



# Health

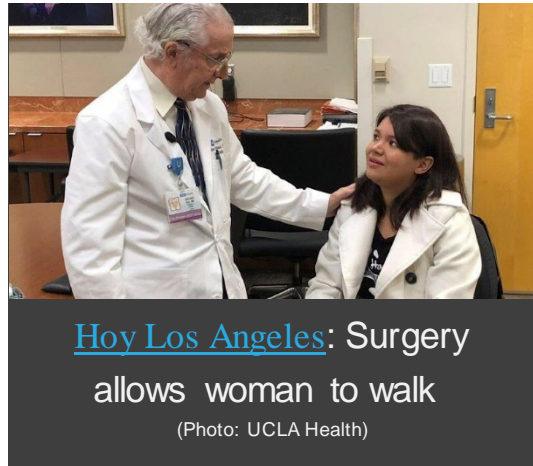
## UCLA HEALTH SCIENCES MEDIA REPORT August 10 - 16, 2018

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[Los Angeles Business Journal](#): UCLA Health hospitals rank No. 1 in  
Los Angeles

(Photo: UCLA Health)



## FEATURED

### UCLA Health hospitals rank No. 1 in Los Angeles, No.7 in nation

KNBC4, KABC7, KTLA5, KFI-AM, [Los Angeles Business Journal](#), City News Service, [MyNewsLA.com](#) and [LAwestmedia.com](#) highlighted UCLA Health's top spot in Los Angeles in coverage about U.S. News & World Report's annual Best Hospital rankings. Among more than 50 outlets referencing UCLA Health's No. 7 national ranking were the [Sacramento Bee](#), [California Healthline](#), [Becker's Hospital Review](#) and [webmd.com](#). Johnese Spisso, president of UCLA Health and CEO of the UCLA Hospital System, was quoted in the Los Angeles Business Journal.

### UCLA professor calls for researchers to root out racism in their work

[KPCC](#) interviewed Chandra Ford, an associate professor of community health sciences and director of the Center for the Study of Racism, Social Justice & Health at the UCLA Fielding School of Public Health, on how assumptions about race can influence research. Ford is the guest editor of a supplement to the latest issue of the journal *Ethnicity & Disease*, which focuses on how public health researchers can reduce racial bias in their work.

### Pelvic floor surgery allows young woman to walk again

An EFE News article running in [Hoy Los Angeles](#) covered the story of UCLA patient Yadira Perdomo, who was left unable to walk and with little lower-body function after she was pushed from the third story of her high school. A surgery performed by Dr. Shlomo Raz, a professor of urology and the chief of pelvic medicine and reconstructive surgery, has

restored Perdomo's use of the pelvic floor muscles, enabling her to walk again and to stop using a catheter.

### **Steroid could help women with postpartum depression**

[Scientific American](#) featured Istvan Mody, a professor of neurology and physiology at UCLA, in an article about a new antidepressant that targets postpartum depression.

### **Vaping's most toxic ingredient?**

[Discover](#) magazine posted an article by Dr. Claire Panosian Dunavan, a professor of medicine emeritus/recalled in the division of infectious diseases, exploring how e-cigarettes' nicotine and flavorings might pose a whole new set of dangers to a young generation of users. The article quoted Dr. Holly Middlekauff, a professor of medicine in the divisions of cardiology and physiology.

### **UCLA professor appointed to L.A. County Public Health Commission**

[Asbarez](#) reported the appointment of Alina Dorian, an adjunct assistant professor of community health sciences and associate dean for practice across the life course at the UCLA Fielding School of Public Health, to the Los Angeles County Public Health Commission.

### **Caring for detained and migrant children**

[Healio](#) featured Dr. Elizabeth Barnert in a story about health care for children detained at detention centers. Barnert is an assistant professor of pediatrics at the David Geffen School of Medicine at UCLA and UCLA Mattel Children's Hospital.

### **Not enough women are being tested for common gene mutations**

[Reuters Health](#) featured Dr. Deanna Attai, a breast surgeon and assistant clinical professor at the David Geffen School of Medicine at UCLA, in an article providing insight on why eligible women are not getting the recommended genetic testing for common breast cancer mutations. The article also ran in [Reuters UK](#), [Reuters India](#), [Yahoo Finance](#), [Deccan Chronicle](#), [The Asian Age](#) and [94.1 Duke FM](#).

