

Los Angeles County

Local Listing for Tobacco Cessation and Education Resources

AltaMed Health Services Health Education

(323) 278-4205

249 E. Pomona Blvd.

Monterey Park, CA 91755

www.altamed.org

Type of Service: Self-help materials, referrals

Cost: Free; Languages Served: English & Spanish

American Lung Association - Not on Tobacco

1-800-LUNGUSA (1-800-586-4872)

<http://www.notontobacco.com/>

Type of Service: cessation programs, facilitator trainings

Not On Tobacco is the American Lung Association voluntary program for teens who want to quit smoking.

Cost: Free; Ages: Youth

American Lung Association -Freedom from Smoking,

www.lungusa.org

1-800-LUNG-USA (586-4872)

www.ffsonline.org

Type of Service: Worksite cessation programs, facilitator trainings, referrals, self-help materials, phone counseling, internet-based counseling, support groups

Freedom from Smoking Program

Cost: Free

American Lung Association of California

(213) 384-5864

3325 Wilshire Blvd. #900

Los Angeles, CA 90010

<http://www.lungusa.org/california>

Type of Service: Self-help materials, phone counseling, internet-based information

Cost: Free; Languages Served: English & Spanish; Ages: Adults & Youth

Glendale Adventist Medical Center

(818) 409-8042

1509 Wilson Terrace

Glendale, CA 91206

<http://www.glendaleadventist.com/body.cfm?id=104>

Type of Service: 7 week quit smoking program, referrals, self-help materials, support group

Cost: Call for details

Harbor-UCLA

(310)222-2570

Harbor_UCLA Medical Center 6th Floor- Room L2

1000 W Carson St.

Torrance, CA 90502

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Type of Service: Education and guidance on how to successfully quit smoking, appointment with specialized physician and counselor; weekly classes and support group; phone counseling; prescription for NRT's.

Thursdays 9:00 AM (except holidays)

Kaiser Permanente

www.kp.org/quitsmoking

Type of Service: Offers self-help materials, telephone coaching, group classes and on-line tobacco cessation services to Kaiser Permanente members. Group classes may also be available to non members in some areas, however, priority is given to Kaiser Permanente members.

National Council on Alcoholism and Drug Dependence (NCADD)of the East San Gabriel and Pomona Valleys

(626) 331-5316

4626 N. Grand Ave.

Covina, CA 91724

<http://www.ncaddesgvpv.org/servicesoverview.htm>

Type of Service: Step-by-step plan for quitting smoking, self-help materials, cessation program, individual or group counseling

Cost: Call for details

Nicotine Anonymous

1-800-642-0666 909-865-1011

Congregational Pil Church Rear of Church Room 14

600 N. Garey Avenue.

Pomona, CA 91767

<http://www.scina.org/meeting-list/>

Thursday, 6:00pm

Nicotine Anonymous

1-800-642-0666 310-816-5369

Kaiser Found. Carson CDRP, Room A

23621 S. Main St.

Carson, CA 90745

<http://www.scina.org>

Tuesdays, 6pm.

Nicotine Anonymous

1-800-642-0666 562-435-7350

Flossie Center

351 E. 6th Street

Long Beach, CA 90802

<http://www.scina.org>

Sunday, 6pm.



California Smokers' Helpline
1-800-NO-BUTTS

Website: www.nobutts.org

English: 1-800-NO-BUTTS

TDD/TYY: 1-800-933-4TDD

Chew: 1-800-844-CHEW

Korean: 1-800-556-5564

Vietnamese: 1-800-778-8440

Chinese: 1-800-838-8917

Spanish: 1-800-45-NO-FUME

Nicotine Anonymous

1-800-642-0666 323-821-1852
Tropical Cafe Coffee Shop
2900 W Sunset Blvd. at Parkman, Backroom
Silverlake, CA 90026
www.scina.org
Fridays, 6:30pm

Nicotine Anonymous

1-800-642-0666 619-647-5413
Venice Recovery Center
414 Lincoln Blvd.
Venice, CA 90291
www.scina.org
Sunday, 3:00pm

Nicotine Anonymous

1-800-642-0666 310-780-6380
Unitarian Church Cottage
1260 18th St.
Santa Monica, CA 90404
www.scina.org
Thursdays, 7:30pm
Cost: Free

Nicotine Anonymous

1-800-642-0666 818-800-3449
United Methodist Church
14401 Dickens St., Basement- Enter through alley
Sherman Oaks, CA 91423
www.scina.org
Thursdays, 8pm
Cost: Free

Nicotine Anonymous

1-800-642-0666 562-206-6020
Intercity Fellowship
5881 Cherry Ave. Main Mtg Room
Long Beach, CA 90805
www.scina.org
Saturdays, 9 am

Nicotine Anonymous

1-800-642-0666 323-862-1518
West Hollywood Recovery
626 Robertson
West Hollywood, CA 90069
www.scina.org
Wednesdays, 8:30pm Main room
Cost: Free

Nicotine Anonymous

1-800-642-0666 310-454-3636
SHARE!
6666 Green Valley Circle
Los Angeles, CA 90066
www.scina.org
Tuesday, 8:00pm - Prosperity Room
Cost: Free

