



**UCLA HEALTH SCIENCES MEDIA REPORT  
For the week of May 7 - 13, 2010**

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### **\$50 Million Donation to UCLA Draws Wide Press**

The [Los Angeles Times](#), [Associated Press](#), [Chronicle of Higher Education](#), [Huffington Post](#), [Chronicle of Philanthropy](#) and [Imperial Valley News](#), among others, reported May 13 that professor emeritus of surgery and organ transplant pioneer Dr. Paul Terasaki donated \$50 million to the UCLA Division of Life Sciences, the largest gift ever received by the UCLA College of Letters and Science. His gift also included \$2 million to endow the Paul I. Terasaki Chair in Surgery at the David Geffen School of Medicine at UCLA, where the funds initially will support two postdoctoral fellowships in transplantation. He was quoted in the Los Angeles Times.

“Retired UCLA Professor Pledges \$50 Million to Westwood Campus”

<http://www.latimes.com/news/local/la-me-ucla-gift-20100513.0.6953555.story>

“Retired UCLA Professor Gives \$50-Million to University”

<http://chronicle.com/blogPost/Retired-UCLA-Professor-Gives/23972/>

“Retired Professor Pledges \$50-Million to UCLA”

<http://philanthropy.com/blogPost/Retired-Professor-Pledges/23970/>

### **N.Y. Times, ABCNews.com Address Misdiagnosed Food Allergies**

The New York Times reported May 11 and ABCnews.com reported May 12 on research by Dr. Marc Riedl, assistant professor of immunology and allergy, published in the Journal of the American Medical Association. His team’s findings suggest that inconsistent criteria used in diagnosing food allergies have increased the potential for misdiagnoses. RedOrbit.com also covered the findings.

“Doubt Is Cast on Many Reports of Food Allergies”

<http://www.nytimes.com/2010/05/12/health/research/12allergies.html>

“Are Your Food Allergies for Real?”

<http://abcnews.go.com/Health/Wellness/suffer-phantom-food-allergies-journal-american-medical-association/story?id=10626826>

### **NBC Nightly News Scrutinizes “Off” Switch for Huntington's Disease**

Dr. X. William Yang, associate professor of psychiatry at the Semel Institute and a member of the Brain Research Institute, appeared May 10 in an NBC Nightly News segment about his identification of a molecular switch that prevents the development of Huntington’s disease in mice. Scientific correspondent Robert Bazell explored how the UCLA discovery may show similar promise in people suffering from the devastating genetic disorder. The report also aired on four NBC affiliates.

“Mapping Huntington's Disease”

<http://dailynightly.msnbc.msn.com/archive/2010/05/10/2299317.aspx>

### **Reuters Investigates Folic Acid’s Effect on Stroke Reduction**

Reuters Health reported May 13 on a UCLA Stroke Center study finding that folic acid supplements do not play a role in reducing the risk of stroke. Dr. Jeffrey Saver, professor of neurology and director of the UCLA Stroke Center, was quoted.

“Folic Acid Doesn't Cut Risk of Stroke: Study”

<http://www.wtaq.com/news/articles/2010/may/13/folic-acid-doesnt-cut-risk-of-stroke-study/>

### **New Scientist, Science Now Look at Autism, Mirror Neurons**

Articles published May 12 in New Scientist and Science Now and May 13 in the Pittsburg Post-Gazette about a new autism study cited research by Marco Iacoboni, UCLA professor-in-residence of psychiatry and biobehavioral sciences, exploring the connection between autism and mirror neurons, cells in the human brain believed to underlie the ability to discern others' thoughts and empathize with them.

“Mirror Neurons Seen Behaving Normally in Autism”

<http://www.newscientist.com/article/dn18837-mirror-neurons-seen-behaving-normally-in-autism.html>

“A Crack in the Mirror Neuron Hypothesis of Autism”

<http://news.sciencemag.org/sciencenow/2010/05/a-crack-in-the-mirror-neuron-hyp.html>

“Study Challenges One View of Autism”

<http://www.post-gazette.com/pg/10133/1057866-114.stm>

### **HealthDay Examines Depression in Poor Sleepers**

HealthDay News reported May 7 on research by Jennifer Martin, assistant researcher with the UCLA–Veterans Affairs Geriatric Research, Education and Clinical Center, finding that seniors at assisted-living facilities who sleep poorly are more likely to experience depression and lower quality of life than those who sleep well. She was quoted in the coverage. Red Orbit and Psych Central also reported the findings on May 9 and May 7, respectively.

