



**UCLA HEALTH SCIENCES MEDIA REPORT
For the week of Nov. 2-8, 2012**

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'Super' Tomatoes to Lower Heart Disease Draw Media Interest

Study of Breast Cancer and Depression Garners Coverage

Operation Mend Program Makes Headlines

Infectious Disease Expert Advocates Education for Pakistani Women

Sleeping Brain Study Discussed Live on Super Human Radio

Adobe Press Highlights Ob-Gyn Patient

Geriatrician Authors Column on Planning for Future Health Care Needs

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Awareness Key to Fighting Breast Cancer

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'Super' Tomatoes to Lower Heart Disease Draw Media Interest

[Bloomberg](#), [HealthDay News](#), [Forbes](#), India's [Telegraph](#), Britain's [Daily Mail](#), [Money News](#), [CardioBrief](#) and [HealthLine](#) Nov. 5, and [Irish Times](#), Ireland's [Herald](#), [RedOrbit](#), [Top News](#), [Asian News International](#) and [Food Navigator](#) Nov. 6 covered research showing that mice that consumed tomatoes genetically engineered to act like "good" cholesterol had significant reductions of plaque build-up in their arteries. Senior study author Dr. Alan Fogelman, executive chair of the Department of Medicine and director of the Atherosclerosis Research Unit at the David Geffen School of Medicine at UCLA, was quoted in the coverage. The study was presented at the American Heart Association's Scientific Sessions this week.

The Bloomberg story also ran in the [Washington Post](#). The HealthDay story also ran in [Newsday](#), [iVillage](#), [Philly.com](#), [HealingWell](#), [MedicineNet](#), [Doctor's Lounge](#) and websites for [FOX32](#) (Cadillac, Mich.), [KAIT-TV](#) (Jonesboro, Ark.), [KTUL-TV](#) (Tulsa, Okla.), [KFMB 760AM](#) and many more.

Study of Breast Cancer and Depression Garners Coverage

[Health News Digest](#), [Web Pro News](#), [Examiner.com](#) Nov. 5, the [Santa Clarita Valley News](#) Nov. 6 and [KPCC-89.3](#) and [News-Medical.net](#) Nov. 7 highlighted a grant to UCLA researchers to study depression in breast cancer survivors. Dr. Michael Irwin, a professor of psychiatry and biobehavioral sciences at the

Cousins Center for Psychoneuroimmunology at the UCLA Semel Institute for Neuroscience and Human Behavior, is leading the study.

Operation Mend Program Makes Headlines

The [Los Angeles Times](#) featured a Nov. 4 column on a military veteran who has received facial reconstructive surgeries through the UCLA Operation Mend program. The article referenced his surgeon, Dr. Timothy Miller, professor of plastic and reconstructive surgery. Operation Mend was also cited Nov. 7 in a [Malibu Times](#) article about programs that help veterans. Patti Taylor, a volunteer nurse coordinator for Operation Mend, was interviewed. Operation Mend's first patient, Cpl. Aaron Mankin, was interviewed Nov. 2 by [KNWA-TV](#) (Fayetteville, Ark.) in a story about a Veterans Day school assembly.

Infectious Disease Expert Advocates Education for Pakistani Women

The [Pasadena Star-News](#) ran a Nov. 1 column by Dr. Claire Panosian Dunavan, clinical professor of medicine in the division of infectious disease, about Malala Yousafzai, the Pakistani teen who was shot for advocating for women's education—and about the importance of educating that country's women.

Sleeping Brain Study Discussed Live on Super Human Radio

Dr. Mayank Mehta, professor of neurophysics in UCLA's departments of neurology, neurobiology, physics, and astronomy, was a guest Nov. 5 on [Super Human Radio](#) to discuss his study that revealed that a part of the brain involved in learning and memory behaves as if it's remembering something during sleep.

Adobe Press Highlights Ob-Gyn Patient

The [Adobe Press](#) Nov. 1 featured a story about a woman with a rare cancer who was able to overcome the odds and have a baby at Ronald Reagan UCLA Medical Center.

Geriatrician Authors Column on Planning for Future Health Care Needs

Dr. Alia Tuqan, staff geriatrician at UCLA Medical Center, Santa Monica, authored a Nov. 4 [Santa Monica Mirror](#) column on the importance of planning for future palliative and other health care needs.

Heart Transplant Milestone

The September/October issue of the [United Network for Organ Sharing \(UNOS\) Update Magazine](#) reported that the UCLA Heart Transplant program recently performed its 2,000th heart transplant surgery. UCLA's program is only the second heart transplant center in the United States to achieve this milestone. Dr. Reshma Biniwale, assistant professor of cardiothoracic surgery, and Dr. Abbas Ardehali, professor of cardiothoracic surgery and director of the heart and lung transplant program at UCLA, were cited.

