



**UCLA HEALTH SCIENCES MEDIA REPORT**  
**For the week of Feb. 5-11, 2010**

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**Wall Street Journal Explores Air Pollution's Link to Ear Infections**

The Wall Street Journal reported Feb. 9 on a UCLA study that found a correlation between air quality improvements over the past decade and a reduction in cases of ear infections in children. Dr. Nina Shapiro, director of pediatric otolaryngology at Mattel Children's Hospital UCLA and an associate professor of surgery at the David Geffen School of Medicine at UCLA, was a study co-author.

"The Research Report: Ear Infections"

<http://online.wsj.com/article/SB10001424052748704533204575047471114343504.html>

### **CNN Examines Mediterranean Diet's Effect on Dementia**

Greg Cole, professor of neurology and associate director of the Mary S. Easton Center for Alzheimer's Disease Research, was featured Feb. 8 in a CNN.com article about a Mediterranean diet's benefits in reducing dementia risk. His research on fish oil's positive effects on cognition was discussed.

"Mediterranean Diet May Help Prevent Dementia, Study Says"

<http://www.cnn.com/2010/HEALTH/02/08/mediterranean.diet.brain/index.html>

### **MSN.com Reports on Body Dysmorphic Disorder**

Dr. Jamie Feusner, assistant professor of psychiatry and director of the obsessive-compulsive disorder intensive treatment program, was featured Feb. 5 in a HealthDay News article appearing on MSN.com. The story discussed his research finding that people suffering from a condition known as body dysmorphic disorder exhibit abnormal brain activity when examining their own faces.

"Visual Processing Plays Role in Body Dysmorphic Disorder"

<http://health.msn.com/health-topics/vision/articlepage.aspx?cp-documentid=100253881>

### **N.Y. Times Blogs about Child's Obesity Risk**

Fred Zimmerman, chair of health services in the School of Public Health, and his research were featured in a Feb. 9 New York Times blog about his findings showing that a child's risk for obesity rose with his or her exposure level to TV commercials.

"Commercials Are the Culprit in TV-Obesity Link"

<http://well.blogs.nytimes.com/2010/02/09/commercials-are-the-culprit-in-tv-obesity-link/>

### **KABC, Santa Monica Mirror Profile Family Wellness Center**

The UCLA Family Commons, a new family wellness center located in Santa Monica, was featured Feb. 5 by KABC-Channel 7 and the Santa Monica Daily Press. The center was established to bring research-based knowledge on wellness to the community. Mary Jane Rotheram-Borus, Bat-Yaacov professor in child psychiatry and center co-founder, was interviewed.

"New Wellness Center Helps Families Improve Life"

<http://abclocal.go.com/kabc/video?id=7261395>

"UCLA Opens Family Wellness Center"

[http://www.smdp.com/Articles-c-2010-02-04-68744.113116\\_UCLA\\_opens\\_family\\_wellness\\_center.html](http://www.smdp.com/Articles-c-2010-02-04-68744.113116_UCLA_opens_family_wellness_center.html)

### **'AirTalk' Investigates whether Mom's Age Increases Autism Risk**

Dr. Stan Nelson, professor of human genetics, appeared Feb. 9 as a guest on KPCC 89.3 FM's "AirTalk" to explore a new study linking parents' age to a higher risk for autism.

"Age of Parents Linked to Increased Risk of Autism"

<http://www.scpr.org/programs/airtalk/2010/02/09/age-of-parents-linked-to-increase-risk-of-autism/>

### **PBS Frontline Features Google Study**

PBS' "Frontline" aired a Feb. 2 documentary entitled "Digital Nation" about how the Internet is changing the way we live. Dr. Gary Small, Parlow-Solomon Professor on Aging and a professor of psychiatry and biobehavioral sciences at the Semel Institute, discussed his research finding that searching the Internet triggers key brain centers that control decision-making and complex reasoning. U.S. News & World Report and InternetEvolution.com also cited the program and Small on Feb. 2.

"Frontline: Digital Nation"

<http://showroom.multivisioninc.com/share.do?id=121606&key=zg8oQ1Mw9XqJycjw7t2RsBPeL4xPR4vF&email=RChampeau@mednet.ucla.edu>

"Digital Kids: Dumber and More Distractible? Or Do Kids Learn Better Online?"

<http://www.usnews.com/health/blogs/on-parenting/2010/02/02/digital-kids-dumber-and-more-distractible-or-do-kids-learn-better-online>

"Frontline Finds We Stink at Multitasking"

[http://www.internetevolution.com/author.asp?section\\_id=466&doc\\_id=187485&f\\_src=internetevolution\\_news](http://www.internetevolution.com/author.asp?section_id=466&doc_id=187485&f_src=internetevolution_news)

### **KPCC Investigates Chronic Pain in Children**

Dr. Lonnie Zeltzer, director of the pediatric pain program at Mattel Children's Hospital, was interviewed Feb. 8 on KPCC 89.3 FM's "Patt Morrison Show." Zeltzer discussed chronic pain management in children and answered callers' questions.