“Sleepless Nights Plague Assisted-living Residents”

<http://health.usnews.com/health-news/family-health/sleep/articles/2010/05/07/sleepless-nights-plague-assisted-living-residents.html>

“Older People In Assisted-living Facilities Sleep Poorly”

[http://www.redorbit.com/news/health/1862451/older\\_people\\_in\\_assistedliving\\_facilities\\_sleep\\_poorly/](http://www.redorbit.com/news/health/1862451/older_people_in_assistedliving_facilities_sleep_poorly/)

“Elderly at Risk of Poor Health in Assisted Living Facility”

<http://psychcentral.com/news/2010/05/07/elderly-at-risk-of-poor-health-in-assisted-living-facility/13638.html>

### **WebMD Covers MRI’s Impact on Prostate Surgery Outcomes**

WebMD reported May 7 on research by Dr. Robert Reiter, professor-in-residence of urology and co-director of the prostate and genitourinary oncology program at UCLA’s Jonsson Comprehensive Cancer Center, showing that preoperative MRIs of the prostate may improve surgeons’ ability to determine if they can operate and spare the nerves that control men’s erections. Reiter was quoted.

“Pre-op MRI May Prevent ED after Prostate Surgery”

<http://www.webmd.com/prostate-cancer/news/20100507/pre-op-mri-may-prevent-ed-after-prostate-surgery>

### **KPCC Explores Roots of Schizophrenia**

Carrie Bearden, associate professor of psychiatry at the Semel Institute, discussed her research into brain-based traits that may provide clues to the underlying causes of psychosis and bipolar disorder in an April 30 segment of KPCC 89.3 FM’s “L.A. Theater Works.”

“Blue/Orange Bonus: Schizophrenia with Dr. Carrie E. Bearden”

<http://www.bigcontact.com/latw/blue-orange-bonus-schizophrenia-with-dr-carrie-e-bearden>

### **Channel 2 Reports on Shopping 'Returnaholics'**

Dr. Timothy Fong, assistant professor of psychiatry at the Semel Institute and co-director of the Impulse Control Disorders Clinic, appeared May 6 in a KCBS-Channel 2 news segment on “returnaholics,” shoppers obsessed with purchasing and then returning items to stores.

“Returnaholics' Obsessed With Taking Stuff Back”

<http://cbs2.com/consumer>Returns.Returnaholics.Addicted.2.1677700.html>

### **Channel 11 Highlights Heart Expert**

Dr. Karol Watson, associate professor of medicine and co-director of the UCLA Center for Cholesterol and Lipid Management, suggested exercise as a healthy lifestyle change to improve one’s health on KTTV-Channel 11’s “Fox 11 in the Morning” on May 12.

“Make One Change”

<http://showroom.multivisioninc.com/share.do?id=126913&key=lzk9mZfE1HVxJBhgNzNC7kfLjmNUkaVr&email=RMoster@mednet.ucla.edu>

### **L.A. Daily News Runs Column on Shingles**

The Los Angeles Daily News and the San Gabriel Valley Tribune ran a May 13 syndicated column by Dr. Claire Panosian, professor of medicine, division of infectious diseases, on the rise in shingles outbreaks in adults. She also addressed symptoms and vaccine protection.

“Doctors See an Increase in Shingles Outbreaks”

[http://www.dailynews.com/ci\\_15073322?source=email](http://www.dailynews.com/ci_15073322?source=email)

### **Discovery Health Highlights Google Study**

Discovery Health Canada’s “Daily Planet” program on April 8 covered a UCLA study showing that surfing the Internet may help stimulate brain function in middle-aged and older adults. Dr. Gary Small, Parlow-Solomon Professor on Aging and professor of psychiatry and biobehavioral sciences at the Semel

Institute, was interviewed. The segment also cited Dr. Small's book, "iBrain: Surviving the Technological Alteration of the Modern Mind."

### **MedPage Today Stresses Importance of Colonoscopy Prep**

MedPage Today reported May 5 on a study by Dr. Brennan Spiegel, assistant professor of digestive diseases and director of the UCLA/VA Center for Outcomes and Education, on the importance of teaching proper colonoscopy prep to patients and the impact on outcomes. The findings were presented at Digestive Disease Week in New Orleans.

