



Health

UCLA HEALTH SCIENCES MEDIA REPORT July 20 - 26, 2018

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[NBC Los Angeles](#): Free sunscreen kiosks debut at beaches

(Photo: UCLA Health)





[CNN Money](#): Experimental treatment uses stem cells to fight cancer

(Photo: UCLA)



[Men's Journal](#): Here's what parents should know about concussions

(Photo: UCLA Health)



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FEATURED

Sunscreen kiosks debut at Santa Monica and Malibu beaches

[KNBC-TV](#), KCBS-TV, KVEA-TV, KMEX-TV and KTLA-TV, KNX-AM, KFI-AM, and other media outlets, including [Santa Monica Mirror](#), [LA West Media](#) and [Santa Monica Patch](#), covered the unveiling of the first of 50 kiosks that will dispense free sunscreen on Santa Monica and Malibu beaches as part of a collaboration between UCLA Health, dispenser maker BrightGuard and the nonprofit IMPACT Melanoma. Dr. Jennifer Hsiao, dermatologist at UCLA Medical Center, Santa Monica, was interviewed in the reports, as was UCLA alum and volleyball legend Sinjin Smith.

- KABC-TV aired a separate segment featuring Dr. Emily Newsom, dermatologist at UCLA Medical Center, Santa Monica, and a patient.

New cancer clinical trial uses potentially powerful form of immunotherapy

[CNN Money](#) published a video and article featuring Dr. Antoni Ribas, a professor of medicine and director of the tumor immunology program at the UCLA Jonsson Comprehensive Cancer Center, who is testing a potentially pioneering form of immunotherapy that could turn a patient's own body into a powerful weapon against cancer. The trial, run by the Eli and Edythe Broad Center of Regenerative Medicine and Stem Cell Research at UCLA, uses engineered blood stem cells and T cells to kill hard-to-treat cancers. The story was picked up in an additional 41 outlets across the country including [KABC-TV](#), Los Angeles; [AZ Family](#); and [Click on Detroit](#).

Concussion and football prevention tips featured

[Men's Journal](#) featured Dr. Christopher Giza, director of the UCLA Steve Tisch BrainSPORT Program and a professor of pediatrics and neurosurgery at UCLA's David Geffen School of Medicine and Mattel Children's Hospital, in a Q&A about information parents should consider before allowing their kids to play football.

Can extreme heat impact learning, students' performance?

[TBS 101.3 FM](#), a South Korean radio station, aired a live interview with R. Jisung Park, assistant professor of environmental health sciences at the UCLA Fielding School of Public Health and assistant professor of public policy at the Luskin School of Public Affairs at UCLA. Dr. Park has researched how extreme heat can negatively impact students' academic performance.

Officials announce end to Ebola outbreak in Congo, but more work remains

Anne Rimoin, associate professor of epidemiology at the UCLA Fielding School of Public Health and founding director of the UCLA-DRC Health Research and Training Program, contributed a brief opinion piece for [Healio](#) in response to the news that officials have declared an end to the Ebola outbreak in the Democratic Republic of Congo.

Can you lower cancer risk by eating dinner earlier?

KNX Radio featured Dr. Catherine Carpenter, a professor of clinical nutrition and a member of the UCLA Jonsson Comprehensive Cancer Center, in a discussion on the show InDepth with host Charles Feldman about a study published in the International Journal of Cancer that found eating dinner earlier in the day may lower the risk of some cancers.

Aggressive therapy for advanced prostate cancer helps men live longer

[Renal & Urology News](#) published an article on a recent study led by Dr. Amar Kishan, assistant professor in radiation oncology and member of the UCLA Jonsson Comprehensive Cancer Center, that found that men diagnosed with Gleason 10 prostate cancer had a high five-year overall survival rate, regardless of the type of aggressive treatment used.

How sexually active older women can stay safe

[Women.com](#) featured Dr. Janet Pregler, a professor of medicine and director of the Iris Cantor-UCLA Women's Health Center, in an article about sexuality and older women.

In women, more 'good cholesterol' could actually harm heart

[HealthDay](#) interviewed Dr. Karol Watson, co-director of the UCLA Program in Preventive Cardiology and director of the UCLA Barbra Streisand Women's Heart Health Program, about a new study of postmenopausal women that found people with high levels of "good cholesterol" were more likely to show plaques in their carotid arteries.

Parents' childhood trauma tied to behavior problems in kids

[Reuters Health](#) reported on a new study published in Pediatrics that found severe childhood trauma and stresses early in parents' lives are linked to higher rates of behavioral health problems in their own children. The study's lead author, Dr. Adam Schickedanz, a pediatrician and health services researcher and assistant professor in the department of pediatrics, was quoted. The article was syndicated by a dozen outlets including [Medscape](#), [Business Insider](#) and [Gulf Times](#), Qatar.

