

Support Groups

OCTOBER, NOVEMBER, DECEMBER 2017

UCLA Health and its community partners offer a number of support groups, available in person and by telephone, designed to support and inform patients, families and caregivers coping with a variety of diagnoses, including Alzheimer's and dementia, heart disease, Parkinsonian disorders and others. For more information, visit connect.uclahealth.org/calendar.

ALZHEIMER'S DISEASE

The Mary S. Easton Center for Alzheimer's Disease Research at UCLA and the UCLA Dementia Care Program offer the following support groups for those affected by Alzheimer's disease and dementia:

Alzheimer's and Dementia

This support group is for family members and caregivers coping with a loved one's Alzheimer's disease diagnosis. Reservations required.

When: Wednesdays, Oct 4 & 18, Nov 1 & 15, Dec 6 & 20 / 1 – 2:30 pm

Where: Peter V. Ueberroth Bldg.
10945 Le Conte Ave, Room 1420

When: Wednesdays, Oct 11 & 25, Nov 8 & 22 and Dec 13 / 1 – 2:30 pm

Where: Peter V. Ueberroth Bldg
10945 Le Conte Av, Rm 2339

Info: (310) 794-3914 or
mrmoore@mednet.ucla.edu

Frontotemporal Dementia (FTD)

This free telephone support group is designed for family caregivers of those with FTD.

When: Tuesdays, Oct 17, Nov 21 and Dec 19 / Noon – 1:30 pm

Info: (310) 794-3914 or
mrmoore@mednet.ucla.edu

Call-in number: (415) 655-0003
(RSVP required for call-in access code)

ALZHEIMER'S DISEASE (CONT'D)

Lewy Body Dementia

This free support group is for family caregivers who need a supportive environment to share, learn and gain emotional support from other Lewy body dementia caregivers.

When: Tuesdays, Oct 3 & 17, Nov 7 & 21 and Dec 5 & 19 / 6:30 – 8 pm

Where: UCLA Medical Ctr, Santa Monica,
1250 16th St, Board Rm G-210

Info: (310) 794-3914 or
mrmoore@mednet.ucla.edu

Young Onset Alzheimer's Disease

This free telephone support group is designed for family caregivers of those diagnosed with young-onset AD.

When: Tuesdays, Oct 3, Nov 7 and Dec 5 / Noon – 1:30 pm

Info: (310) 794-3914 or
mrmoore@mednet.ucla.edu

Call-in number: (415) 655-0003
(RSVP required for call-in access code)

BRAIN ANEURYSM

Brain Aneurysm Support Group

The Brain Aneurysm Support Group is for patients diagnosed with an unruptured aneurysm, those having survived a ruptured aneurysm and all caregivers, providing them information and education relating to the diagnosis, research, treatment options and recovery process.

When: Fourth Wednesday, every other month, starting Sept 27 / 6 – 7 pm

Where: Ronald Reagan UCLA Medical Ctr, 6th Fl, Conf Rm 6238

Info: mrodolfa@mednet.ucla.edu

HEART DISEASE IN WOMEN

WomenHeart West Los Angeles

This peer-led support group is part of WomenHeart, a national coalition for women with heart disease. Sessions include peer support, advocacy and education.

When: Second Monday each month / 7 – 8 pm

Where: UCLA Cardiac Rehab Ctr,
200 UCLA Medical Plaza, Ste 206C

RSVP & Info: womenheartwestla@gmail.com



FOR MORE INFORMATION ABOUT UCLA HEALTH COMMUNITY PROGRAMS, VISIT: connect.uclahealth.org/calendar

LUPUS

Lupus LA Adult

Join our monthly, confidential support group to learn more about lupus and how to live well with it.

When: First Tuesday each month / 6:30 – 8 pm

Where: Rheumatology-Rehabilitation Ctr Bldg,
1000 Veteran Av, 3rd Fl Library

Info: (310) 657-5667 or
kmcMahon@lupusla.org or lupusla.org

NEUROSURGERY

Neurosurgery Patient and Family Advisory Council (NPFAC)

The NPFAC at UCLA facilitates collaboration between our physicians, nurses, staff, patients and families to enhance the patient and family experience.

When: Third Wednesday of each month /
5:30 – 7:30 pm

Where: Edie & Lew Wasserman Bldg,
300 Stein Plaza, Ste 434

RSVP & Info: (310) 486-6928 or
dbabayan@mednet.ucla.edu

Neurosurgery Peer Support Program (PSP)

This free resource connects current inpatient neurosurgery patients at UCLA with former neurosurgery patients or family members of a former patient during your hospital stay.

Where: UCLA hospital stay

Info: Please speak with your nurse if you are interested in participating in this program while you are in the hospital.

PARKINSONIAN DISORDERS

Parkinsonian Disorders

This support group provides patients and their loved ones with information, education, resources and support to assist them in dealing with progressive supranuclear palsy, corticobasal degeneration, multiple system atrophy and Parkinson's disease.

When: Friday, Oct 6 and Nov 3 / 2 – 4 pm

Where: 300 UCLA Medical Plaza, 3rd Fl,
Marisa Leif Conference Rm

Info: (310) 206-2154 or dwest@mednet.ucla.edu



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