

UCLA

Health

**UCLA HEALTH SCIENCES MEDIA REPORT
For the week of July 28 – Aug. 3, 2017**

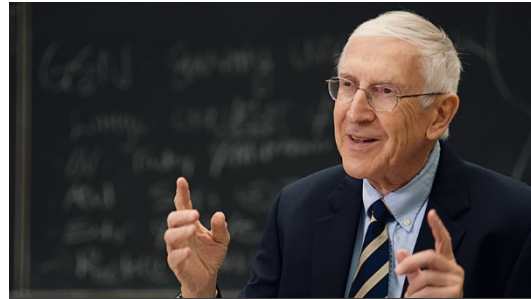
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NPR: The under-diagnosis of autism in girls

(Photo credit: Don Liebig/UCLA)



New York Times: Whooping cough is on the rise

(Photo credit: UCLA Health)



Post



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Some moms puff, puff, pass while parenting

[NBC's TODAY Show](#) aired a segment about mothers who smoke marijuana while parenting and featured expert Dr. Larissa Mooney, director of the UCLA Addiction Medicine Clinic.

The under-diagnosis of autism in girls

[NPR](#) published a story on how the symptoms of autism in girls can be less obvious than those in boys. Amanda Gulsrud, assistant clinical professor of psychiatry and biobehavioral sciences at the Semel Institute at UCLA and clinical director of the UCLA Child and Adult Neurodevelopmental Clinic, was featured as an expert in the story, which ran on more than 82 NPR affiliates nationwide.

Whooping cough is on the rise, but doctors are staying calm

[New York Times](#) featured Dr. James Cherry in a story about the rising rates of whooping cough in Indiana. Cherry is a distinguished professor of pediatrics and infectious diseases at UCLA's David Geffen School of Medicine and Mattel Children's Hospital.

On the 'skinny' Senate health bill, ACA and universal health care

[CNN](#) interviewed Gerald Kominski, professor of health policy and management at the UCLA Fielding School of Public Health and director of the Fielding School's UCLA Center for Health Policy Research, about the "skinny" Senate healthcare bill, the Affordable Care Act and universal health care.

A 'biological age' kit for consumers

[The Scientist](#) interviewed Steve Horvath in a story about his research on an epigenetic clock that tracks biological aging and a company's attempt to bring it to consumers. Horvath is a professor of human genetics and biostatistics at UCLA's David Geffen School of Medicine and Fielding School of Public Health.

Research links parent age to cancer risk in children

[CURE Magazine](#) and [DailyMail](#) featured a study conducted by UCLA and the University of Denmark suggesting a link between parental age and an increased risk of pediatric cancer in children. The article quoted Julia Heck, associate professor of epidemiology at the UCLA Fielding School of Public Health.

Nationwide interest in surgery offered only at UCLA

NBC Newschannel reported on a surgery performed at UCLA to treat a rare condition known as superior semicircular canal dehiscence, or SSCD. The coverage was syndicated to 40 television outlets, including KPRC-TV, Houston, Texas, NECN-TV, Boston, Massachusetts, KSEE-TV, Fresno, California, and KOVA-TV, Tucson, Arizona. Dr.

Quinton Gopen, an assistant professor of head and neck surgery, and Dr. Isaac Yang, an assistant professor of neurosurgery, who performed the procedure together, were featured.

KPRC-TV: <http://bit.ly/2vpdgFD>

NECN-TV: <http://bit.ly/2u0qfu1>

KSEE-TV: <http://bit.ly/2u0ld0A>

KVOA-TV: <http://bit.ly/2wIPzeA>

Cost of minimally invasive heart procedure on the rise

[Cardiovascular Business](#) and [Reuters Health](#) reported on a recent study finding that the cost of transcatheter aortic valve replacement (TAVR) is increasing, while the cost of surgical aortic valve replacement (SAVR) is declining. Lead author Dr. Peyman Benharash, assistant professor of cardiothoracic surgery, was quoted.

Brain activity test detects autism severity

[Front Line Genomics](#) featured research led by Dr. Shafali Jeste, associate professor in psychiatry, neurology and pediatrics, that identified a potential biomarker for autism severity.

Surgeon offers primer on Bell's palsy

Dr. Reza Jarrahy, associate clinical professor of plastic and reconstructive surgery, was interviewed in a [Vogue.com](#) article explaining Bell's palsy and how it can be diagnosed and treated.

Cold sores and newborn babies

[Healthline](#) featured Dr. Karin Nielsen, professor of clinical pediatrics in the division of pediatric infectious diseases at the David Geffen School of Medicine at UCLA and Mattel Children's Hospital UCLA, in an article about the potential to infect newborn babies with herpes simplex virus that causes cold sores via kissing.

Feeding gut bacteria through diet

[BigThink](#) interviewed Dr. Emeran Mayer for a story about how diet affects the gut microbiome. Mayer is director of the G. Oppenheimer Center for Neurobiology of Stress and Resilience and co-director of the CURE: Digestive Diseases Research Center.