Project fulfills patient wishes to improve end-of-life experience

[HemOnc Today](#) interviewed Dr. Peter Phung, a palliative care physician at UCLA, about

the 3 Wishes Project in the medical intensive care unit at Ronald Reagan UCLA Medical Center. The program offers hospital staff, patients and their families a way to celebrate patients' lives as they near death by fulfilling small wishes. The article also referenced Dr. Thanh Neville, an assistant professor in the division of pulmonary and critical care, who leads the program with Phung.

Switching drugs could help macular degeneration patients

[M.D. Magazine](#) covered a UCLA Stein Eye Institute study by Dr. Michael Ip finding that macular degeneration patients who didn't respond well to injections of the drug Avastin experienced improvement in macular thickness and visual acuity when their medication was switched to Eylea or Regeneron. A professor of ophthalmology at the David Geffen School of Medicine at UCLA, Ip presented the findings to the American Society of Retinal Society's annual meeting.

Gastroenterologist weighs in on treating IBS

[Healio](#) interviewed Dr. Lin Chang in an article about medical therapies for patients with irritable bowel syndrome. Chang is vice-chief of the Vatche and Tamar Manoukian Division of Digestive Diseases and co-director of the G. Oppenheimer Center for Neurobiology of Stress and Resilience.

Op-ed: The struggles of health care in Gaza Strip

[National Catholic Reporter](#) published an op-ed by Dr. J. Patrick Whelan, health sciences assistant clinical professor of pediatrics, about the state of health care in the Palestinian territory of Gaza.

HIV self-testing

An [Infectious Disease Advisor](#) Q&A about HIV self-testing featured Dr. Jeffrey Klausner, professor of medicine in the division of infectious diseases at the David Geffen School of Medicine at UCLA and of public health at the UCLA Fielding School of Public Health.

- Klausner also commented in a [Healthline](#) article about mycoplasma genitalium, a sexually transmitted infection that can make women infertile and is growing resistant to antibiotics.

This week in 'Ask the Doctors'

UCLA Health internists Dr. Robert Ashley, Dr. Eve Glazier and Dr. Elizabeth Ko address health-related questions in the recurring "Ask the Doctors" column, syndicated by more than 50 outlets nationwide. Glazier is an associate professor of medicine, and Ashley and Ko are assistant professors of medicine. A sampling of stories from this past week's column:

- On dark chocolate and potential effects of mood and memory, in California's [Hanford Sentinel](#)
 - On calorie counting, in Washington's [The Spokesman-Review](#)
 - On sunlight and well-being, in Florida's [The Daytona Beach News-Journal](#)
 - On mild cognitive impairment, in Pennsylvania's [The Courier Express](#)
 - On bladder prolapse, in Oklahoma's [Tulsa World](#)
 - On elective surgery, in Pennsylvania's [The Times-Tribune](#).
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QUOTED

"In a child's psychology, the natural tendency is to think, 'Mom, you failed to protect me.'"

-Dr. Elizabeth Barnert, on family separations at the border, in [Deutsche Welle](#)



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Dr. Alon Avidan, a professor of neurology and director of the UCLA Sleep Disorders Center, commented in a story that appeared in [Yahoo! News](#) about ways to get a better night's sleep this summer. The article also appeared in [CTV News](#).

Dr. Elizabeth Barnert, an assistant professor of pediatrics at the David Geffen School of Medicine at UCLA and UCLA Mattel Children's Hospital, commented in a [Deutsche Welle](#) story about the reunification of migrant children who were previously separated from their families.

Melissa Brymer, the director of terrorism and disaster programs at the UCLA-Duke National Center for Child-Traumatic Stress, commented in an [LAist](#) article about how parents should talk to their children in the aftermath of a recent hostage incident and fatal shooting at a Trader Joe's store in the Silver Lake neighborhood of Los Angeles.

Dr. Timothy Fong, a clinical professor of psychiatry and director of the UCLA Addiction Psychiatry Fellowship, commented in a [Reuters](#) article about how the majority of health claims about cannabis are unproven.

Dr. Richard Hong, an associate clinical professor of anesthesiology and chief of obstetric anesthesiology at the David Geffen School of Medicine at UCLA, commented in a [U.S. News and World Report](#) story about circumstances surrounding medical school admissions.

Dr. Chrystina Jeter, clinical instructor in the UCLA Department of Anesthesiology, commented in a [National Public Radio](#) "Morning Edition" report on ways that physicians use to determine a patients' level of pain, including a widely used numerical pain scale. More than 130 outlets across the nation carried the report, including KCRW-FM, Los Angeles; [New York Public Radio](#), [Wyoming Public Media](#), [Iowa Public Radio](#), [New England](#)

[Public Radio](#), and others.

Dr. Jeffrey Klausner, adjunct professor of epidemiology at the UCLA Fielding School of Public Health and clinical professor in the division of infectious diseases at the David Geffen School of Medicine at UCLA, was quoted in a [Healthline](#) article about mycoplasma genitalium, a sexually transmitted infection that can make women infertile.