"Is a Picture Worth a Thousand Good Colonoscopy Preps?"

<http://egmnblog.wordpress.com/2010/05/06/is-a-picture-worth-a-thousand-good-colonoscopy-preps/>

### **Daily News, Valley Sun Test-Drive Mobile Health Clinic**

The Los Angeles Daily News on May 9 and San Fernando Valley Sun on May 13 profiled Dr. Glenn Lopez, assistant professor of family medicine, and a mobile clinic he developed that provides basic medical care to underrepresented communities in the San Fernando Valley. Lopez was quoted.

"Mobile Clinic Aims to Help with Chronic Illnesses"

[http://www.dailynews.com/ci\\_15051556?IADID=Search-www.dailynews.com-www.dailynews.com](http://www.dailynews.com/ci_15051556?IADID=Search-www.dailynews.com-www.dailynews.com)

"Delivering Health Care on Wheels to the Uninsured"

[http://www.sanfernandosun.com/sanfernsun/index.php?option=com\\_content&task=view&id=5220&Itemid=2](http://www.sanfernandosun.com/sanfernsun/index.php?option=com_content&task=view&id=5220&Itemid=2)

### **Geriatrician Writes Column on Women's Health**

The Santa Monica Mirror published a May 13 column by Dr. Sonja Rosen, staff geriatrician at Santa Monica-UCLA Medical Center and Orthopaedic Hospital, about women's health, in conjunction with National Women's Health Week, which occurred May 9-15.

"Women's Health 101"

<http://www.smmirror.com/MainPages/DisplayArticleDetails.asp?eid=12548>

### **Huffington Post Asks, "What's Your Meditation Style?"**

Susan Smalley, professor of psychiatry and founding director of the Mindful Awareness Research Center at the Semel Institute, published a column in the May 12 Huffington Post about the different types of meditation offered by the center.

"There's a Different Way to Meditate for Everyone"

[http://www.huffingtonpost.com/susan-smalley/theres-a-different-way-to\\_b\\_565410.html](http://www.huffingtonpost.com/susan-smalley/theres-a-different-way-to_b_565410.html)

### **Examiner Reports on Seniors' Drinking**

The Examiner.com reported April 28 on a study by Andrew Barnes, a researcher in the School of Public Health, finding that more than a third of drinkers over age 60 drink excessively, especially in light of diseases and medications associated with their age.

"UCLA Study Finds High Rates of At-Risk Drinking Among Elderly Adults"

[http://www.examiner.com/x-45992-Ft-Myers-Addiction-Examiner-y2010m4d28-UCLA-study-finds-high-reates-of-atrisk-drinking-among-elderly-adults?cid=edition-rss-Ft\\_Myers\\_FL](http://www.examiner.com/x-45992-Ft-Myers-Addiction-Examiner-y2010m4d28-UCLA-study-finds-high-reates-of-atrisk-drinking-among-elderly-adults?cid=edition-rss-Ft_Myers_FL)

### **CNN Warns about iPad, Lack of Sleep**

Dr. Alon Avidan, associate professor of neurology and associate director of the Sleep Disorders Program, was featured in a May 13 CNN.com report and in a May 12 Missouri NBC-affiliate TV news story about how light-emitting devices like the iPad could lead to sleep issues if used late at night. He also commented May 11 in an ABCNews.com article about 10 common sleep myths.

"Trouble Sleeping? Maybe it's Your iPad"

<http://www.cnn.com/2010/TECH/05/13/sleep.gadgets.ipad/index.html?hpt=Sbin>

"Exploring 10 Popular Sleep Myths"

<http://abcnews.go.com/Health/Sleep/10-sleep-myths-dream/story?id=10602717>

### **Web Site, Trades Report on PTSD Linked to Childhood Cancers**

Top Cancer News reported May 10 on a study by Dr. Margaret Stuber finding that adult survivors of childhood cancers are four times more likely than their siblings to develop post-traumatic stress disorder.

Trade publications Drug Week and Biotech Business Week reported the findings on May 17. Stuber is a professor of psychiatry/biobehavioral sciences and a researcher at UCLA's Jonsson Cancer Center. "Post-Traumatic Stress Disorder Four Times More Likely to be Developed by Persons Surviving Childhood Cancers"

<http://www.topcancernews.com/news/2441/post-traumatic-stress-disorder-four-times-more-likely-to-be-developed-by-persons-surviving-childhood-cancers.html>

### **Health Site Covers Vitamins' Impact on Skin**

ThirdAge on May 4 highlighted research by Dr. Jenny Kim, assistant professor of medicine, division of dermatology, regarding which vitamins may help improve skin.