Preparing retina surgeons for the workforce

[Retina Today](#) published tips for attending physicians entering their first ophthalmology practices. Dr. M. Ali Khan, assistant professor of ophthalmology at the UCLA Stein Eye Institute, was one of the featured physicians sharing expertise.

Preventing cardiovascular disease in healthy adults

[MedicalResearch.com](#) featured Dr. Carol Mangione, chief of the UCLA Division of General

Internal Medicine and Health Services Research, in a Q&A about new U.S. Preventive Services Task Force guidelines on diet and exercise counseling for prevention of cardiovascular disease. Mangione, a professor of health policy and management at the UCLA Fielding School of Public Health, is a task force member.

Assessing risk of hormone therapy for menopause

[Science Daily](#) and [MedicalXpress](#) highlighted research led by Dr. Carolyn Crandall, professor of medicine in the division of general internal medicine and health services research, finding that dosage rather than delivery method is what matters in assessing risks of hormone therapy for menopause.

Counting Hispanic physicians

A [Riverside Press-Enterprise](#) profile of a Moreno Valley surgery resident who entered the country illegally and is now a naturalized citizen highlighted a 2015 study led by Dr. Gloria Sanchez finding that the rate of Hispanic physicians per 100,000 population has fallen by 22 percent since 1980. Sanchez is an associate clinical professor of family medicine.

HIV treatment adherence among transgender women

[MPR](#) highlighted research led by Dr. Jordan Lake finding that more than half of HIV-positive transgender women in Los Angeles are concerned about taking antiretroviral therapy along with feminizing hormone therapy. Oncology Nurse Advisor also ran the article. Lake led the study while she was a health sciences assistant clinical professor of medicine in the division of infectious diseases.

Reversing premature aging in people with HIV

[POZ](#) spotlighted a \$75,000 Campbell Foundation grant to Dr. Theodoros Kelesidis, assistant professor-in-residence of medicine in the division of infectious diseases, that supports research into whether two particular antioxidants can stop HIV-related aging.

For some, it's summer, not winter, that brings on seasonal depression

[Pinal Central](#) and [Tucson Sentinel](#) featured Dr. Ian Cook, who directs the UCLA Depression Research and Clinic Program, in an article about summertime seasonal affective disorder, a form of seasonal depression. The story originally ran in [Cronkite News](#).

UCLA's nutrition services focus on wellness, sustainability

[Foodservice Equipment & Supplies](#) interviewed Patti Oliver, director of nutrition at UCLA Health, for a story about the organization's wellness and sustainability practices.

The benefits of a plant-based diet

The [Jewish Journal](#) featured an interview with Dr. Tamara Horwich, an associate professor of medicine in the division of cardiology, explaining how a plant-based diet can boost wellness in both the body and mind. The article was syndicated on [Lady Click.com](#).

Media interest in transcranial magnetic stimulation therapy grows

[Healthline](#) reported on the UCLA transcranial magnetic stimulation (TMS) therapy, a treatment that beams magnetic pulses into the brain to combat depression. Dr. Andrew Leuchter, senior research scientist at the Semel Institute for Neuroscience and Human Behavior and director of the neuromodulation division, commented.

IMG program garners more coverage

Nationally syndicated agribusiness news program AgDay reported on the UCLA International Medical Graduate (IMG) program, which helps legal U.S. residents who are medical-school graduates from Latin America earn their California medical licenses. Dr. Michelle Bholat, executive director of the program and executive vice chair of the UCLA Department of Family Medicine, commented.

AgDay: <http://bit.ly/2w9Hx9m>

This week on “Ask the Doctors”

UCLA Health internists Dr. Robert Ashley, Dr. Eve Glazier and Dr. Elizabeth Ko address health-related questions in the recurring “Ask the Doctors” column, syndicated by more than 50 outlets nationwide. A sampling of the stories from the past week’s column:

- On trans fats and early death, featured in [The Berkshire Eagle](#)
- On the effects of oregano, featured in [The Cumberland Times-News](#)
- On how drugs can affect taste and smell, featured in [The Times-Tribune](#)
- On tuberculosis screening, featured in [Bismarck Tribune](#)
- On Crohn’s and B12 deficiency, featured in [The Rocky Mount Telegram](#)
- On bursitis pain, featured in [Hanford Sentinel](#).

QUOTED

“It helps you pick up what people have learned about suicide from the show. But it’s important to not get freaked out that the show is causing people to go kill themselves. I don’t see the evidence for that.”

-Sean Young, associate professor of family medicine at the David Geffen School of Medicine at UCLA and executive director of the University of California Institute for Prediction Technology, in [Wired](#).

Dr. Alon Avidan, director of the UCLA Sleep Disorders Center, was quoted in an [Atlanta Journal-Constitution](#) story on how to fall asleep faster.

