Support Groups

JANUARY, FEBRUARY, MARCH 2017

UCLA Health and its community partners offer a number of support groups, available in person and by telephone, designed to support and inform patients, families and caregivers coping with a variety of diagnoses, including Alzheimer's and dementia, heart disease, Parkinsonian disorders and others. For more information, visit uclahealth.org/calendar.

ALZHEIMER'S DISEASE

The Mary S. Easton Center for Alzheimer's Disease Research at UCLA and the UCLA Dementia Care Program offer the following support groups for those affected by Alzheimer's disease (AD) and dementia:

Alzheimer's and Dementia

This support group is for family members and caregivers coping with a loved one's Alzheimer's disease diagnosis.

When: Wednesdays, Jan 11 and 25, Feb 8 and 22, Mar 8 and 22 / 1 – 2:30 pm

Where: Peter V. Ueberroth Bldg, 10945 Le Conte Av, Ste 2339

Info: (310) 794-3914 or mrmoore@mednet.ucla.edu

Frontotemporal Dementia (FTD)

This free telephone support group is designed for family caregivers of those with FTD.

When: Third Tuesday each month / Noon – 1 pm

Info: (310) 794-3914 or mrmoore@mednet.ucla.edu
Call-in number: (415) 655-0003
(RSVP required for call-in access code)

Lewy Body Dementia

This free support group is for family caregivers who need a supportive environment to share, learn and gain emotional support from other Lewy body dementia caregivers.

When: First and third Tuesdays each month / 6:30 – 8 pm

Where: UCLA Medical Ctr, Santa Monica, 1250 16th St, Board Rm G-210

Info: (310) 794-3914 or mrmoore@mednet.ucla.edu

ALZHEIMER'S DISEASE (CONT'D)

Young Onset Alzheimer's Disease

This free telephone support group is designed specifically for family caregivers of those diagnosed with young-onset Alzheimer's disease.

When: First Tuesday each month / Noon – 1 pm

Info: (310) 794-3914 or mrmoore@mednet.ucla.edu
Call-in number: (415) 655-0003
(RSVP required for call-in access code)

BRAIN TUMORS

Brain Tumor Caregiver

This group provides a safe space for brain tumor caregivers to express themselves, seek advice and validation, and hear different perspectives on caregiving.

When: Thursdays, Jan 12, Feb 9 and Mar 9 / 6:30 – 8:30 pm

Where: 200 UCLA Medical Plaza, Level B2

Info: (310) 267-3135

HEAD AND NECK CANCERS

Coping with Head and Neck Cancer

This support group provides a welcoming space for patients with head and neck cancers and their families. Speakers from various professions share information on nutrition, complementary techniques, speech and swallowing, pain management and mental health.

When: Tuesdays, Jan 17, Feb 21 and Mar 21 / 6 – 8 pm

Where: 200 UCLA Medical Plaza, Ste B265

Info: (310) 267-3135

LUPUS

Lupus LA Adult

Join our monthly, confidential support group to learn more about lupus and how to live well with it.

When: Tuesdays, Jan 3, Feb 7 and Mar 7 / 6:30 – 8 pm

Where: Rheumatology-Rehabilitation Ctr Bldg, 3rd Fl Library, 1000 Veteran Av

Info: (310) 657-5667, kmcmahon@lupusla.org or lupusla.org

PARKINSONIAN DISORDERS

Parkinsonian Disorders

This support group provides patients and their loved ones with information, education, resources and support to assist them in dealing with progressive supranuclear palsy, corticobasal degeneration, multiple system atrophy and Parkinson's disease.

When: First Friday of each month, starting February 3 / 2 – 4 pm

Where: 300 UCLA Medical Plaza, 3rd Fl, Marisa Leif Conference Rm

Info: (310) 206-2154 or dwest@mednet.ucla.edu

HEART DISEASE IN WOMEN

WomenHeart West Los Angeles

This peer-led support group is part of WomenHeart, a national coalition for women with heart disease. Sessions include peer support, advocacy and education.

When: Mondays, Jan 9, Feb 13 and Mar 13 / 7 pm

Where: UCLA Cardiac Rehab Ctr, 200 UCLA Medical Plaza, Ste 206C

Info: (310) 825-0014 or womenheartwestla@gmail.com

FOR MORE INFORMATION ABOUT UCLA HEALTH COMMUNITY PROGRAMS, VISIT: uclahealth.org/calendar