COVID-19 Visitor Restrictions for Obstetrics

In order to maintain a safe environment during these extraordinary times, we have implemented new visitor restrictions:

**Labor and Delivery Unit at Westwood and Santa Monica locations**

- Visitors in the Labor and Delivery Unit are limited to one support partner during your labor and birth.
- Nurses will screen all visitors for signs/symptoms of fever and respiratory illness. A visitor with fever, cough or other flu-like symptoms will not be allowed to be the support person for a laboring mother. Healthy, asymptomatic visitors will be educated on good hand hygiene using soap and water and alcohol-based hand sanitizer before and after touching the patient or the newborn.
- After birth, the newborn will room with the mother.

**Please note:** Due to the COVID-19 pandemic, visitors will be restricted from postpartum and nursery areas to limit possible exposures.

Pregnant patients -- who have confirmed, probable or suspected of COVID-19 -- and need to be admitted to UCLA Health Westwood or Santa Monica:

- Any patient with fever and respiratory symptoms, regardless of travel history, will be provided with a mask to wear, placed in her own room promptly, and evaluated by essential health care providers.
- Throughout labor and delivery, the patient will be asked to wear a surgical mask to limit the exposure to the newborn, health care personnel and also to infection.
- Following the birth, newborns will be observed for viral symptoms. To limit possible exposures, no visitors are allowed.

**Day of discharge**

- All education and discharge instructions will be provided to the mother.
- Visitor will pick up mother and baby at patient drop off with car seat already installed.
COVID-19 Visitor Restrictions for Mattel Children’s Hospital

In order to maintain a safe environment during these extraordinary times, we have implemented new visitor restrictions:

**Ronald Reagan and Santa Monica Neonatal Intensive Care Unit (NICU):**

**On the day of delivery:**
- The mother’s support person (e.g. father) may visit the infant while mother is recovering from delivery.
- Once mother is recovered from delivery and is able to visit, she is considered the designated visitor for the infant for the duration of the hospital stay.

**When mother is discharged from the hospital:**
- Family will decide on one designated adult visitor to the NICU for the duration of the hospital stay.

**Visitation guidelines:**
- The designated visitor may spend the night.
- The designated visitor must stay in the NICU (except for bathroom and meal breaks). If the visitor must leave, hours of entry are between 9:00 am and 9:00 pm.
- The designated visitor will not be permitted to visit a neonatal patient who is suspected of COVID-19 or confirmed as COVID-19 positive.

**Ronald Reagan PICU/PTCU, 3F, 5W, Santa Monica 6NW:**
- Family will select one designated adult visitor for the duration of the hospital stay.
- The designated visitor may spend the night.
- The visitor is required to stay in the child’s room except for bathroom and meal breaks. If visitor must leave, hours of entry are between 9:00 am and 9:00 pm.
- Please note: The parent of a COVID-19 positive pediatric patient must remain in the patient’s room wearing a mask at all times.