

ORDERING & SCHEDULING GUIDELINES FOR BREAST IMAGING EXAMS

CLINICAL SYMPTOMS	CATEGORIES	ORDERING GUIDELINES
None (with or w/o implants)	Annual bilateral mammography (MG) beginning at age 40 (if under 40, needs Referral (RFL))	Screening (SCRN) Bilateral MG ^{2*} (3D recommended)
Symptomatic patient with Lump/ Mass/ Nodule/Thickening + Palpable lump/mass (from physical exam)	Under 30 yrs. old	Diagnostic Ultrasound (US) ³ (Bilat, Left, or Right)
	30 yrs. & older	Bilateral Diagnostic MG ² and Diag. ultrasound of symptomatic side
Follow Up of prior imaging	Recalled from Screening Mammogram (Category 0)	Non-UCLA Provider should put in order as suggested by Radiologist from last study
	Short Interval Follow up 2 weeks to 6 months	Non-UCLA Provider should put in order as suggested by Radiologist from last study
	Breast Surgery <12 months F/U	Referring Provider should order as needed
“Nipple discharge” as reason for study (may be unilateral or bilateral)	Note Type in notes Spontaneous or Non-Spontaneous	Diagnostic Bilateral MG ² and (L, R, or Bilat.) Diagnostic US ³
Male Patients	Any symptoms	Bilateral Diagnostic Mammogram ² (3D recommended)

- ²Mammograms are always Bilateral if both breasts are present, screening and diagnostic.
 - Exception 1: Mastectomy/ Surgical removal where only one breast is present.
 - Exception 2: No UNI MG on asymptomatic breast if last BILAT MG was <1 year.
- ³All ultrasounds, regardless of screening or diagnostic, require an order
- *366 rule: for patients >40YO, each screening MG needs to be 366 days apart for most insurances.
 - Diagnostic Mammograms or Ultrasounds of Breast are ignored in the 366 rule. Only the dates of screening mammograms are calculated.