### **How people with HER2-positive breast cancer can navigate therapy options**

[OncLive](#) published an article and video featuring Dr. Sara Hurvitz, director of the Breast Oncology Program at UCLA's Jonsson Comprehensive Cancer Center. She discussed the best way to navigate therapy for patients with HER2-positive breast cancer.

### **Which types of meat are healthiest?**

[MEL Magazine](#) interviewed Dana Hunnes, a senior dietitian at Ronald Reagan UCLA Medical Center and an adjunct assistant professor at the UCLA Fielding School of Public Health, for a story ranking meat from the healthiest to least healthy types.

### **More coverage on sunscreen kiosks**

[The Malibu Times](#) published an article on the new UCLA Health-sponsored kiosks that dispense free sunscreen in Santa Monica and Malibu. Dr. Emily Newsom, dermatologist at UCLA Medical Center, Santa Monica, commented in the story.

### **Understanding the processes of the mind**

BYU Radio's [The Matt Townsend Show](#), which appears on SiriusXM, featured guest Daniel Siegel in a segment (15:32) about understanding the concept of the mind, how the mind works and how it makes decisions. Siegel is a clinical professor of psychiatry.

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### Expert discusses period pain

[Don't Ask, Do](#) interviewed Laura Payne, an assistant professor and researcher in the Pediatric Pain Program at the David Geffen School of Medicine, about pain associated with menstrual cycles.

### This week in 'Ask the Doctors'

UCLA Health internists Dr. Robert Ashley, Dr. Eve Glazier and Dr. Elizabeth Ko address health-related questions in the recurring "Ask the Doctors" column, syndicated by more than 50 outlets nationwide. Glazier is an associate professor of medicine, and Ashley and Ko are assistant professors of medicine. A sampling of stories from this past week's column:

- On vaccinating babies, in Pennsylvania's [The Times-Tribune](#)
- On sleep aids being intended for short-term use, in Oklahoma's [Tulsa World](#)
- On gluten-free diets for those with celiac disease, in Pennsylvania's [Herald-Standard](#)
- On weight lifting to boost mood and self-confidence, in Florida's [The Daytona Beach News-Journal](#)
- On diet and fertility, in California's [Hanford Sentinel](#)
- On the benefits of eating eggs, in Illinois' [Chicago Sun-Times](#).

## QUOTED

*"We've found that three weeks after the procedure, there is already a profound change in the way the brain responds to food and appetite."*

*- Dr. Erik Dutson, in [Men's Health](#), commenting on bariatric surgery*



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**Matthew Beymer**, a researcher at the David Geffen School of Medicine at UCLA, commented to [Reuters Health](#) about research finding that people taking pre-exposure prophylaxis to protect themselves against HIV are also likely to get more primary care. The article ran in 15 outlets, including [Yahoo! Finance U.K.](#), [NBCNews.com](#) and others.

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**Dr. Paulo Camargo**, a professor of periodontics and associate dean for clinical dental sciences at the UCLA School of Dentistry, was quoted in [Reader's Digest](#) about signs of disease that your teeth can reveal. He suggested that diabetes may make periodontitis worse and that periodontal disease can also make blood sugar more difficult to control.

**Dr. Erik Dutson**, a clinical professor of surgery at the David Geffen School of Medicine at UCLA and surgical director at the Center for Obesity and Metabolic Health at UCLA, was quoted in [Men's Health](#) about a man who lost 170 pounds in eight months following bariatric surgery.

**Marlena Fejzo**, an associate researcher at the David Geffen School of Medicine at UCLA, commented in an Ivanhoe Broadcast story that aired on [KSAT-TV](#), San Antonio, Texas, with on tips on coping with morning sickness during pregnancy.

**Dr. Gregg Fonarow**, the Eliot Corday Professor of Cardiovascular Medicine and Science and co-chief of cardiology, was quoted by [Reuters Health](#) about a study that evaluated how too little sleep may "age" the heart.

**Michael Jerrett**, professor and chair of environmental health sciences at the UCLA Fielding School of Public Health, was quoted by the [Fresno Bee](#) about the health impact of breathing a combination of wildfire smoke and ozone.

- Jerrett also was quoted by [Reuters Health](#) about a new study reporting that greening vacant lots may reduce depression among residents who live near the lots. The Reuters Health article also appeared in the [New Hampshire Union Leader](#).

**Dr. Shafali Jeste**, an associate professor of psychiatry and neurology at UCLA, commented in a [Popculture](#) article about the Netflix series *Atypical* and how people with autism are portrayed on television.

