



**You care
for your baby...
Let us care for
you.**

Contact Us

UCLA Family Development Program
760 Westwood Plaza
STAR Clinic, Room A8-153
Los Angeles, CA 90095

(310) 825-0729
starclinic@mednet.ucla.edu
<http://nfrc.ucla.edu>

Program Director: Catherine Mogil, PsyD

UCLA Health

Nathanson Family Resilience Center
Strong Families. Healthy Lives.

UCLA Family Development Program



**Supporting new parents
today so they can give
their child a better
tomorrow!**



Supporting your child starts with supporting yourself.

We are here for parents and families facing health challenges with their infant, including:

- NICU stays
- Surgeries
- Other medical complications

We are here to help!

Being a new parent can be tough, the UCLA Family Development Program is here to help by providing:

- **Convenient Weekly Visits** in the comfort of your home, at our clinic, or bedside at the medical center
- **Non-Judgmental Guidance** on bonding with your baby
- **Simple Strategies for Coping** with difficulties that parents experience when their infants are facing medical challenges
- **Confidential Mental Health Assessment** and referrals to additional resources, if needed
- **In-Person Consultations** and/or **Therapy for Individuals and Families**
- **Virtual Support** during and after your transition home



How do I sign up?

Call [310.825.0729](tel:310.825.0729) or
Send an email with your contact information to
starclinic@mednet.ucla.edu

You will then be contacted by telephone to schedule an initial visit.

Most Insurances Accepted

