The UCLA Family STAR Clinic



For more information contact The UCLA Family STAR Clinic at:

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Find out about other programs offered by the Nathanson Family Resilience Center (NFRC) at:

www.nfrc.ucla.edu

Providing expertise in Stress, Trauma, And Resilience (STAR) for children of all ages and their family members.

- Has your child experienced trauma or another challenging event such as medical illness, community violence, disasters, or traumatic loss?
- ★ Following a traumatic experience has your child's behavior, ability to communicate feelings, or satisfaction in everyday activities changed?
- ★ Do you feel like family communication is harder than it used to be?
- ★ Are you ready to learn new skills to build resilience and promote healthy communication?