"Wrinkle Vitamins: A Natural Cure?"

<http://www.thirdage.com/skin-nails/wrinkle-vitamins-a-natural-cure>

### **BRIEFS**

La Opinión ran a May 8 news brief on a study by the Center for Health Policy Research at the School of Public Health showing that nearly four million California adults have suffered physical or sexual violence at the hands of a spouse, companion or other intimate partner, and that lesbians, gays and bisexuals are almost twice as likely to experience such violence as heterosexuals.

"Los Gays Sufren Más la Violencia Doméstica"

<http://www.impre.com/noticias/2010/5/8/los-gays-sufren-mas-la-violenc-187530-1.html>

The research of Dr. Judith Orloff, assistant clinical professor of psychiatry, was cited in a May 9 Fort Myers News-Press (Florida) article about mothers' intuition.

"Mom's Know Best: Doctor's Say Mother's Intuition is Real"

<http://www.deseretnews.com/article/700030967/Moms-know-best-Doctors-say-mothers-intuition-is-real.html>

Senior Times magazine's May issue cited Dr. Jeffrey Saver, professor of neurology and director of the UCLA Stroke Center, in a story about the amount of brain tissue damage that occurs during each minute of a stroke.

"Stroke Prevention"

<http://www.seniortimesmagazine.com/healthy-edge/874/stroke-prevention>

The Bakersfield Californian cited Dr. Jorge Lazareff, director of pediatric neurosurgery at Mattel Children's Hospital UCLA, in a May 8 article about a 9-year-old brain-cancer patient he treated, who wanted to meet singer/actress Miley Cyrus.

"Wish Granted: Child who Battled Brain Tumor Meets Miley Cyrus"

<http://www.bakersfield.com/news/local/x173373399/Wish-granted-Child-who-battled-brain-tumor-meets-Miley-Cyrus>

A May 8 article in the Wall St. Journal about a \$20 million donation from philanthropist Iris Cantor to establish a New York men's health center cited the Iris Cantor-UCLA Women's Health Center.

[http://online.wsj.com/article/SB10001424052748703338004575230310389317020.html?mod=WSJ\\_LifeStyle\\_Lifestyle\\_5](http://online.wsj.com/article/SB10001424052748703338004575230310389317020.html?mod=WSJ_LifeStyle_Lifestyle_5)

### **QUOTABLES**

Richard Ambrose, director of UCLA's Environmental Science and Engineering Program and a professor of environmental health sciences at the UCLA School of Public Health, was quoted May 7 by the Los Angeles Times about using animal hair to help absorb the oil spill in the Gulf of Mexico. He was also quoted in a May 8 Agence France-Presse article on the environmental impact of the oil spill.

"Volunteers Gather Hair to Help Mop Up Oil Spill"

<http://articles.latimes.com/2010/may/06/nation/la-na-oil-spill-hair-20100507>

"The Lesser of the Evils: Fight the Oil Before it Hits Land"

<http://www.vancouversun.com/news/lesser+evils+Fight+before+hits+land/3002117/story.html>

Dr. David Baron, chief of staff at Santa Monica-UCLA Medical Center and Orthopaedic Hospital, commented May 11 in a KNX 1070AM report about a mild stroke suffered by Vice President Biden's son.

Dr. Lawrence Bassett, Iris Cantor professor of breast imaging at UCLA's Jonsson Cancer Center, commented May 13 on technology-driven breast screening options in a story in the Los Angeles Times. "Beyond the Mammogram"

<http://www.baltimoresun.com/health/bal-he-mammogram,0,7763093.story?track=rss>

Gregory Cole, professor of neurology and associate director of the Alzheimer Disease Research Center, was quoted in a May 11 HealthDay News article that appeared on MSN.com about two genes linked to Alzheimer's disease.

"New Alzheimer's Risk Genes Identified"

<http://health.msn.com/health-topics/alzheimers-disease/articlepage.aspx?cp-documentid=100258030>

Dr. Gregg Fonarow, UCLA's Eliot Corday Professor of Cardiovascular Medicine and Science and director of the Ahmanson-UCLA Cardiomyopathy Center, commented May 6 in a HealthDay News story about a genetic link between high triglyceride levels and heart disease. The story also ran on Medicine.Net.com and on the website of Santa Barbara's FOX-TV affiliate. He also commented May 11 in a second HealthDay News story about how the stress of working overtime can affect the heart.