Dr. Noah Federman, health sciences associate professor in the departments of pediatrics and orthopaedics and clinical director in the division of pediatric hematology and oncology at the David Geffen School of Medicine at UCLA and member of UCLA’s Jonsson Comprehensive Cancer Center, was mentioned in [The Beach Reporter](#) about a little boy being treated for Ewing’s Sarcoma.

Evelyne Fleury-Milfort, director of the diabetes education program in the UCLA Division of Endocrinology, Diabetes and Metabolism, was quoted in a [U.S. News & World Report](#) article on the role that diabetes educators play in helping patients manage their disease.

Dr. Gregg Fonarow, the Eliot Corday Chair in Cardiovascular Medicine and Science, director of the Ahmanson–UCLA Cardiomyopathy Center and co-chief of cardiology, was quoted in a [HealthDay](#) article about the potential link between common painkillers and heart attack risk. The story was syndicated by the [Daily Journal Online](#), [Santa Maria Times](#), [The Missoulian](#) and the [Trib.com](#).

Dr. Michael Irwin, professor of psychiatry and director of the Cousins Center for Psychoneuroimmunology at the Semel Institute at UCLA, was quoted in an [Everyday Health](#) story about the benefits of tai chi. The story referenced his research.

Gerald Kominski, professor of health policy and management at the UCLA Fielding School of Public Health and director of the UCLA Center for Health Policy Research at the Fielding School, commented in the following news media outlets:

- [Los Angeles Times](#), in an article about Covered California changes for 2018.
- [Politifact](#), in a story about Lt. Governor Gavin Newsom’s statement that San Francisco was the only U.S. city with universal healthcare that did not require a general tax increase.
- [ATTN:](#), in an article about Senator Steve Daines (R-Mont.) adding a single-payer amendment to the Senate healthcare bill as a political statement.

Dr. Zhaoping Li, director at UCLA’s Center for Human Nutrition, was quoted in a [People.com](#) story about fasting and cleanses. She was also quoted in the [Daily Mail](#) in a story about fat stored in the stomach.

Dr. Michael Ong, associate professor of medicine in the division of general internal medicine and health services research, was quoted in a [MedPage Today](#) article about Medtronic remote monitors.

Joseph Pierre, professor of psychiatry and biobehavioral sciences, was quoted in [Business Insider](#), [New York Post](#), [Elle UK](#), [Yahoo! News](#), [The Independent](#) and 10 other publications in stories about a manipulative tactic called “love bombing.”

Jerome Siegel, professor in residence at the Semel Institute at UCLA and director of the Center for Sleep Research, was quoted in a [Healthline](#) story about sleep hygiene.

Sean Young, associate professor of family medicine at the David Geffen School of Medicine at UCLA and executive director of the University of California Institute for Prediction Technology, was quoted in a [Wired](#) article about research finding a spike in web searches for suicide coinciding with the airing of the Netflix series, “13 Reasons Why.”

Dr. Karol Watson, professor of medicine in the division of cardiology, co-director of the UCLA Program in Preventive Cardiology, and director of the UCLA Barbra Streisand Women’s Heart Health Program, was quoted in a [Health.com](#) article on heart rate variability.

Dr. Daniel Waxman, an emergency room physician at Ronald Reagan UCLA Medical Center and an associate professor of emergency medicine, commented in a [San Diego Union-Tribune](#) story about senior-centric emergency care that helps reduce hospital admissions and control health care costs.

BRIEFS

The [Orange County Register](#) referenced the UCLA Health Training Center in a story about the Lakers packing up their offices for the move to the new state-of-the-art facility. The story was syndicated in 10 Southland publications, including the [Los Angeles Daily News](#), [Daily Breeze](#), [Pasadena Star News](#) and [Press-Telegram](#).

The United Kingdom papers [Daily Mail](#) and [Mail on Sunday](#) referenced research on hand hygiene conducted by Dr. Mark Sklansky, professor and chief of pediatric cardiology.

[Telegram.com](#) cited UCLA Health's YouTube presentations on caregiving and dementia in an article about how technology can help family caregivers.

Martin Wurmlinger, a P.E. teacher associated with the UCLA Health Sound Body Sound Mind program, was cited in a [United Press International](#) article about burpee exercises as part of a physical fitness routine.



This report features media placements from UCLA Health, which includes the David Geffen School of Medicine at UCLA, Ronald Reagan UCLA Medical Center, UCLA Medical Center, Santa Monica, UCLA Mattel Children's Hospital, the Stewart and Lynda Resnick Neuropsychiatric Hospital at UCLA, the UCLA Health Clinics and the UCLA Faculty Practice Group.

It also includes placements from the UCLA Fielding School of Public Health, the UCLA School of Nursing, the UCLA School of Dentistry, the UCLA Jonsson Comprehensive Cancer Center and the UCLA Eli and Edythe Broad Center of Regenerative Medicine and Stem Cell Research.

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