



UCLA HEALTH SCIENCES MEDIA REPORT
For the week of Dec. 4-10, 2015

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Prostate Cancer Story Grabs More Headlines

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Teens Get Fit with Sound Body Sound Mind Program

Geriatrician's Column Helps Elders Deal with Holiday Blues

Advanced Thyroid Cancer Rates in Some California Counties are Above National Average

Five Early Signs of Autism All Parents Should Know

MS Study Continues to Gain Coverage

Neurology Today Features Stroke Study

New Tech to Prevent Kids' Asthma Attacks

Survey Conducted in Multiple Languages Helps Differentiate Health Needs

One-fourth of Adolescents in California Lack Access to Water During School Lunch

Internalized Gay Ageism

BRIEFS

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\$10 Million Gift for Migraine Research Gains Widespread Attention

The Los Angeles [Daily News](#), [KPCC 89.3FM](#), [KCRW 89.9FM](#), [Associated Press](#), [KNX 1070AM](#), [My News L.A.](#), [Daily Breeze](#), Fox 11 News ([here](#) and [here](#)), [KABC 790AM](#) and [Examiner.com](#) Dec. 8, and [Westside Today](#), [Pain Medicine News](#), [Migraine.com](#), [KLIV-AM](#) and [KCBS-AM](#) (both in San Francisco) Dec. 9 reported on a \$10 million gift from Wendy and Leonard Goldberg to fund migraine research. The AP story also appeared in [CBSlocal.com](#), [Bakersfield Now](#) and nearly 100 other news outlets across the country.

Gynecologists Seek Second Opinion from FDA on Fibroid Treatment

More than 20 media outlets, including [Newsday](#) Dec. 7; [HealthDay](#), [Reuters](#), [U.S. News & World Report](#) and [Yahoo! News](#) Dec. 8; and [Newsweek](#), [Fox News.com](#) and [NBC News.com](#) Dec. 9 covered a campaign by gynecologists nationwide, led by Dr. William Parker, urging the Food & Drug Administration to reconsider a warning on the use of morcellation to treat uterine fibroids. Parker is chief of minimally invasive gynecologic surgery at UCLA Medical Center, Santa Monica and clinical professor of obstetrics and gynecology.

Prostate Cancer Story Grabs More Headlines

[WebMD](#), [Journal Observer](#) and [MedPage Today](#) Dec. 4 and [KUSI-TV](#) (San Diego) reported Dec. 6 on a study by Dr. Karim Chamie that found most men on active surveillance for prostate cancer are not being monitored properly. Chamie is an assistant professor of urology at UCLA and a member of UCLA's Jonsson Comprehensive Cancer Center.

Immunotherapy Drug Developed by UCLA Researcher Helps Former President Carter Fight Cancer

[STAT News](#) Dec. 6, [NBC News](#), [United Healthcare](#), and [The Monitor](#) Dec. 7, [Sacred Heart Spectrum](#) Dec. 9 and [The Countywide](#) Dec. 10 reported on the drug Keytruda, which uses the immune system to fight melanoma. Former President Carter was prescribed the drug following his cancer diagnosis and he credits it for shrinking the tumors on his brain. Dr. Antoni Ribas, director of the UCLA Jonsson Comprehensive Cancer Center Immunology Program and professor of medicine in the division of hematology/oncology at the David Geffen School of Medicine at UCLA, was quoted extensively.

Man Celebrates 30 Years with Donor Heart

The [Daily Breeze](#) featured Dec. 5 the story of a Redondo Beach man who is celebrating 30 years with a donor heart he received in 1985. His surgeon, Dr. Hillel Laks, professor emeritus of cardiothoracic surgery, was interviewed.

Teens Get Fit with Sound Body Sound Mind Program

[Telemundo Channel 52](#) featured Nov. 23 a story on the UCLA Health Sound Body Sound Mind program which helps fight childhood obesity and promote lifelong good health habits by installing state-of-the-art fitness programs in middle and high schools.

Geriatrician's Column Helps Elders Deal with Holiday Blues

Dr. Hong-Phuc Tran, geriatrician at UCLA Medical Center, Santa Monica and assistant clinical professor of medicine, authored Dec. 4 a [Santa Monica Mirror](#) column with tips to help older adults deal with holiday depression.

Advanced Thyroid Cancer Rates in Some California Counties are Above National Average

[Bioscience Technology](#) and [MedicalXpress](#) reported Dec. 10 on new findings by UCLA researchers that show several parts of California have a high percentage of people with thyroid cancer and the disease is already at an advanced stage by the time it is diagnosed. Dr. Avital Harari, member of UCLA's Jonsson Comprehensive Cancer Center and assistant professor of surgery, was quoted.

Five Early Signs of Autism All Parents Should Know

Connie Kasari, a professor of human development and psychology in the Semel Institute and the Graduate School of Education and Information Studies, described in a Dec. 8 [Huffington Post](#) article possible signs of autistic behavior in young children.

MS Study Continues to Gain Coverage

[Neurology Advisor](#) Dec. 3, [MedScape](#) Dec. 4 and [MedicalResearch.com](#) Dec. 7 reported on a study by Dr. Rhonda Voskuhl that found a safe estrogen can help prevent relapses in multiple sclerosis. Voskuhl is a professor in the UCLA Department of Neurology and director of UCLA's Multiple Sclerosis Program.

