

Support Groups

OCTOBER, NOVEMBER, DECEMBER 2018

UCLA Health and its community partners offer a number of support groups, available in person and by telephone, designed to support and inform patients, families and caregivers coping with a variety of diagnoses, including Alzheimer's and dementia, heart disease, Parkinsonian disorders and others. For more information, visit connect.uclahealth.org/calendar.

ALZHEIMER'S DISEASE AND DEMENTIA

The Mary S. Easton Center for Alzheimer's Disease Research at UCLA and the UCLA Alzheimer's and Dementia Care Program offer the following support groups for those affected by Alzheimer's disease and other dementias:

Alzheimer's and Dementia

Free in-person support groups are for family caregivers of people with Alzheimer's disease or another form of dementia. Reservations required.

When: Wednesdays, Oct 3 & 17, Nov 7 & 21, Dec 5 & 19 / 1 – 2:30 pm

Where: Peter V. Ueberroth Bldg
10945 Le Conte Ave, Rm 1420

When: Wednesdays, Oct 10 & 24, Nov 14 & 28, Dec 12 / 1 – 2:30 pm

Where: Peter V. Ueberroth Bldg
10945 Le Conte Ave, Rm 2339

When: Mondays, Oct 1 & 15, Nov 5 & 19, Dec 3 & 17 / 6:30 – 8 pm

Where: UCLA Medical Ctr, Santa Monica,
1250 16th St, Board Rm G-210

Info: 310-794-3914 or
mrmoore@mednet.ucla.edu

ALZHEIMER'S DISEASE AND DEMENTIA (CONT'D)

Spanish Speaking Support Group

This support group is conducted in Spanish. Reservations required.

When: Wednesdays, Oct 10 & 24, Nov 7 & Dec 12 / 6:30 – 8 pm

Where: St. Sebastian Catholic Church
1453 Federal Ave, Los Angeles

Info: 310-825-4304 or
egracian@mednet.ucla.edu

Lewy Body Dementia

This free in-person support group is for family caregivers who need a supportive environment to share, learn and gain emotional support from other Lewy Body Dementia caregivers. Reservations required.

When: Tuesdays, Oct 2 & 16, Nov 6 & 20, Dec 4 & 18 / 6:30 – 8 pm

Where: UCLA Medical Ctr, Santa Monica,
1250 16th St, Board Rm G-210

Info: 310-794-3914 or
mrmoore@mednet.ucla.edu

Frontotemporal Dementia (FTD)

This free telephone support group is designed for family caregivers of those with FTD.

When: Tuesdays, Oct 15, Nov 20, Dec 18 / Noon – 1:30 pm

Info: 310-794-3914 or
mrmoore@mednet.ucla.edu

Call-in number: 415-655-0003
(RSVP required for call-in access code)

ALZHEIMER'S DISEASE AND DEMENTIA (CONT'D)

Young Onset Alzheimer's Disease

This free telephone support group is designed for family caregivers of those diagnosed with young-onset AD.

When: Tuesdays, Oct 2, Nov 6, Dec 4 / Noon – 1:30 pm

Info: 310-794-3914 or
mrmoore@mednet.ucla.edu

Call-in number: 415-655-0003
(RSVP required for call-in access code)

Caregiver Support Group

The UCLA Alzheimer's and Dementia Care Program and the Mary S. Easton Center for Alzheimer's Disease Research at UCLA are excited to announce a new evening support group for people who are caring for someone with Alzheimer's disease or another form of dementia.

When: First and third Monday of the month / 6:30 – 8 pm

Where: UCLA Medical Ctr, Santa Monica,
1250 16 Street, Rm G-210

Info: 310-794-3914 or
mrmoore@mednet.ucla.edu



FOR MORE INFORMATION ABOUT UCLA HEALTH COMMUNITY PROGRAMS, VISIT: connect.uclahealth.org/calendar

HEART DISEASE IN WOMEN

WomenHeart West Los Angeles

This peer-led support group is part of WomenHeart, a national coalition for women with heart disease. Sessions include peer support, advocacy and education.

When: Mondays, Oct 8 / 7 – 8 pm,
Nov 12 / 7 – 8 pm and Dec 10 / 6 – 7 pm

Where: UCLA Cardiac Rehab Ctr,
200 UCLA Medical Plaza, Ste 206C

RSVP & Info: womenheartwestla@gmail.com

LUPUS

Lupus LA Adult

Join our monthly, confidential support group to learn more about lupus and how to live well with it.

When: Tuesdays, Oct 3, Nov 6, Dec 4 /
6:30 – 8 pm

Where: Rheumatology-Rehabilitation Center
Building, 3rd Floor Library, 1000 Veteran Av

Info: 310-657-5667 or
kmcMahon@lupusla.org or lupusla.org

STROKE

Stroke Education and Support Group

This group welcomes people who have had new strokes and those who have had strokes in the past. It provides hope, encouragement and education to stroke survivors, family members and caregivers.

When: Wednesday, Oct 17, Nov 21 & Dec 19 /
3 – 4 pm

Where: UCLA Medical Ctr, Santa Monica,
1250 16 St, Conference Rm 4

Info: 424-259-8390



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