Support Groups

JANUARY, FEBRUARY, MARCH 2019

UCLA Health and its community partners offer a number of support groups, available in person and by telephone, designed to support and inform patients, families and caregivers coping with a variety of diagnoses, including Alzheimer’s and dementia, heart disease, Parkinsonian disorders and others. For more information, visit connect.uclahealth.org/calendar.

### BRAIN

**Caregivers of Brain Tumor Patients**

This support group provides a safe and supportive space for caregivers of patients with brain tumors across their illness trajectory. Dinner is included.

**When:** Thursdays, Jan 10, Feb 14 & Mar 14 / 6:30 – 8:30 pm

**Where:** Radiation Oncology Conference Room, 200 UCLA Medical Plaza, Ste B265

**RSVP & Info:** Jacqueline Dillon, MSW at 310-267-9413

### HEART DISEASE IN WOMEN

**WomenHeart West Los Angeles**

This peer-led support group is part of WomenHeart, a national coalition for women with heart disease. Sessions include peer support, advocacy and education.

**When:** Monday Jan 14, Feb 11 & Mar 7 / 7 – 8 pm

**Where:** UCLA Cardiac Rehab Ctr, 200 UCLA Medical Plaza, Ste 206C

**RSVP & Info:** womenheartwestla@gmail.com

### HEAD AND NECK

**Head/Neck Cancer Support Group**

For head and neck cancer patients and their support system.

**When:** Tuesdays, Jan 15, Feb 19, & Mar 19 / 6 – 8 pm

**Where:** Radiation Oncology Conference Room, 200 UCLA Medical Plaza, Ste B265

**RSVP & Info:** Jacqueline Dillon, MSW at 310-267-3135

### STROKE

**Stroke Education and Support Group**

This group welcomes people who have had new strokes and those who have had strokes in the past. It provides hope, encouragement and education to stroke survivors, family members and caregivers.

**When:** Wednesdays, Jan 16, Feb 20, Mar 20 / 3 – 4 pm

**Where:** UCLA Medical Ctr, Santa Monica 1250 16th St, Conf Rm 4

**Info:** 424-259-8390

### LUPUS

**Lupus LA Adult Support Group**

Join our monthly, confidential support group to learn more about lupus and how to live well with lupus.

**When:** Tuesday, Jan 8, Feb 5 & Mar 5 / 6:30 – 8 pm

**Where:** Rheumatology-Rehabilitation Center Building, 3rd Floor Library, 1000 Veteran Av

**Info:** 310-657-5667 or kmcmahon@lupusla.org or lupusla.org

FOR MORE INFORMATION ABOUT UCLA HEALTH COMMUNITY PROGRAMS, VISIT: connect.uclahealth.org/calendar