Neurology Today Features Stroke Study

[Neurology Today](#) reported Dec 3 reported on a study by Dr. S. Thomas Carmichael that found the brain emits a growth factor after stroke that helps with recovery. Carmichael is a professor and vice chair for research and programs in the UCLA Department of Neurology.

New Tech to Prevent Kids' Asthma Attacks

A \$6-million NIH grant that will enable a UCLA/USC medical imaging team to create a kid-friendly platform to help predict and ward off future asthmatic attacks was covered Dec. 7 by [Health Data Management](#) and Dec. 6 by [Fierce Mobile Healthcare](#). Principal investigator Alex Bui, a professor of radiological sciences, was quoted.

Survey Conducted in Multiple Languages Helps Differentiate Health Needs

[Ninez Ponce](#), professor of health policy and management at the UCLA Fielding School of Public Health and associate director of the UCLA Center for Health Policy Research, discussed the California Health Interview Survey and more Dec. 10 on Lehman College's [Public Health Minute](#).

One-fourth of Adolescents in California Lack Access to Water During School Lunch

A study about the lunchtime availability of fresh, free water for students co-authored by Susan H. Babey, UCLA Center for Health Policy Research senior scientist, was featured Dec. 2 in [California Health Report](#). [California Healthline](#) ran the story Dec. 3.

Internalized Gay Ageism

A study on internalized ageism among older gay men led by Richard Wight, researcher in the department of community health sciences at the UCLA Fielding School of Public Health, was featured Dec. 8 in [Windy City Media Group](#) article.

BRIEFS

Dr. Robert Cherry, chief medical and quality officer of UCLA Health, was cited Dec. 10 in a [Kaiser Health News](#) report on Medicare penalties for safety incidents.

Dr. Wally Ghurabi, medical director of the Nethercutt Emergency Center at UCLA Medical Center, Santa Monica, was referenced Dec. 9 in a [Lookout News](#) story about the Santa Monica Fire Department bolstering its emergency services. Ghurabi also serves as medical director of the fire department.

The UCLA Global Media Center for Social Impact at the UCLA Fielding School of Public Health was cited Dec. 3 by [WorldScreen.com](#) in an article about the distribution of the stop-motion, live-action series *Scout & the Gumboot Kids*.

QUOTABLES

Steve Cole, a professor of medicine in the division of hematology/oncology at the David Geffen School of Medicine at UCLA and of psychiatry and biobehavioral sciences at the Semel Institute, was quoted Dec. 9 in a [Huffington Post](#) article about new research on the science of happiness.

Jonathan Fielding, professor-in-residence of health policy and management at the UCLA Fielding School of Public Health, was quoted Dec. 7 by [WebMD](#) in a Q&A about E.coli.

Michael Jerrett, professor of environmental health sciences and chair of the Department of Environmental Health Sciences at the Fielding School of Public Health, was quoted Dec. 4 in [WND](#) article on the health impacts of pollution.

Elizabeth Laugeson, an assistant clinical professor of psychiatry and biobehavioral sciences at the Semel Institute and director of the UCLA PEERS program, was quoted Dec. 4 in a first-person [National Journal](#) article by a high-profile political reporter with autism.

Emanuel Maidenberg, director of the UCLA Cognitive Behavior Therapy Clinic and a clinical professor of psychiatry at the Semel Institute, was quoted Nov. 14 in a [Los Angeles Times](#) article about ways to beat bad habits. He also commented Dec. 8 in [Today.com](#) article about distinctive features of extroverts.

Dr. Jesse Mills, an associate clinical professor of urology, commented Dec. 8 in a [Men's Health](#) story on Viagra becoming the new party drug.

Dr. Alison Moore, professor of medicine in the division of geriatrics and of psychiatry, was quoted Dec. 8 in a [Healthline](#) article about the rise in substance and alcohol abuse among the elderly.

Dr. Joseph Pierre, a clinical professor of psychiatry in the Semel Institute and the David Geffen School of Medicine at UCLA, expressed reservations Dec. 4 in a [Canadian Broadcasting Company](#) piece about the increasing popularity of support groups for psychotic individuals who hear voices.

Richard Rawson, professor of psychiatry at the Semel Institute and co-director of UCLA's Integrated Substance Abuse Programs, was quoted Dec. 9 in a [New York Magazine](#) article about Captagon, a controversial amphetamine-based substance making headlines recently as the supposed drug of choice for Islamic State militants and other fighters in Syria's civil war.

Anne Rimoin, associate professor of epidemiology at the UCLA Fielding School of Public Health, was commented Dec. 4 in a [60 Minutes \(CBS\)](#) report on the threat to bonobos by the booming bushmeat trade.

Dr. Peter Whybrow, the Judson Braun professor of psychiatry and director of the Semel Institute, commented Dec. 8 in a [Today.com](#) article about new findings that underscore the difficulty of paying attention to others while operating a smart phone.

Sean Young, executive director of the UC Institute for Prediction Technology and assistant professor of family medicine at the David Geffen School of Medicine at UCLA, was quoted in the December issue of *Medical Ethics Advisor* in an article about how "instant access" culture is driving the trend toward at-home testing. He was also quoted Dec. 9 in an [IOL](#) story about the growing number of people doing 365-day projects in which they complete a task every day for a year and post it to social media.

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