The UCLA Steve Tisch BrainSPORT (Safety, Performance, Outreach, Research, Treatment) Program is a multidisciplinary program aimed at implementing the world’s most advanced approach to diagnosis and treatment of mild traumatic brain injury, specializing in sports related concussions.

**SERVICES**

**COMMUNITY OUTREACH**
- Targeted Programming
  - On-site educational sessions for teachers, coaches, parents and athletes
  - Concussion Champions - Physician training (CME)
    All healthcare providers welcome
- Pre-Season Neurological Screening
  - Clinical neurological preseason assessments
  - Computerized neurocognitive preseason assessment

**CLINICAL CARE**
- Multidisciplinary Concussion Clinic
  Neurologists, neuropsychologists, and sports medicine physicians all work closely to care for each patient
- Operation Mend
  **Mission:** To partner with the United States Military to jointly heal the wounds of war by delivering leading-edge patient care, research, and education and using the best medicine and technology available

**RESEARCH**
- Four Corners Youth Concussions Consortium
  A collaborative partnership between national research, clinical and educational leaders aimed at building an evidence based approach to promote active, healthy participation in youth sports and recreation
- NCAA / US DoD Concussion Assessment, Research and Education (CARE) Consortium
  - The largest prospective study of concussion in history
  - Gaining a better understanding of the neurobiopsychosocial nature of concussive injury and recovery

**MULTIDISCIPLINARY TEAM**

We are one of only a few programs in the nation that is fully staffed by both neurology and neuropsychology. We offer a diverse range of services:

- COMMUNITY OUTREACH - Targeted, community-based, and preventative educational outreach to raise public awareness of sports related concussion
- CLINICAL CARE - 3 clinic locations offer the most comprehensive treatment for sports concussion. Coordinated care between patients, their families, school and athletic trainers
- RESEARCH - Collaborative research initiatives to advance the understanding of concussions

**SAFETY**

**PERFORMANCE**

**OUTREACH**

**RESEARCH**

**TREATMENT**
CONCUSSION FACTS

- A concussion is a brain movement injury resulting from a bump or blow to the head or body that causes the brain to move inside of the skull.
- A concussion is a type of Traumatic Brain Injury (TBI). The spectrum for TBI ranges in levels of severity from mild to severe, a concussion is a mild form of TBI.
- Concussion and Traumatic Brain Injury (TBI) is a major public health concern – estimated at 1.6-3.2 million annually in the U.S.
- The highest rates of concussion/TBI occur in youth and adolescents.
- Sports have a risk for concussion/TBI and repeat concussion/TBI which has been associated with cognitive and neurological impairments.
- Properly managed, the vast majority (>90-95%) of concussions recover completely.

When a concussion is suspected, the athlete should be IMMEDIATELY removed from play to avoid risk of repeat concussion. Proper diagnosis of concussion should not rely on a single test.

For more information about the UCLA Steve Tisch BrainSPORT Program please visit: https://www.uclahealth.org/brainsport

To schedule an appointment:
Email: concussioncare@mednet.ucla.edu
Call: (310) 825-0867

Our goal is to promote safe participation in youth sports by providing the best neurological care possible for injured athletes.