

Support Groups

JULY, AUGUST, SEPTEMBER 2018

UCLA Health and its community partners offer a number of support groups, available in person and by telephone, designed to support and inform patients, families and caregivers coping with a variety of diagnoses, including Alzheimer's and dementia, heart disease, Parkinsonian disorders and others. For more information, visit connect.uclahealth.org/calendar.

ALZHEIMER'S DISEASE AND DEMENTIA

The Mary S. Easton Center for Alzheimer's Disease Research at UCLA and the UCLA Alzheimer's and Dementia Care Program offer the following support groups for those affected by Alzheimer's disease and other dementias:

Alzheimer's and Dementia

This free in-person support group is for family members and caregivers coping with a loved one's Alzheimer's disease diagnosis. Reservations required.

When: Wednesdays, July 18, Aug 1 & 15, Sept 5 & 19 / 1 – 2:30 pm

Where: Peter V. Ueberroth Bldg.
10945 Le Conte Av, Rm 1420

When: Wednesdays, July 11 & 25, Aug 8 & 22, Sept 12 & 26 / 1 – 2:30 pm

Where: Peter V. Ueberroth Bldg.
10945 Le Conte Av, Rm 2339

Info: 310-794-3914 or
mrmoore@mednet.ucla.edu

Spanish Speaking Support Group

This free in-person support group is for family members and caregivers coping with a loved one's Alzheimer's disease or other related dementia diagnosis. Reservations required. This support group is conducted in Spanish.

When: Wednesdays, July 11 & 25, Aug 8 & 22, Sept 12 & 26 / 6:30- 8:00pm

Where: St. Sebastian Catholic Church
1453 Federal Ave

Info: 310-825-6449 or cfunes@mednet.ucla.edu

ALZHEIMER'S DISEASE AND DEMENTIA (CONT'D)

Frontotemporal Dementia (FTD)

This free telephone support group is designed for family caregivers of those with FTD.

When: Tuesdays, July 17, Aug 21, Sept 18 / Noon – 1:30 pm

Info: 310-794-3914 or
mrmoore@mednet.ucla.edu

Call-in number: 415-655-0003
(RSVP required for call-in access code)

Lewy Body Dementia

This free in-person support group is for family caregivers who need a supportive environment to share, learn and gain emotional support from other Lewy Body Dementia caregivers.

When: Tuesdays, July 3 & 17, Aug 7 & 21, Sept 4 & 18 / 6:30 – 8 pm

Where: UCLA Medical Ctr, Santa Monica,
1250 16th St, Board Rm G-210

Info: 310-794-3914 or
mrmoore@mednet.ucla.edu

Young Onset Alzheimer's Disease

This free telephone support group is designed for family caregivers of those diagnosed with young-onset AD.

When: Tuesdays, July 3, Aug 7, Sept 4 / Noon – 1:30 pm

Info: 310-794-3914 or
mrmoore@mednet.ucla.edu

Call-in number: 415-655-0003
(RSVP required for call-in access code)

DIABETES

UCLA Insulin Connection (IConnect) Meet-up Groups

Join one of our support groups for people with diabetes who use insulin through multiple daily injections or an insulin pump. Become informed, network and get support from your peers in a fun and relaxed atmosphere. There is no cost for this group, and no referral is needed.

Thousand Oaks

When: Thursdays, July 12 & Sept 13 / 6 – 7:30 pm
Where: 100 Moody Court, Ste 200

Westwood

When: Tuesday, Aug 14 / 6 – 7:30 pm
Where: UCLA Gonda Diabetes Center,
200 UCLA Medical Plaza, Ste 520-10

Santa Monica

When: 2nd Tuesday of every month 6 – 8pm
Where: UCLA Medical Center, Santa Monica
1250 16th St

RSVP & Info: 310-794-1299 or
diabeteseducation@mednet.ucla.edu

HEAD AND NECK

Head/Neck Cancer Support Group

For head and neck cancer patients and their support system.

When: Third Tuesday every month / 6 – 8 pm

Where: Radiation Oncology Conference Room,
200 UCLA Medical Plaza, Ste B265

Info: 310-267-3135



FOR MORE INFORMATION ABOUT UCLA HEALTH COMMUNITY PROGRAMS, VISIT: connect.uclahealth.org/calendar

HEART DISEASE IN WOMEN

WomenHeart West Los Angeles

This peer-led support group is part of WomenHeart, a national coalition for women with heart disease. Sessions include peer support, advocacy and education.

When: Mondays, Aug 13 / 6 – 7 pm,
Sept 10 / 7 – 8 pm

Where: UCLA Cardiac Rehab Ctr,
200 UCLA Medical Plaza, Ste 206C

RSVP & Info: womenheartwestla@gmail.com

LUPUS

Lupus LA Adult

Join our monthly, confidential support group to learn more about lupus and how to live well with it.

When: Tuesdays, July 3, Aug 7, Sept 4 /
6:30 – 8 pm

Where: Rheumatology – Rehabilitation Center
Building, 3rd Floor Library, 1000 Veteran Av

Info: 310-657-5667 or
kmcMahon@lupusla.org or lupusla.org



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