

COVID-19 Visitor Restrictions for Obstetrics

In order to maintain a safe environment during these extraordinary times, we have implemented new visitor restrictions:

Labor and Delivery Unit at Westwood and Santa Monica locations

- Visitors in the Labor and Delivery Unit are limited to one support partner during your labor and birth.
- Nurses will screen all visitors for signs/symptoms of fever and respiratory illness. A visitor with fever, cough or other flu-like symptoms will not be allowed to be the support person for a laboring mother. Healthy, asymptomatic visitors will be educated on good hand hygiene using soap and water and alcohol-based hand sanitizer before and after touching the patient or the newborn.
- After birth, the newborn will room with the mother.

Please note: Due to the COVID-19 pandemic, visitors will be restricted from postpartum and nursery areas to limit possible exposures.

Pregnant patients -- who have confirmed, probable or suspected of COVID-19 -- and need to be admitted to UCLA Health Westwood or Santa Monica:

- Any patient with fever and respiratory symptoms, regardless of travel history, will be provided with a mask to wear, placed in her own room promptly, and evaluated by essential health care providers.
- Throughout labor and delivery, the patient will be asked to wear a surgical mask to limit the exposure to the newborn, health care personnel and also to infection.
- Following the birth, newborns will be observed for viral symptoms. To limit possible exposures, no visitors are allowed.

Day of discharge

- All education and discharge instructions will be provided to the mother.
- Visitor will pick up mother and baby at patient drop off with car seat already installed.



COVID-19 Visitor Restrictions for Mattel Children's Hospital

In order to maintain a safe environment during these extraordinary times, we have implemented new visitor restrictions:

Ronald Reagan and Santa Monica Neonatal Intensive Care Unit (NICU):

On the day of delivery:

- The mother's support person (e.g. father) may visit the infant while mother is recovering from delivery.
- Once mother is recovered from delivery and is able to visit, she is considered the designated visitor for the infant for the duration of the hospital stay.

When mother is discharged from the hospital:

- Family will decide on one designated adult visitor to the NICU for the duration of the hospital stay.

Visitation guidelines:

- The designated visitor may spend the night.
- The designated visitor must stay in the NICU (except for bathroom and meal breaks). If the visitor must leave, hours of entry are between 9:00 am and 9:00 pm.
- The designated visitor will not be permitted to visit a neonatal patient who is suspected of COVID-19 or confirmed as COVID-19 positive.

Ronald Reagan PICU/PTCU, 3F, 5W, Santa Monica 6NW:

- Family will select one designated adult visitor for the duration of the hospital stay.
- The designated visitor may spend the night.
- The visitor is required to stay in the child's room except for bathroom and meal breaks. If visitor must leave, hours of entry are between 9:00 am and 9:00 pm.
- Please note: The parent of a COVID-19 positive pediatric patient must remain in the patient's room wearing a mask at all times.