- Jeste was mentioned in a [Spectrum](#) article about a newly established diagnostic code for Angelman syndrome, which may enable scientists to systematically collect information about the syndrome.

**Dr. Ja-Hong Kim**, an assistant clinical professor of urology, was quoted in [Allure](#) about recurrent urinary tract infections.

**Emanuel Maidenberg**, a psychologist and clinical professor of psychiatry at UCLA, commented to [Reuters](#) about a small study that found kids are less likely to think about suicide or attempt to kill themselves if religion or spirituality is important to their parents. The article appeared in 10 other publications, including the [Deccan Chronicle](#).

**Dr. Holly Middlekauff**, a professor of medicine in the divisions of cardiology and physiology, commented in [The Verge](#) about whether or not nicotine from e-cigarettes is harmless.

**Dr. Jesse Mills**, director at The Men's Clinic at UCLA, commented to [Health.com](#) about penis health during warm weather. His commentary was picked up in a [People.com](#) story.

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**Nadereh Pourat**, professor-in-residence of health policy and management at the UCLA Fielding School of Public Health and director of research at the Fielding School's Center for Health Policy Research, was quoted in a [CALmatters](#) article about a new California state initiative targeted to people whose medical costs account for a large percentage of the Medi-Cal budget. The five-year, \$3 billion effort aims to direct these "super-user" patients to recovery and prevention programs.

- Pourat also was quoted in [Raw Story](#) about short-term health insurance plans, which she said fail to protect consumers and are a "back door to undermining the ACA."

**Rory Reid**, an assistant professor of psychiatry and biobehavioral sciences at UCLA's Semel Institute, commented in a [Reuters](#) article about post-sex blues in men. The article appeared in 11 other publications, including [Yahoo! News UK](#).

**Dr. Philip Scumpia**, a health sciences clinical instructor of dermatology, was quoted in a [Today.com](#) story about basal cell carcinoma and its potential to signal a higher risk for other cancers. The story was picked up by [MSN](#) and [WRBC-TV](#).

**Dr. Nina Shapiro**, a professor of pediatric head and neck surgery at UCLA Mattel Children's Hospital and author of "Hype: A Doctor's Guide to Medical Myths, Exaggerated Claims and Bad Advice," commented in a story on [NBC News](#) "Today" about chickenpox causing a stroke in a baby boy whose parents did not vaccinate his siblings. The story was picked up by NBC affiliate [KMIR](#).

**Dr. Vivian Shibayama**, an optometrist at the UCLA Stein Eye Institute, was cited in a [SELF](#) article about different causes for eye dryness.

**Dr. Gary Small**, a professor of psychiatry and biobehavioral sciences at UCLA's David Geffen School of Medicine, commented in a [San Diego Tribune](#) article about supplements that may affect brain health.

**Dr. Karol Watson**, co-director of the UCLA Program in Preventive Cardiology and director of the UCLA Barbra Streisand Women's Heart Health Program, was quoted by the [Australian Financial Review](#) about an Australian study that treated high blood pressure with a pill containing low doses of three drugs.

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## BRIEFS

[Becker's Hospital Review](#) mentioned that UCLA Health will be participating in Apple's program to make medical records accessible on Apple devices.

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[Healio](#) noted that UCLA Health received a designation as one of 25 antimicrobial stewardship centers of excellence by the Infectious Diseases Society of America.

[Psychology Today](#) mentioned John Piacentini, a professor of psychiatry and biobehavioral sciences at UCLA, and Tara Peris, a psychologist and associate professor of psychiatry at UCLA, in an article about body-focused repetitive behaviors such as skin-picking and hair-pulling.

[Health Tech](#) magazine cited UCLA radiologists' use of deep learning to build a chat system dubbed a "virtual interventional radiologist" that can answer standard questions for attending physicians and other clinicians.

An [NWI Times](#) commentary suggesting that the United States look to graduates of international medical schools to alleviate the growing shortage of doctors cited the UCLA International Medical Graduate program.

## CONTENT CREATED BY MEDIA RELATIONS



[UCLA Newsroom](#): Statins associated with improvement of rare lung disease

(Photo: UCLA)



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[UCLA Health hospitals again rank No. 1 in Los Angeles, No. 7 nationally](#) UCLA Newsroom

[Methyl marks on RNA discovered to be key to brain cell connections](#) UCLA Newsroom

[With new fellows program and research underway, music therapy expands at UCLA](#) UCLA Health Connect blog



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