"This Hurts You More than it Hurts Me: Managing Chronic Pain in Children"

<http://www.scpr.org/programs/patt-morrison/2010/02/08/this-hurts-you-more-than-it-hurts-me-managing-chro/>

### **Ladies' Home Journal Covers Breast Tenderness' Link to Cancer Risk**

The March issue of Ladies Home Journal covered research by Dr. Carolyn Crandall, professor of general internal medicine and health services research, finding that women who develop breast tenderness for the first time after starting combination hormone-replacement therapy are at higher risk for developing breast cancer.

"Breast Soreness Alert"

### **HealthDay, MedPage Report Older Patients Receiving Better Stroke Treatment**

HealthDay News and MedPage reported Feb. 8 on a new study showing that a hospital-based initiative helped close age-related gaps in care for stroke patients. Dr. Gregg Fonarow, Eliot Corday Professor of Cardiovascular Medicine and Science and director of the Ahmanson-UCLA Cardiomyopathy Center, was quoted.

"Older Stroke Patients Are Getting Better Treatment"

<http://www.healthday.com/Article.asp?AID=635754>

"Evidence-based Treatment Improves Older Victim's Stroke Chances"

<http://www.medpagetoday.com/Cardiology/Strokes/18360>

### **Modern Physician, Doctors Channel Cover Med Students' Views on Alternative Medicine**

Modern Physician, in conjunction with the Doctor's Channel, reported Feb. 8 on a joint UCLA-UC San Diego survey that found nearly three-quarters of medical students feel that conventional medicine would benefit by integrating more complementary and alternative ideas and therapies. Study author Ryan Abbott, a researcher with the UCLA Center for East-West Medicine, appeared in the video. Fox 11 picked up the Jan. 20 HealthDay story.

"Video News: New Study Reveals Med Students' Belief in Alternative Medicine"

<http://www.modernhealthcare.com/apps/pbcs.dll/article?AID=/20100208/MPVIDEO/302089980/-1>

<http://www.myfox11.com/Global/story.asp?S=11850965>

### **Ventura County Star Highlights Clinical Trials Program**

The Feb. 9 Ventura County Star profiled a program at UCLA's Jonsson Comprehensive Cancer Center that brings UCLA-caliber clinical trials to people in their own communities. The story highlighted a UCLA-affiliated office in Westlake Village, and two sites participating in the Translational Oncology Research International program in Oxnard and Westlake Village.

"UCLA Clinical Trials Offered in Ventura County"

<http://www.vcstar.com/news/2010/feb/09/ucla-clinical-trials-offered-in-ventura-county/>

### **Arizona Republic Explores Low Circumcision Rates, Greater HIV Risk**

A Feb. 6 Arizona Republic article about a CDC proposal to recommend circumcision cited a study by Arleen Leibowitz, professor of public policy at the School of Public Affairs and a researcher at the UCLA AIDS Institute. She found that in states where Medicaid does not pay for routine male circumcision, hospitals are half as likely to perform the procedure. This disparity could lead to an increased risk of HIV infection among lower-income children later in life. Leibowitz was quoted.

"CDC May Recommend Circumcisions for Health"

<http://www.azcentral.com/news/articles/2010/02/06/20100206circumcision0203.html>

### **Neurology Trade Reviews Options for Kids with Tuberous Sclerosis Complex**

Neurology Today reported Feb. 4 on research by UCLA's pediatric epilepsy surgery program finding that a non-invasive approach to pre-surgical testing and earlier surgery produced the best seizure-free

surgical outcome in patients with tuberous sclerosis complex. Dr. Joyce Wu, associate professor of pediatric neurology at Mattel Children's Hospital at UCLA, was quoted.

"Non-invasive Testing, Early Surgery Associated with Seizure-freedom in Tuberous Sclerosis Complex"  
<http://www.aan.com/elibrary/neurologytoday/?event=home.showArticle&id=ovid.com:/bib/ovftdb/00132985-201002040-00002>

### **Science Web Site Spotlights Broad Spectrum Antivirals**

TechNewsWorld.com posted a Feb. 4 article on a multi-site study led by a UCLA team describing a compound that targets a class of virus causing a host of deadly diseases, including AIDS and Ebola.

"Breakthrough Could Lead to Cure for AIDS and Other Deadly Viruses"

<http://www.technewsworld.com/story/Breakthrough-Could-Lead-to-Cure-for-AIDS-and-Other-Deadly-Viruses-69259.html>

### **BRIEFS**

Dr. Arya Nick Shamie, associate professor of orthopaedic surgery, and Dr. Jeffrey Wang, professor of orthopaedic surgery, were included Feb. 5 in Becker's Orthopedic & Spine Review listing of the country's top spine specialists.