Augusta Chronicle Sees How Cataract Surgery Reduces Hip Fracture Risk

[The Augusta Chronicle](#) ran a Nov. 8 column spotlighting a study led by Dr. Anne Coleman, Frances and Ray Stark Professor of Ophthalmology at the Jules Stein Eye Institute, finding that patients who received cataract surgery had a 16 percent lower chance of sustaining a hip fracture compared with those who didn't have the surgery.

Awareness Key to Fighting Breast Cancer

Dr. Anne Hoyt, clinical professor of radiological sciences and director of the Women's Imaging Center at UCLA Medical Center, Santa Monica, was featured Nov. 5 in an article in Manhattan Beach's [Beach Reporter](#) about the imaging center and the importance of being screened for breast cancer. Hoyt was quoted.

Examiner Covers Emergency Services Award

[Examiner](#) Nov. 6 highlighted Baxter Larmon, professor of emergency medicine and founding director of the UCLA Center for Prehospital Care, who will receive a 2012 Distinguished Service Medal from the State of California Medical Services for his contributions in helping to initiate and advance pre-hospital medical care in California and the nation.

BRIEFS

A Nov. 2 article in [MedPage Today](#) about early interventions for children with autism cited newly developed guidelines for interventions formulated by UCLA researchers and colleagues.

QUOTABLES

Dr. Denise Aberle, vice chair for research in the UCLA Department of Radiological Sciences and a researcher at UCLA's Jonsson Comprehensive Cancer Center, commented Nov. 1 in a [Fair Warning](#) article about federal funding for lung cancer research.

Dr. Reza Ardehali, assistant professor of medicine, division of cardiology, was interviewed Nov. 6 on [KFI 640AM](#) about heart disease, risk factors and new research on the possible use of stem cells for heart tissue regeneration after a heart attack.

Dr. Benjamin Bengs, assistant professor of orthopaedic surgery at UCLA Medical Center, Santa Monica, was quoted Nov. 2 in a [HealthDay News](#) article on a study suggesting that exercise can reduce pain and increase function for arthritis sufferers.

Melissa Brymer, director of terrorism and disaster programs at the UCLA–Duke National Center for Child Traumatic Stress (NCCTS) at the Semel Institute, was quoted in the Nov. 5 [Los Angeles Times](#) about a \$2.4 million grant to the Los Angeles Unified School District's mental health department and the NCCTS, that will be used to work with students exposed to traumatic events.

Dr. Gabriel Danovitch, medical director of the UCLA Kidney Transplant Program, commented Oct. 26 in a [KABC-Channel 7](#) story about a Westchester teacher who has polycystic kidney disease and needs a transplant.

Dr. John FitzGerald, associate clinical professor of medicine, division of rheumatology, was quoted Nov. 2 in an [Arthritis Today](#) article about research on poor balance and falls among the elderly.

Dr. Gregg Fonarow, Eliot Corday Professor of Cardiovascular Medicine and Science and director of the Ahmanson–UCLA Cardiomyopathy Center, was quoted in a Nov. 4 [HealthDay News](#) article that also appeared on the [Doctors Lounge](#) on research showing that insomnia may raise the risk of heart attack and stroke. He also commented Nov. 5 in a [HealthDay News](#) article that also appeared in [Health](#) about research on using components from "good" cholesterol to clear arteries of dangerous cholesterol build-up. In addition, he commented Nov. 6 in [Forbes](#), [MedPage Today](#) and [The Heart](#) articles about research on a new drug for acute heart failure. He was also quoted Nov. 6 in a [Wired](#) article about an iPhone app that acts as a portable electrocardiogram for heart monitoring and in a [HealthDay News](#) article that also appeared on [U.S. News & World Report](#) about research about women and implantable cardioverter defibrillators. He also commented Nov. 7 in a [HealthDay News](#) article that also appeared on the [Doctors Lounge](#) about research on heart failure patients and cancer risk.

Dr. Christopher Giza, associate professor of neurosurgery and pediatric neurology and a member of the UCLA Brain Injury Research Center, was quoted Nov. 5 in a [San Jose Mercury News](#) article about the long term effects of concussions in student athletes.

Emanuel Maidenberg, director of the Cognitive Behavior Therapy Clinic, and an associate clinical professor of psychiatry at the Semel Institute, was quoted Oct. 25 in a [MedScape Today](#) article about the pros and cons of physical exercise to improve mental health. Separately, Maidenberg was quoted Oct. 31 in a [CNN.com](#) article about overcoming your fears to enjoy travel to foreign locales.

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