Nicotine Anonymous

1-800-642-0666 562-644-5225
Calvary Baptist Church (Family Center Room)
14722 Clark Ave.
Bellflower, CA 90706
www.scina.org
Tuesdays, 7pm

Nicotine Anonymous

1-800-642-0666 562-639-7577
Kaiser Imperial Medical Center, Room Q22
9449 Imperial Highway
Downey, CA 90242
www.scina.org
Wednesdays, 7 pm

Nicotine Anonymous

1-800-642-0666 323-257-9917
Glendale Adventist Medical Center
1509 Wilson Terr. Committee Room A, B, C
Glendale, CA 91206
www.scina.org
Monday, 6:15 pm

Nicotine Anonymous

1-800-642-0666 310-676-8040
Christian Church Inglewood Southside
3947 W. 104th St.
Inglewood, CA 90303
www.scina.org
Wednesdays, 6pm

Nicotine Anonymous

1-800-642-0666 562-427-8595
All Saints Episcopal Church
346 Termino Ave. Pre-School room
Long Beach, CA 90814
www.scina.org
Mondays, 6 pm

Nicotine Anonymous

1-800-642-0666
Westwood Hills Congregational Church
1989 Westwood Blvd. (Fireside Room)
West Los Angeles, CA 90025
www.scina.org
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Wednesdays, 7:15pm

Nicotine Anonymous

1-800-642-0666 818-882-8640

St. Stephen Presbyterian Church (Room 6)

20121 Devonshire

Chatsworth, CA 91311

www.scina.org

Tuesdays, 7pm

Nicotine Anonymous

1-800-642-0666 310-396-3525

Marina Center

12720 Washington Blvd.

Culver City, CA 90066

www.scina.org

Saturdays, 5pm

Nicotine Anonymous

1-800-642-0666 323-862-1518

West Hollywood Recovery - Big Room

626 Robertson

West Hollywood, CA 90069

www.scina.org

Monday, 6:30 pm

Nicotine Anonymous

1-800-642-0666 310-326-5895

McMillan Medical Center (Room 300)

3333 Skypark Drive

Torrance, CA 90505

www.scina.org

Mondays, 7pm

Quit Smoking Expert

818-708-1698

18740 Ventura Blvd.,

Ste. 204

Tarzana, CA 91356

www.quitsmokingexpert.org

Type of Service: Quite smoking with Acupuncture

Use Acupuncture treatment to help smokers cease smoking physically, and strengthen their mental power to keep away from cigarettes.

Cost: Free; Locations: 5953 Laurel Canyon Blvd., Ste. C, Valley Village, CA 91607; Languages Served: English, Chinese

; Gender Served: Any; Ages: Any

Save Our Selves (SOS)

(323) 666-4295

4773 Hollywood Blvd.

Hollywood, CA 90027

www.cfiwest.org/sos or www.sossobriety.org

Type of Service: self-help materials, support groups

Tuesdays, 8pm

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Cost: Free; Languages Served: English

Save Our Selves (SOS)

(323) 666-4295

Verdugo Mental Health Center

1540 East Colorado Street (at Lincoln)

Glendale, CA 92105-1514

<http://www.cfiwest.org/sos> or www.sossobriety.org

Type of Service: self-help materials, support groups

Fridays, 7:30pm and Sundays, 11:45 am.

Tarzana Treatment Center

(800) 996-1051

<http://www.tarzanatc.org/>

Type of Service: TTC provides smoking cessation programs in alcohol and drug treatment as part of their integrated behavioral healthcare.

Call for details.

Torrance Memorial Medical Center

310-517-4701

McMillan Medical Center

3333 Skypark Dr., Ste. 300

www.torrancememorial.org

Type of Service: Breathe Freely, an 8 week series of classes which includes referrals, alternative therapies, self-help materials, nicotine replacement therapy, group counseling

Cost: Call for details

VA Greater Los Angeles Healthcare System

818-891-9547

Sepulveda Ambulatory Care Center

16111 Plummer St.

North Hills, CA 91343

VA Greater Los Angeles Healthcare System

310-268-3752

West LA Healthcare Center- Quit Smoking Clinic

11301 Wilshire Blvd.

Los Angeles, CA 90073

Valley Community Clinic

(818) 763-1718 ext. 318

6801 Coldwater Canyon Ave., Ste. 1B

North Hollywood, CA 91605

Type of Service: 8 week group counseling program

Cost: \$15/session

Veteran's Outpatient Clinic

213-253-2677 ext. 4193

351 E. Temple St., 4th Floor

Los Angeles, CA 90012

Type of Service: Freedom From Smoking 7-session class and nicotine replacement therapy for US military veterans & their dependents, referrals, self-help materials, support groups

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Cost: Free ; Languages Served: English

**Watts Healthcare Corp.
Preventive Health Services**

(323) 357-6628

10300 S. Compton Blvd.

Los Angeles, CA 90002

Type of Service: Individual counseling, support group, self-help material, phone counseling, referrals, Freedom from Smoking 7 session class

Cost: Free; Languages Served: English & Spanish; Ages: Teens & Adults