



March 31, 2020

Exposure notification

Letter to inpatient and outpatients about COVID-19 exposure while visiting health care facilities

Dear patient,

Exposure to other people, even those who do not have any symptoms, including health care providers, includes the risk of exposure to the COVID-19 virus. The virus is thought to spread mainly from person-to-person, mostly between people who are in close contact with one another (within about 6 feet), through respiratory droplets produced when an infected person coughs or sneezes. The virus may also be transmitted when touching a contaminated surface and then touching your face.

Visiting health care facilities, like any other location where many people gather or visit, does create a greater risk of exposure to COVID-19 virus. UCLA Health follows the Los Angeles County of Public Health guidelines to reduce the risk of transmission of COVID-19 virus in hospitals and clinics.

Please be aware of symptoms including fever, sore throat, coughing, difficulty breathing, headaches and muscle aches. Please contact your primary care doctor if you have any of these symptoms and let your provider know that you have visited a health care facility.