Gerald Kominski, professor of health policy and management at the UCLA Fielding School of Public Health and a fellow with the Fielding School's UCLA Center for Health Policy Research, was quoted in a [Capital Public Radio](#) segment about an announcement from Covered California about premium rate increases for people insured by the state's individual health insurance program.

- Kominski commented in a [Kaiser Health News](#) story about the potential effect of courts striking down the Affordable Care Act's pre-existing condition protections. The story ran in 39 outlets, including [Governing](#), the [Las Vegas Sun](#) and [Miami Herald](#).

Dr. Zhaoping Li, director at the UCLA Center for Human Nutrition, commented in a [Healthline](#) story about research suggesting that multivitamins do not help prevent cardiovascular disease.

Dr. Emeran Mayer, director of the G. Oppenheimer Center for Neurobiology of Stress and Resilience and co-director of the CURE: Digestive Diseases Research Center, commented in a [Gizmodo](#) story about research looking at the possible connection between nitrate consumption and manic episodes.

Dr. Leena Nathan, assistant clinical professor and obstetrician-gynecologist at UCLA Health-Westlake Village, commented in a [Well+Good](#) article on whether wet bathing suits can cause yeast infections. In addition, Nathan

- Commented in a [Healthline](#) article about woman suffering from depression during pregnancy.
- Commented in an [Everyday Health](#) article about a new drug approved by the U.S. Food and Drug Administration to treat pain caused by endometriosis.

Dr. Natalia Ramos, an assistant clinical professor at the David Geffen School of Medicine at UCLA and a child, adolescent and adult psychiatrist at UCLA Health, commented in a [U.S. News Health](#) story about how to reduce the mental health risk for gender-nonconforming kids.

Anne Rimoin, associate professor of epidemiology at the UCLA Fielding School of Public Health and founding director of the UCLA-DRC Health Research and Training Program, was quoted in a [Washington Post](#) article about a new study describing the case of a woman who survived an Ebola infection that she contracted during the 2014-2015 epidemic and then, a year later, apparently infected her husband and two of her sons. [My San Antonio](#) picked up the story.

Dr. Jason Roostaeian, an associate clinical professor of plastic and reconstructive surgery, was quoted in a [Healthline](#) story about growing popularity of men getting plastic surgery.

Dr. Vivian Shibayama, an optometrist and contact lens specialist at the UCLA Stein Eye Institute, commented in [SELF](#) about common mistakes contact lens wearers make with their lens cases. She was also interviewed in a second [SELF](#) story about proper contact lens hygiene.

Dr. Dennis Slamon, director of research at UCLA Jonsson Comprehensive Cancer Center, was quoted in an [ASCO Post](#) article on an update about breast cancer research.

Dr. Gary Small, a professor of psychiatry and biobehavioral sciences at UCLA's David Geffen School of Medicine, commented in an [AARP](#) story about how a healthy diet might lower dementia risk.

Dr. Aparna Sridhar, a clinical assistant professor of obstetrics and gynecology, was quoted in a [Women's Health](#) article about what is the 'right' age for a woman to get pregnant. The article was syndicated in [Cosmopolitan U.K.](#), [Yahoo Style U.K.](#), and [MSN.com](#).

- Sridhar also commented in an [InStyle](#) article on the most common questions that women ask their gynecologists. The story was syndicated in [Family Circle](#) and [Shape](#).

Dr. Pablo Villablanca, commented in [Healthline](#) about a new imaging technology that allows doctors to see inside the body in colorful 3D.

BRIEFS

UCLA research using software that measures the size and volume of brain structures from magnetic resonance imaging scans can help determine whether a patient has cognitive impairment was featured in an article in [Health Data Management](#).

[Becker's Hospital Review](#) ranked the David Geffen School of Medicine at UCLA as No. 18 in a listing of the top 25 internal medicine residency programs in the U.S.

An article in [Simplemost](#) cited research from the WORLD Policy Analysis Center at the UCLA Fielding School of Public Health showing that paid leave is associated with several health benefits for mothers and infants, including lower infant mortality rates. Several outlets picked up the article, including [Beatrice Daily Sun Online](#), [Herald & Review](#), [Journal Times Online](#), [Lady Click](#), [The Pantagraph](#), [The Post-Star](#) and [Southern Illinoisan](#).

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[UCLA Health Connect Blog](#): Riding electric scooters without a helmet is bird-brained

(Photo: Steve Jurvetson/Flickr)



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It also includes placements about the UCLA Fielding School of Public Health, the UCLA School of Nursing, the UCLA School of Dentistry, the UCLA Jonsson Comprehensive Cancer Center and the UCLA Eli and Edythe Broad Center of Regenerative Medicine and Stem Cell Research.

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