Wall Street Journal: Men should be screened for genetic mutations linked to breast cancer

(Photo: Enrique Rivero/UCLA Health)
Cardiovascular risks of hookah smoking are equal to those of cigarettes

(Photo: Jan Kromer/Flickr)

What causes nausea and vomiting during pregnancy?

(Photo: UCLA Health)

FEARED

Men should be screened for genetic mutations linked to breast cancer

The Wall Street Journal, More Content Now and P&T Community reported on research led by Dr. Christopher Childers, a UCLA resident physician in general surgery, suggesting that men should be screened for genetic mutations that put them and their children at heightened risk for breast and other cancers. Childers was quoted in the coverage. The Columbia Daily Herald, Daytona Beach News-Herald, Telegram.com, GoErie.com and 23 other outlets carried the More Content Now story.

Cardiovascular risks of hookah smoking are equal to those of cigarettes

KNX-AM, Atlanta Journal Constitution, Daily Mail Online, Science Daily, Health News Digest and 150 other media outlets, including WJXT-TV, Jacksonville, Florida, and News12 New Jersey, reported on a study finding that one half-hour of smoking hookah resulted in the development of cardiovascular risk factors similar to those from traditional cigarette smoking. The study’s author, Mary Rezk-Hanna, an assistant professor at the UCLA School of Nursing, was quoted.

What causes nausea and vomiting during pregnancy?

The New York Times' Well column and Utah Public Radio featured interviews with Marlena Fejzo, an associate researcher at the David Geffen School of Medicine at UCLA, who
studies hyperemesis gravidarum, a condition that causes extreme nausea and vomiting during pregnancy. She recently discovered two genes associated with the condition.

- Fejzo was also featured in an Ivanhoe News segment on tips to handle morning sickness that appeared on WNDU-TV, South Bend, Indiana.

**Vaccine could help people with deadly brain cancer live longer**

MedPage Today highlighted research from Dr. Linda Liau, chair of neurosurgery and a member of UCLA Jonsson Comprehensive Cancer Center, finding that a personalized brain cancer vaccine could significantly prolong the lives of study participants with glioblastoma.

**Some countries aren't prepared to treat common conditions**

News Medical Life Sciences, Medicine News Line, My Science, Health News Digest and STAT's Morning Rounds newsletter covered a new study by Corrina Moucheraud, an assistant professor of health policy and management at the UCLA Fielding School of Public Health. The study, published in Health Affairs, reported that health facilities in some low-and-middle income countries are not prepared to diagnose and treat non-communicable diseases.

**LABJ spotlights $9.3 million grant to urology department**

The Los Angeles Business Journal reported on a three-year grant to Dr. Mark Litwin, a professor in urology and a member of the UCLA Jonsson Comprehensive Cancer Center. The grant supports the department’s efforts to improve access, counseling and treatment for uninsured or underinsured men diagnosed with prostate cancer.

**OncLive highlights oncology expertise**

The following UCLA Jonsson Comprehensive Cancer Center physicians addressed new cancer therapies on OncLive:

- **Dr. Richard Finn**, an assistant professor in medicine, discussed a sequencing therapy for patients with liver cancer.
- **Dr. Jianyu Rao**, a professor in cytopathology, explained the evolution of pathology in ovarian and endometrial cancers.
- **Dr. Sara Hurvitz**, an associate professor in hematology/oncology, explored the impact of biosimilars in the treatment of patients with breast cancer and highlighted advances in HER2+ breast cancer treatments.
- **Dr. Gottfried Konecny**, an associate professor in medicine, discussed response to PARP inhibitors in ovarian cancer.

**UCLA researcher uses virtual reality to understand how animals perceive space**

Science and Technology Research News and VR Focus reported on a UCLA researcher’s use of virtual reality to better understand how animals perceive space. The articles featured Mayank Mehta, a UCLA professor of neurology and neurobiology.

