to ensure your safety and that of all of our patients, providers and staff. Visitors will be screened for symptoms and given a face covering when entering the hospital. It is expected that the visitor will keep the mask on for the entirety of their visit, including while in:

- **Ronald Reagan UCLA Medical Center**: Labor & Delivery, 5E Postpartum Maternity, Neonatal Intensive Care Unit (NICU), Pediatrics Intensive Care Unit (PICU), Pediatric Thoracic Care Unit (PTCU), 5W Acute Care Pediatrics, 3F Pediatric Oncology
- **UCLA Medical Center, Santa Monica**: Labor & Delivery, 2MN Postpartum Maternity, 6NM Pediatrics and Neonatal Intensive Care Unit.

Visitor guidelines for Obstetrics:

Visitors in the Labor and Delivery Unit at UCLA Health locations are limited to one support person during the delivery and post-partum period.

- A support person with fever, cough or other flu-like symptoms will not be allowed to remain with the laboring mother.

- COVID-19 positive support persons will not be allowed to visit unless seven days have passed since symptom onset and three days have passed since the support person last had a fever without the use of a fever-reducing agent.

Confirmed, probable or suspect COVID-19 pregnant patients who need to be admitted to UCLA Health will not be allowed visitors.

- Any patient with fever and respiratory symptoms will be provided with a mask to wear, placed in her own room promptly, and evaluated by essential health care providers.

- Throughout labor, delivery and postpartum, the patient will be asked to wear a surgical mask to limit the exposure to the newborn and health care personnel.

- Following birth, newborns will be observed for viral symptoms.

**Day of discharge.** All education and discharge instructions for mother and newborn will be provided. Visitor will pick up mother and baby at patient drop off with car seat already installed.
Visitor guidelines for Mattel Children’s Hospital:

Ronald Reagan and Santa Monica Neonatal Intensive Care Unit (NICU):
NICUs have a unique setting of pods without private rooms/restrooms for the families. Food is not allowed in the units. The visitor needs to leave the unit for restroom breaks and meals.

Should your baby need to be admitted to the NICU
- The mother’s support person (e.g. father, other) may visit the infant(s) while mother is recovering from delivery.
- Mother and the support person (e.g. father, other) are considered the designated adult visitors for the neonate(s) for the duration of the hospital stay.
- Once mother is recovered from delivery and is able to visit, both she and one identified support person (e.g. father, other) are the designated visitors for the infant(s). Only one masked visitor is allowed in the NICU at one time.

COVID-19 confirmed, probable or suspected neonates in Ronald Reagan and Santa Monica NICU: Visitors will not be permitted due to the vulnerable patient population.

COVID-19 positive pediatric patients in Ronald Reagan Pediatrics Intensive Care Unit (PICU), Pediatric Thoracic Care Unit (PTCU), 5W Acute Care Pediatrics, 3F Pediatric Oncology and Santa Monica 6NW Pediatrics: One designated visitor is restricted to the patient’s room and must wear a surgical mask at all times. Only one masked visitor is allowed at one time. Meals will be provided for the designated visitor.

We appreciate your understanding and cooperation.

For additional information, please visit uclahealth.org/coronavirus.

Sincerely,

Johnese Spisso, MPA
President, UCLA Health
CEO, UCLA Hospital System

Robert Cherry, MD, MS, FACS, FACHE
Chief Medical and Quality Officer