"50 of the Best Spine Specialists in America"

<http://www.beckersorthopedicandspine.com/news-a-analysis/current-statistics-a-lists/949-50-of-the-best-spine-specialists-in-america>

### **QUOTABLES**

Yvette Bordelon, assistant professor of neurology, commented in a Feb. 8 NPR segment about a new drug aimed at the serious cognitive deficits suffered by people with Huntington's disease.

"New Data Point to Huntington's Disease Hope"

<http://www.npr.org/templates/story/story.php?storyId=123502295&ft=3&f=2101192>

William Dunne, director of the UCLA Office of Emergency Preparedness, was quoted in a Feb. 6 Los Angeles Times article about a surplus of H1N1 vaccine doses in Los Angeles County.

"Now there's Plenty of H1N1 Flu Vaccine"

[http://www.latimes.com/news/local/la-me-h1n16-2010feb06,0,5685268.story?track=rss&utm\\_source=feedburner&utm\\_medium=feed&utm\\_campaign=Feed%3A+latimes%2Fnews%2Flocal+%28L.A.+Times+-+California+%7C+Local+News%29](http://www.latimes.com/news/local/la-me-h1n16-2010feb06,0,5685268.story?track=rss&utm_source=feedburner&utm_medium=feed&utm_campaign=Feed%3A+latimes%2Fnews%2Flocal+%28L.A.+Times+-+California+%7C+Local+News%29)

Dr. Gregg Fonarow, Eliot Corday Professor of Cardiovascular Medicine and Science and director of the Ahmanson-UCLA Cardiomyopathy Center, commented Feb. 5 in a HealthDay News article on the risk of heart attack and death during the Super Bowl. MSN picked up the HealthDay story.

"Super Bowl Stress Can Spark Heart Attacks"

<http://www.healthday.com/Article.asp?AID=635738>

Shana Alex Lavarreda, a research scientist for the UCLA Center for Health Policy Research at the School of Public Health, was quoted in the Feb. 4 Los Angeles Times about Anthem/Blue Cross' large rate increases for policy holders.

"Anthem Blue Cross Dramatically Raising Rates for Californians with Individual Health Policies"

<http://www.latimes.com/business/la-fi-insure-anthem5-2010feb05,0,3002094.story?track=rss>

Dr. Michael Lee, assistant clinical professor of medicine in the division of cardiology and associate director of interventional cardiology research, commented Feb. 11 on CNN.com and the online Los Angeles Times about former President Bill Clinton receiving two stents after bypass surgery in 2004. He also commented Feb. 9 in an AOL FanHouse article about a USC athlete diagnosed with hypertrophic cardiomyopathy.

"Stents and Chest Pain Explained"

<http://www.cnn.com/2010/HEALTH/02/11/chest.pain.clinton/>

"Clinton Procedure Relatively Routine"

<http://latimesblogs.latimes.com/dcnow/2010/02/clinton-procedure-considered-relatively-routine.html>

"For USC's Telfort, Heart is the Matter"

<http://ncaafootball.fanhouse.com/2010/02/10/for-usc-recruit-telfort-heart-is-the-matter/>

Dr. Perry Shieh, assistant clinical professor of neurology, was quoted Feb. 8 in a Los Angeles Times article about Pompe disease, a genetic neuromuscular disorder that is the subject for the new movie, "Extraordinary Measures."

" 'Extraordinary Measures' Gets Some Parts of True Story Right"

<http://www.latimes.com/features/health/la-he-unreal8-2010feb08,0,998055.column>

Gary Small, Parlow-Solomon Professor on Aging and a professor of psychiatry and biobehavioral sciences at the Semel Institute, commented Feb. 8 in the Washington Post about age-related memory lapses and when they might signify dementia or Alzheimer's.

"Memory Lapses are Common and Increase with Age; When Do They Signal Alzheimer's?"

<http://www.washingtonpost.com/wp-dyn/content/article/2010/02/08/AR2010020802468.html>

Dr. Eric Vilain, professor of human genetics, pediatrics and urology, was quoted Feb. 10 in TIME.com on how the issue of sexual ambiguity in athletic competition will affect the Winter Olympics.

"On Eve of the Olympics, the IOC Grapples with Sex Testing"

<http://www.time.com/time/world/article/0,8599,1963333,00.html#ixzz0fFigamTe>

Dr. Karol Watson, associate professor of medicine, division of cardiology, commented Feb. 8 in a Los Angeles Times blog article about the relationship between weight loss and blood pressure.

"Blood Pressure: Weight Loss"

<http://www.latimes.com/features/health/la-he-blood-pressure-weight8-2010feb08,0,5975472.story>

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