**Additional coverage on stopping breast cancer from spreading to the brain**

WJMN-TV, Marquette, Michigan, and WFRV-TV, Green Bay, Wisconsin, ran an Ivanhoe News report on a clinical trial of a new drug that could help stop the spread of breast cancer. Dr. Sara Hurvitz, associate professor in hematology/oncology and medical director of UCLA Jonsson Comprehensive Cancer Center Clinical Research Unit, was interviewed. To date, more than 20 stations across the country have aired the story.
Drugs for heart failure still under-prescribed
Science Daily, Health News Digest, LabRoots and Science and Technology, reported on a new study finding that many people with heart failure do not receive the medications recommended by professional guidelines and that doctors frequently prescribe medications at doses lower than those recommended. The study’s senior author, Dr. Gregg Fonarow, the Eliot Corday Professor of Cardiovascular Medicine and Science and co-chief of cardiology, was cited.

Antimicrobials demonstrate ‘good activity’
Healio reported on research by Dr. Ellie J.C. Goldstein, a clinical professor of medicine in the division of infectious diseases, on two new antimicrobials that demonstrate “good activity” at long-term acute-care hospitals. Goldstein was quoted.

Older surgeons have lower mortality rates in emergency procedures
BottomLineInc. reported on research led by Dr. Yusuke Tsugawa finding that surgeries performed by surgeons age 50 and older have lower patient mortality rates than those performed by younger surgeons, and that patient mortality rates do not differ significantly based on whether the surgeon is male or female. Tsugawa is an assistant professor of medicine in the division of general internal medicine and health services research.

Eight reasons why your contacts may feel scratchy
Dr. Carolyn Duong, an optometrist at the UCLA Stein Eye Institute, explained to SELF readers how to prevent and remedy scratchy-feeling contacts.

ENT offers straight talk on earwax
MSN syndicated a Q&A with Dr. Nina Shapiro on what the color and consistency of earwax can reveal about your health. The article was originally published by Well + Good. Shapiro is a pediatric head and neck surgeon at UCLA Mattel Children’s Hospital and author of “HYPE: A Doctor’s Guide to Medical Myths.”

Healthy grilling tips to minimize the risk of cancer
KOMO News Radio in Seattle, Washington, featured a piece that included Dr. Catherine Carpenter, a professor of clinical nutrition and a member of the UCLA Jonsson Comprehensive Cancer Center, explaining the different ways to reduce the risk of cancer while grilling.

Which pizza toppings should you choose?
MEL Magazine published a ranking of pizza toppings from most healthy to least healthy, per the input of Dana Hunnes, a senior dietitian at Ronald Reagan UCLA Medical Center and an adjunct assistant professor at the UCLA Fielding School of Public Health.

Black tea may help with weight loss
Men’s Health Australia published a feature story on UCLA research finding that black tea may contribute to weight loss through a mechanism involving gut bacteria. Susanne Henning, lead author and an adjunct professor at the UCLA Center for Human Nutrition, and Dr. Zhaoping Li, senior author and director at the UCLA Center for Human Nutrition, were quoted.

More coverage on sunscreen kiosks
The Santa Monica Mirror published an article on the new UCLA Health-sponsored kiosks
that dispense free sunscreen in Santa Monica. A photo that included Dr. Jennifer Hsiao, dermatologist at UCLA Medical Center, Santa Monica, and Paul Watkins, CAO of UCLA Medical Center, Santa Monica, accompanied the article.

This week in ‘Ask the Doctors’
UCLA Health internists Dr. Robert Ashley, Dr. Eve Glazier and Dr. Elizabeth Ko address health-related questions in the recurring “Ask the Doctors” column, syndicated by more than 50 outlets nationwide. Glazier is an associate professor of medicine, and Ashley and Ko are assistant professors of medicine. A sampling of stories from this past week’s column:

- On vitamins that benefit eye health, in Missouri’s Daily Journal
- On reader follow-up questions, in Oklahoma’s Tulsa World
- On stretching and plantar fasciitis, in Massachusetts’ The Berkshire Eagle
- On cannabinoids’ effect on glucose control, in Florida’s The Daytona Beach News-Journal
- On ionizing radiation and cancer risk for frequent flyers, in California’s Hanford Sentinel
- On the SPF scale in sunscreen, in The Oklahoman.

