### Dining Commons Menu
Ronald Reagan UCLA Medical Center

#### Soups of the Day $2.71

| M | Cream of Potato Soup |
| T | (Vegan) Minestrone Soup |
| W | Chicken Tortilla Soup (Vegan) Vegetable Medley Soup |
| F | Clam Chowder Soup |

#### Weekly Entrée Specials

| M | Grilled Salmon W/ Masala Coleslaw |
| T | Cajun Catfish W/ Bourbon Crab Cream Sauce |
| W | Roasted Salmon W/ Honey Pepper BBQ Sauce |
| F | Grilled Salmon W/ Veracruz |

#### Combos include 2 sides (Prices available at station)

| M | Sustainable Trout W/ White Bean Ragout Sauce |
| T | Breaded ABF Chicken marinara W/ Mozzarella Cheese |
| W | Oven Baked ABF BBQ Chicken W/ Coca-Cola BBQ Sauce |
| F | Roasted Chicken Honey Spicy |

#### Weekly Grill Specials Combo (1 side order) (Prices available at station)

| M | Beef, Chicken, Shrimp or Tofu Stir Fry over Jasmine Rice |
| T | Spinach Quinoa Turkey Wrap W/ Wheat, White or Spinach Tortilla |
| W | Beef, Chicken, Shrimp or Tofu Stir Fry over Yakisoba Noodles |
| F | Chicken Salad Wrap |

#### International Corner (Prices available at station)

| Mon | Oven Baked Tostadas (Chicken, Beef, Pork, or Veggie) plus sides |
| Tues | Curry Bar (Salmon, Chicken, and Beef) plus sides |
| Wed | Hainam Chicken or Beef Bulgogi with 2 sides |
| Thurs | Soft Tacos (Beef, Chicken, Pork, or Grilled Vegetables) with 2 sides |
| Fri | Korean Beef Bowl or Seafood Bowl (Rice & Vegetables) |

#### Compound Salads

| M | Quinoa & Kale (Vegan) Salad, Crab Salad, Chicken Curry Salad |
| Tues | Thai Tofu Salad (Vegan), Chicken & Vegetable Salad, Quinoa Salad Plain |
| Wed | Rice Citrus Salad (Vegan), Quinoa Salad Plain, Thai Spicy Noodle Salad |
| Thurs | Couscous Tropical Salad (Vegan), Quinoa Salad Plain, Salmon Fettuccine Salad |
| Fri | Farro Salad (Vegan), Mexican Fiesta Rice Salad, Quinoa Salad Plain |

#### Sweets Selection

Freshly Baked Cakes, Pies & Cookies

Bon Appetite, Chloe Pop's Ice Cream

El Pollo Loco, Grab & Go Sushi, Made to Order Sushi and Lucia's Pizza

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https://www.uclahealth.org/DiningCommons
Always available:

- Oatmeal Toppings
  (Cranberries, Walnuts, and Mixed Raisins)
- Breakfast Burritos
  (Every other Friday)
- Breakfast Sandwich
  (Every other Friday)
- Low-fat Muffins
- Waffles (Tuesdays)
- Healthy Breakfast Combo
  (Oatmeal or any other Hot Cereal, whole Fresh Fruit & Coffee or Medium Fountain Juice)
- Brown Rice

- Beyond Burger
  (100% Plant Based)
- Vegan Burger
- Buffalo, Asian, BBQ, Honey Siracha Chicken Wings
  (Rotated Daily)
- Hotdogs (Lunch & Dinner)
- Grab & Go Sandwiches
- Vegan Salads
- Grilled Chicken Salad
- Philly Beef or Chicken Cheese Steak Sandwich
- Grab & Go Sushi
- Seasoned Baked French Fries
- Vegetarian Chili
- Kosher Sandwiches

Now Available On Weekends:

**Made to Order Stir Fry & Pasta**

Fresh Fruit, Potato Salad, Coleslaw, Seasoned Baked French Fries or Tossed Salad is available at the grill for lunch and dinner as a side of your choice with any combo
The UCLA Ronald Reagan dining commons presents
-made to order Specialty Salads from 11:00-2:00
Every Thursday during National Nutrition Month®

March 05, 2020
The Green Machine Salad
Your choice of Chicken Strips, Marinated Shrimp,
Beef, Meatless Sub, or Roasted Organic Tofu
Tossed with Asparagus, Green Apples, Slice Fennel
Broccoli Florets, Sliced Cucumbers, Sugar Snap Peas, Baby
Spinach, Kale, Baby Greens
Served with Cilantro Lime Yogurt Vinaigrette

March 12, 2020
Fresh Toss
Your choice of Marinated Chipotle Shrimp,
Beef, Meatless Sub,
Grilled Chicken or Roasted Tofu
Tossed with Organic Mixed Lettuce and Green Kale,
Quinoa, Cranberries, Fresh Tomatoes, Chickpeas,
Walnuts & Goat Cheese
Served with Homemade Roasted Red Pepper Vinaigrette

March 19, 2020
Tuscan Salad
Your choice of Grilled “ABF” Chicken, Marinated Shrimp,
Beef, Meatless Sub or Roasted Organic Tofu
Served on a bed of Romaine Lettuce & Exotic Baby Greens
Tossed with Green Beans, Caramelized Red Onions, Cannelloni
Beans, Black Olives, Cucumber, Tomatoes, Shaved Parmesan
Cheese & Italian Croutons
Served with a Homemade Italian Herb Vinaigrette

March 26, 2020
Tossed to Order Bulgur Salad
Your choice of Grilled “ABF” Chicken,
Shrimp, Beef, Meatless Sub or Organic Tofu
Tossed with mixed Lettuce, Bulgur, and your choice of Fresh
Baby Spinach, Stewed Tomatoes, Sweetened Dried Craisins,
Sliced Radish, Red Onions, Roasted Brussels sprouts,
Sunflower Seeds
Served with Orange & Cilantro Vinaigrette