

U have options for care

Our goal is to empower our patients with the information they need to choose the best treatment option possible for their healthcare needs. If you have an injury, sickness or health concern, there are multiple ways to receive care.

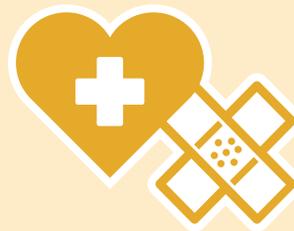


Primary Care

Cost-effective care for acute/chronic conditions and preventive care.

Same-day appointments often available.

Lowest-cost option



Urgent Care

Immediate medical care for non-life-threatening ailments when primary-care physician is unavailable.

No appointment needed.

Low-to-moderate costs



Emergency Room

Life-threatening conditions, severe symptoms that occur suddenly and unexpectedly.

Most expensive option

Choosing the best option for your needs will help provide you with the best care and save you time and money. You may call your primary-care physician or specialist, visit an urgent care facility or in the case of a severe or life-threatening condition come to the emergency room.

Primary Care

Your primary-care physician (PCP) is typically the first person you call when you do not feel well. It's important to find a PCP you trust and with whom you can establish a long-term relationship.

A PCP will:

- Manage your routine checkups
- Help identify and prevent future health concerns
- Diagnose and treat acute and chronic conditions
- Provide you with more personalized care
- Determine whether you need a specialist
- Prioritize suggestions made by a specialist

If you need help finding a primary-care physician, please call our referral service at 800-UCLA-MD1 (800- 825-2631) or go to uclahealth.org

Urgent Care

If you are sick or injured and your PCP cannot see you soon enough, visit a nearby urgent care office for immediate, same-day medical attention for health problems that need to be treated right away but are not true emergencies.

Urgent care offers:

- Extended evening and weekend hours
- An affordable alternative to the emergency room
- Availability for walk-ins and new patients
- Accepts most insurance plans
- Treatment records available to your PCP for follow-up care

To find a UCLA urgent care office, visit uclahealth.org/urgentcare

Emergency Room

If you or somebody you know has a serious condition, such as a stroke, heart attack, severe bleeding, head injury or other major trauma, go to your nearest emergency department or call 911.

The emergency room is the best place for these and other critical conditions, including:

- Chest pain
- Difficulty breathing
- Severe bleeding, burns, pain or head trauma
- Loss of consciousness, shock or catatonic state
- Sudden loss of vision or blurred vision
- Compound fractures
- Poison ingestion, seizures or snake bites

The emergency room is significantly more costly than a primary-care physician or urgent care facility — but necessary for life-threatening conditions. Immediate care is available at all times.