"Genes Tie Blood Fat to Heart Disease"

<http://health.usnews.com/health-news/family-health/heart/articles/2010/05/06/genes-tie-blood-fat-to-heart-disease.html>

"Overtime Boosts Heart Attack Risk"

<http://www.healthday.com/Article.asp?AID=638987>

Dr. Timothy Fong, assistant professor of psychiatry at the Semel Institute and co-director of the gambling studies program, was quoted May 5 by ABCNews.com about gambling addiction.

"Near Misses Feel like Wins to a Gambler's Brain"

<http://abcnews.go.com/Health/MindMoodNews/misses-feel-wins-gamblers-brain/story?id=10564346>

Dr. D. Rex Hamilton, director of the Laser Refractive Center at UCLA's Jules Stein Eye Institute, commented May 12 in a WebMD.com article about a new study comparing the effectiveness of implanted prescription lenses to LASIK surgery for near-sighted people.

"Implanted Lenses May Treat Milder Nearsightedness"

<http://www.webmd.com/eye-health/news/20100512/implanted-lenses-may-treat-milder-nearsightedness>

Shana Alex Lavarreda, director of health insurance studies at the Center for Health Policy Research at the School of Public Health, was quoted in a May 6 Ventura County Star article about how health care reform will affect Medicare Advantage patients.

"Negotiations with Medical Groups up to Insurers"

<http://www.vcstar.com/news/2010/may/06/negotiations-with-medical-groups-up-to-insurers/>

Dr. David Liebeskind, associate neurology director of the UCLA Stroke Center, was quoted May 12 by the Los Angeles Times health blog and AOL Health about the occurrence of mild strokes in younger people.

"Causes of Mild Strokes, Such as the One Suffered by Beau Biden, are Varied"

[http://latimesblogs.latimes.com/booster\\_shots/2010/05/beau-biden-mild-stroke-causes.html](http://latimesblogs.latimes.com/booster_shots/2010/05/beau-biden-mild-stroke-causes.html)

"Beau Biden's Stroke: More Common than You'd Think"

<http://www.aolnews.com/health/article/41-year-old-beau-bidens-stroke-more-common-than-you-d-think/19474260>

Suzanne McGuire, transplant coordinator for the kidney and pancreas transplantation program, was quoted May 11 in the Ventura County Star about proposed state bill SB 1395 that would establish a living kidney donor registry.

"State Senate to Vote on Living Kidney Donor Registry"

<http://www.vcstar.com/news/2010/may/10/state-senate-to-vote-this-week-on-living-kidney/>

Dr. Anita Nelson, professor of obstetrics and gynecology, was quoted May 6 in a Bloomberg article about the Food and Drug Administration approving a new female contraceptive.

“Bayer Wins U.S. Approval of New Type of Contraceptive”

<http://www.sfgate.com/cgi-bin/article.cgi?f=/g/a/2010/05/06/bloomberg1376-L20QJ91A114H-1.DTL>

Dr. Gary Small, Parlow-Solomon Professor on Aging and professor of psychiatry and biobehavioral sciences at the Semel Institute, commented in the May issue of AARP Bulletin about the effectiveness of antidepressant medications.

Dr. Brennan Spiegel, assistant professor of digestive diseases and director of the UCLA/VA Center for Outcomes and Education, commented May 6 in MedPage Today about an investigational drug that may relieve symptoms of a specific type of irritable bowel syndrome.

“Rifaximin Bests Placebo for Irritable Bowel Syndrome”

<http://www.medpagetoday.com/MeetingCoverage/DDW/19974>

Dr. Jeffrey Veale, assistant professor of surgery in the Department of Urology, commented May 4 in a KFWB 980AM report about organ donation that was part of a five-part, week-long series on the subject.

“Behind the Pink Dot”

<http://kfwb.com/Behind-the-Pink-Dot/6953828>

Dr. Lonnie Zeltzer, director of the pediatric pain program at Mattel Children's Hospital UCLA, commented May 3 in MedPage Today about the off-label use of propofol for sedation in imaging procedures for children.

“PAS: Propofol Widely Used to Sedate Children”

<http://www.medpagetoday.com/MeetingCoverage/PAS/19892>

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