QUOTED

“In a four- or five-day heat event, we estimate that there will be an extra approximate 50 to 60 people in Los Angeles who die due to it.”

- David Eisenman, in a Healthline story about the health dangers posed by heat waves.

Gail Abarbanel, founding director of the Rape Treatment Center at UCLA Medical Center, Santa Monica, was quoted in a Reuters news story about a Canadian study indicating that only a small percentage of rape kits are actually released to law-enforcement officials.

David Eisenman, professor in residence of community health sciences at the UCLA
Fielding School of Public Health and a professor at the David Geffen School of Medicine at UCLA, was quoted in a Healthline article about the health dangers posed by heat waves.

**Dr. Jerome Engel Jr.**, a professor of neurology and director of the UCLA Seizure Disorder Center, commented in Health News Digest about how new epilepsy drugs have not improved treatment for many, but that early referral to epilepsy specialty centers can help.

**Michael Jerrett**, a professor and chair of environmental health sciences at the UCLA Fielding School of Public Health, was quoted by Reuters Health about a new study reporting that greening vacant lots may reduce depression among residents who live near the lots. Several outlets picked up the article, including Global News, Channel NewsAsia, Reuters UK, Reuters India, Yahoo Finance UK and many others.

**Gerald Kominski**, a professor of health policy and management at the UCLA Fielding School of Public Health and senior fellow at the Fielding School's Center for Health Policy Research, was quoted in a Los Angeles Times column on pre-existing conditions. The article was picked up by ArcaMax, the Bristol Herald Courier, Madison.com, Missoulian, PilotOnline.com and many others.

**Dr. John Mafi**, assistant professor of medicine in the division of general internal medicine and health services research, was quoted in a Reuters Health story on research finding that use of prescription opioids in the U.S. remains high. WHTC.com, KMIT.com, WPOR.com, ESPN Des Moines, and 22 other outlets syndicated the article.

**Dr. Stanley Nelson**, vice chair of genetics and a professor of psychiatry at UCLA’s David Geffen School of Medicine and Semel Institute, commented in a U.S. News & World Report article about seeing a medical geneticist to accurately identify and manage a genetic disorder.

**Dr. Emily Newsom**, a clinical instructor of dermatology, commented in a Healthline story about a new study finding that sunscreen can help cut children’s melanoma risk by 40 percent.

**John Piacentini**, a professor of psychiatry and biobehavioral sciences at UCLA’s Semel Institute, commented in a Healthline article about why healthy college students might commonly turn to ADHD medications, such as to cram for exams or to counter the effects of insufficient or poor sleep.

**Dr. Joanna Schaenman**, an assistant clinical professor of medicine in the division of infectious diseases, was quoted in a MedPage Today article on an FDA advisory committee’s vote to approve use of the antibiotic omadacycline to treat acute bacterial skin and skin structure infections and acquired bacterial pneumonia.

**Dr. Philip Scumpia**, an assistant professor in dermatology and a member of the UCLA Jonsson Comprehensive Cancer Center, was quoted in a Today.com article on how a common skin cancer can signal an increased risk of other cancers.

**Dr. Gary Small**, a professor of psychiatry and biobehavioral sciences at UCLA’s David Geffen School of Medicine, commented in an AARP article about supplements for brain health.
Dr. Yusuke Tsugawa, an assistant professor of medicine in the division of general internal medicine and health services research, commented in a Washington Post story about a medical school in Japan that has been blocking female applicants from entering by lowering their entrance exam results. The Baltimore Sun, Chicago Tribune, Orlando Sentinel, Carroll County Times, Morning Call, Mercury News, East Bay Times and six other outlets carried the article.

