

Dear patients and families,

Thank you for choosing UCLA Health for your health care needs. As we continue to navigate the COVID-19 pandemic, we are committed to maintaining the safety of our patients, their families and our health care professionals and staff.

We are pleased to announce that with our universal masking policy and temperature and symptom screening protocol in place for everyone who enters our hospitals and clinics, we can safely remove some of our previous visitation restrictions. While we recognize that all of us must remain vigilant with face covering, physical distancing and hand washing, we value the importance of our patients' support person/doula throughout your labor and delivery hospital stay. A labor support person can be someone who has agreed to provide support during labor (in addition to, or in place of your designated visitor). A doula is a support person that has been trained to provide one-to-one emotional and labor support in the labor and delivery rooms at both Ronald Reagan UCLA Medical Center and Santa Monica, UCLA Medical Center.

New guidelines have been put in place so that ***all patients can now begin receiving a second support/doula in Labor and Delivery 24/7 until the patient transfers to the postpartum unit.***

Please remember:

- Any visitor presenting with visible signs and symptoms, including fever or cough, will not be permitted to enter the facility.
- Visitors must present to the hospital information desk to receive a UCLA Health-supplied identification badge that must remain visible at all times.
- Support person/doula **must** wear a UCLA Health-provided face mask, practice hand hygiene when entering and exiting the building, and physical distancing in all areas and at all times when in the patient's labor and delivery room.
- Once the partner and support person/doula have arrived, they will be asked to remain in the hospital for the duration of labor and not switch out with another support person/doula.
- In the case of a caesarean delivery, only one support person will be permitted into the operating room. Due to COVID-19 and restrictions for social distancing, we will not be able to make any exceptions.
- Please know that there may be times when you will be asked to adjust your visit based on the individual patient care needs.
- Tablets are available in each patient room and can be used for virtual visits. Our staff are available to assist you.
- All clinic patients and visitors may have access to the dining commons.

We appreciate your understanding and cooperation. We recommend using FaceTime, Skype or the phone in your room to connect with and update your loved ones who cannot visit during your stay.

If you have questions or need additional information, please call our Office of Patient Experience at [\(310\) 267-9113](tel:3102679113). For additional information, please visit [uclahealth.org/coronavirus](https://uclahealth.org/coronavirus).

Sincerely,

**Debbie Suda**

Sr. Director, Mattel Childrens Hospital and Obstetric Services  
UCLA Health