- Tsugawa was also quoted in a Scientific American story about research finding that female heart attack victims are likelier to survive if seen by female emergency room physician rather than a male. The story cited his research finding that patients of female physicians had lower mortality and hospital readmission rates. Noticias Venezuela and El Confidencial ran Spanish language versions of the article.

Dr. Karol Watson, co-director of the UCLA Program in Preventive Cardiology and director of the UCLA Barbra Streisand Women's Heart Health Program, commented in a Reuters Health article about a study finding that women are more likely to survive a heart attack if the Emergency Room physician is a female.

- Watson also commented in Consumer Reports on how women can seek the best care for a possible heart condition.

Dr. Peter Whybrow, director of the Semel Institute for Neuroscience and Human Behavior at UCLA, and Chris Evans, director of the Shirley and Stefan Hatos Center for Neuropharmacology at UCLA’s Semel Institute, commented in a documentary about the opioid crisis, “Do No Harm: The Opioid Epidemic,” produced by the Media Policy Center and airing on PBS stations around the country.

Dr. Irene Wu, assistant clinical professor and assistant director, UCLA Comprehensive Pain Center at UCLA Medical Center, Santa Monica, commented in a KARK-TV, Little Rock, Arkansas, segment on older people and opioid addiction.

Dr. Anna Yap, a resident physician in the department of emergency medicine, commented in a Kaiser Health News story about the push for universal health care and the American Medical Assn.’s position. The story was picked up by 48 other publications, including TIME and Sacramento Bee.

BRIEFS

The Sacramento Bee published a letter by Janet Frank, a faculty associate at the Center for Health Policy Research at the UCLA Fielding School of Public Health, about a pending California Senate bill on use of Mental Health Service Act funds.

A Bloomberg Opinion piece that included commentary from Jody Heymann, dean of the UCLA Fielding School of Public Health and founding director of the WORLD Policy
Analysis Center at the Fielding School, continued to be picked up by media outlets. The piece, about why paternity leave makes economic sense, included several graphics that were created using data from the WORLD Policy Analysis Center. The piece was picked up by the Brainerd Dispatch, Duluth News Tribune, Grand Forks Herald, Infoforum, Moneyweb and others.

Politico, Becker’s Hospital Review, Mac Rumors, TechRistic and Gearbrain referenced the fact that UCLA Health will be participating in Apple’s program to make medical records accessible on Apple devices.

Becker’s Hospital Review mentioned that UCLA ranked in BlackDoctor.org’s list of most diverse hospitals.
Hookah smoking raises cardiovascular risk comparable to traditional cigarettes, study finds  UCLA Newsroom

Neuroscientist identifies biomarker for traumatic brain injury  UCLA Newsroom

Health systems in low- and middle-income countries not prepared to diagnose and treat common diseases  UCLA Newsroom

UCLA neurosurgeon’s accurate diagnosis restored teen’s vision  (with VIDEO) UCLA Newsroom

Race and research: How public health experts can reduce racial bias in their work  UCLA Newsroom

Mini-horse charms patients, families and staff  UCLA Newsroom

UCLA awarded $9.3 million to help provide prostate cancer treatment in the community  UCLA Newsroom

UCLA Health joins nationwide clinical trial for acute myeloid leukemia  UCLA Newsroom

UCLA awarded $1.3 million to help create support system for mental illness  UCLA Newsroom

This report features media placements about UCLA Health, which includes the David Geffen School of Medicine at UCLA, Ronald Reagan UCLA Medical Center, UCLA Medical Center, Santa Monica, UCLA Mattel Children’s Hospital, the Steward and Lynda Resnick Neuropsychiatric Hospital at UCLA, the UCLA Health Clinics and the UCLA Faculty
Practice Group.

It also includes placements about the UCLA Fielding School of Public Health, the UCLA School of Nursing, the UCLA School of Dentistry, the UCLA Jonsson Comprehensive Cancer Center and the UCLA Eli and Edythe Broad Center of Regenerative Medicine and Stem Cell Research.

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